

**COMPREHENSIVE MEDICAL  
BENEFIT PLAN  
FOR**



**GROUP BENEFIT PROGRAM**

Administered by



**BlueCross BlueShield  
of Louisiana**

An independent licensee of the Blue Cross  
and Blue Shield Association.

5525 Reitz Avenue • Baton Rouge, Louisiana • 70809-3802  
*www.bcbsla.com*



**ASO COMPREHENSIVE MEDICAL BENEFIT PLAN  
SCHEDULE OF BENEFITS**

**PLAN NAME**

East Baton Rouge Parish School System

**PLAN NUMBER**

77749ff4 (PPO Core Plan)

**PLAN'S ORIGINAL  
EFFECTIVE DATE**

January 1, 2006

**PLAN'S AMENDED  
BENEFIT PLAN DATE**

January 1, 2015

**PLAN'S ANNIVERSARY  
DATE**

January 1st

**Benefit Period Deductible Amount (Individual):**

PPO Preferred Providers	\$ 600.00
All Other Providers	\$1,800.00

The Deductible Amount incurred all Other Providers is eligible for satisfying the Deductible Amount for Preferred Providers.

**The Benefit Period Deductible Amount does not apply to the following:**

- Eligible Preventive Care Services
- Eligible Vision Care Services

**Coinsurance:**

	<u>Plan</u>	<u>Plan Participant</u>
Preferred Care PPO Network	80%	20%
All other Providers	60%	40%

**Special Notes:**

Preventive or Wellness Benefits will be provided at one hundred percent (100%) of the Allowable Charge for All Providers.

Benefits will be provided at one hundred percent (100%) of the Allowable Charge if a Copayment has been applied for Outpatient services.

Benefits will be provided at eighty percent (80%) of the Allowable Charge if a Copayment has been applied for Inpatient services.

Benefits will be provided at eighty percent (80%) of the Allowable Charge if a Deductible has been applied until the Out-of-Pocket Amount has been reached. Thereafter, Benefits will be provided at one hundred percent (100%) of the Allowable Charge for the remainder of the Benefit Period for each Plan Participant.

**Out-of-Pocket Amount - Does NOT include the Deductible Amount or Copayments:**

Individual	
Preferred Providers	\$ 4,100.00
All Other Providers:	\$12,300.00
Family	
PPO Preferred Providers	\$ 8,200.00
All Other Providers	\$24,600.00

**Special Notes:**

The Out-of-Pocket Amount incurred for all Other Providers is eligible for satisfying the Out-of-Pocket Amount for Preferred Providers.

Benefits for Emergency Services of Participating Providers and Non-Participating Providers that accrue to the Deductible Amount and/or the Out-of-Pocket Amount for Participating and Non-Participating Providers **will also** accrue to the Deductible Amount and/or the Out-of-Pocket Amount for PPO Preferred Providers.

**Physician’s Office Visit Copayment:** \$30.00 per visit for Primary Providers\*  
 (Services must be provided by one of the following)  
 \$60.00 per visit for All Other Providers

\* Primary Care Physician’s office visits for the following Physician and/or Provider specialties:

- General Practice
- Family Practice
- Pediatrics
- Internal Medicine
- OB/GYN
- Licensed Professional Counselor
- Masters of Social Work
- Physiotherapists
- Psychiatrists
- Psychologist
- Substance Abuse Counselor
- Retail Health Clinic
- Nurse Practitioner

**Inpatient Facility Copayment**  
 Preferred Providers \$600.00 for each Admission

The above Copayment Amount is in addition to the Benefit Period Deductible Amount and the Benefit Period Deductible Amount is not reduced by this Copayment Amount.

**Ambulatory Surgical Facility and Outpatient Surgical Facility Copayment**  
 Preferred Providers \$100.00 for each Admission

**Emergency Medical Services performed in the Emergency Department of a Hospital  
 (Includes Hospital facility charge and Professional/Physician charges)**

	<u>Plan</u>	<u>Plan Participant</u>
PPO Preferred Providers	80%	20%
Participating Providers	80%	20%
Nonparticipating Providers	80%	20%

**Pregnancy Care Copayment** (Preferred Providers only): \$30.00 per pregnancy  
 All Benefits for maternity and/or Pregnancy Care services are subject to other limitations stated in the Benefit Plan.

**Vision Care Copayment:** \$25.00 per visit (Preferred Providers)  
 (Optometrist only) \$35.00 per visit (All Other Providers)

**Chiropractic Services:**  
 Preferred Providers: \$60.00 per visit (then 100%/0%)  
 All Other Providers: Up to twenty (20) visits each Benefit Period, Subject to applicable Deductible and Coinsurance.

**Skilled Nursing Facility:**  
 Benefits are limited to a Benefit Period maximum of sixty (60) days for each Plan Participant.

**Home Health Care:**

Benefits are limited to a Benefit Period maximum of seventy-five (75) visits for each Plan Participant.

**Hospice Care:**

Benefits are limited to a lifetime maximum of one hundred eighty (180) days for each Plan Participant.

**Mental Health and Substance Abuse Benefits:**

Benefits are payable same as any other illness

**Rehabilitative Care Services:**

Physical Therapy, Occupational Therapy, and/or Speech Language/Pathology Therapy is covered the same as any other illness under this Benefit Plan for each Plan Participant. No maximums are applicable.

**Contraceptive Devices and Contraceptive Drugs:**

Contraceptive devices and contraceptive drugs (such as IUD, diaphragms, Depo Provera, Lunelle, Implanon implant) are covered when administered in a Physician's office.

### **PRESCRIPTION DRUG COVERAGE**

BLUE CROSS AND BLUE SHIELD OF LOUISIANA DOES NOT PROVIDE CLAIMS PAYMENT SERVICES FOR PRESCRIPTION DRUGS EXCEPT FOR THOSE PRESCRIPTION DRUGS ADMINISTERED DURING AN INPATIENT OR OUTPATIENT STAY OR THOSE REQUIRING ADMINISTRATION BY A HEALTHCARE PROFESSIONAL IN A PHYSICIAN'S OFFICE. THE FOLLOWING CATEGORIES OF PRESCRIPTION DRUGS REQUIRE PRIOR AUTHORIZATION. THE PLAN PARTICIPANT'S PHYSICIAN MUST CALL 1-800-842-2015 TO OBTAIN THE AUTHORIZATION. THE PLAN PARTICIPANT CAN CALL THE CUSTOMER SERVICE NUMBER ON THE BACK OF BACK OF HIS ID CARD OR CHECK THE CLAIMS ADMINISTRATOR'S WEBSITE AT [www.bcbsla.com/pharmacy](http://www.bcbsla.com/pharmacy) TO SEE IF THE CATEGORIES OF PRESCRIPTION DRUGS REQUIRING PRIOR AUTHORIZATION HAVE CHANGED.

### **CARE MANAGEMENT**

If a required Authorization is not requested prior to Admission or receiving other Covered Services and supplies, the Plan will have the right to determine if the Admission or other Covered Services or supplies were Medically Necessary.

If the Admission or other Covered Services and supplies were not Medically Necessary, the Admission or other Covered Services and supplies will not be covered and the Plan Participant must pay all charges incurred.

If the Admission or other Covered Services and supplies were Medically Necessary, Benefits will be provided based on the participating status of the Provider rendering the services.

**Authorization of Inpatient and Emergency Admissions:**

Inpatient Admissions must be Authorized. Refer to "Care Management" and if applicable "Pregnancy Care and Newborn Care Benefits" sections of the Benefit Plan for complete information. Requests for Authorization of Inpatient Admissions and for Concurrent Review of an Admission in progress must be made to Blue Cross and Blue Shield of Louisiana by calling 1-800-523-6435.

If a Network Provider or a Participating Provider fails to obtain a required Authorization, We will reduce Allowable Charges by the penalty amount stipulated in the Provider's contract with Us or with another Blue Cross and Blue Shield plan. This penalty applies to all covered Inpatient charges. The Network Provider or Participating Provider is responsible for the penalty and all charges not covered. The Plan Participant remains responsible for any applicable Copayment or his Deductible and Coinsurance percentage.

NOTE: Benefits for Participating Providers will be paid at the lower Non-Network level shown on this Schedule of Benefits.

If a Non-Participating Provider fails to obtain a required Authorization, the Plan will reduce Allowable Charges by the amount shown below. This penalty applies to all covered Inpatient charges. The Plan Participant is responsible for all charges not covered and for any applicable Copayment, Deductible and Coinsurance percentage.

Additional Plan Participant responsibility if Authorization is not requested for an Inpatient Admission to a Non-Participating Provider Hospital: **30% reduction of the Allowable Charges.**

**Authorization of Outpatient Services, Including Other Covered Services and Supplies:**

If a Network Provider fails to obtain a required Authorization, We will reduce Allowable Charges by the amount shown below. This penalty applies to all services and supplies requiring an Authorization. The Network Provider is responsible for the penalty and all charges not covered. The Plan Participant remains responsible for his applicable Copayment, Deductible and Coinsurance percentage.

Additional Network Provider responsibility if Authorization is not requested for Outpatient services and supplies: **30% reduction of the Allowable Charges.**

If a Non-Network Provider fails to obtain a required Authorization, We will reduce Allowable Charges by the amount shown below. This penalty applies to all services and supplies requiring an Authorization. The Plan Participant is responsible for all charges not covered and for any applicable Copayment, Deductible and Coinsurance percentage.

Additional Plan Participant responsibility if Authorization is not requested for Outpatient services and supplies furnished by a Non-Network Provider: **30% reduction of the Allowable Charges.**

- Applied Behavior Analysis
- Alcohol and Drug Services
- Bone growth stimulator
- Cardiac Rehabilitation
- CT Scans
- Durable Medical Equipment (greater than \$200.00)
- Home Health Care
- Hospice Care
- Implantable Medical Devices over \$2000.00 such as Implantable Defibrillator and Insulin Pump
- Intensive Outpatient Programs
- Mental Health Services
- M.R.I./M.R.A.
- Non-Emergency Ambulance
- Nuclear Cardiology
- Occupational Therapy
- Organ Transplant Evaluation
- Orthotic Devices
- Outpatient surgical procedures not performed in a Physician's office
- Partial Hospitalization Programs
- PET Scans
- Physical Therapy
- Private Duty Nursing
- Prosthetic Appliances (greater than \$500.00)
- Residential Treatment Centers
- Speech Therapy
- Sleep Studies
- Stereotactic Radiosurgery, including but not limited to gamma knife and cyberknife procedures
- Vacuum Assisted Wound Closure Therapy
- Medical Nutritional Education/Therapy for Diabetes
- Skilled Nursing Facility Services



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## NOTICES

Health care services may be provided to You at a Network health care facility by facility-based physicians who are not in Your health plan's Network. You may be responsible for payment of all or part of the fees for those Out-of-Network services, in addition to applicable amounts due for Copayments, Coinsurance, Deductibles and non-covered services.

Specific information about In-Network and Out-of-Network facility-based physicians can be found at [www.bcbsla.com](http://www.bcbsla.com) or by calling the customer service telephone number on the back of Your identification (ID) card.

Your share of the payment for health care services may be based on the agreement between Your health plan and Your Provider. Under certain circumstances, this agreement may allow Your Provider to bill You for amounts up to the Provider's regular billed charges.

The Claims Administrator bases the payment of Benefits for the Plan Participant's covered services on an amount known as the Allowable Charge. The Allowable Charge depends on the specific Provider from whom You receive Covered Services.

A handwritten signature in black ink that reads "Mike Reitz".

Mike Reitz  
*President and Chief Executive Officer*  
*Louisiana Health Service & Indemnity Company*

*Blue Cross and Blue Shield of Louisiana Incorporated as Louisiana Health Service & Indemnity Company*





**EAST BATON ROUGE PARISH SCHOOL SYSTEM (EBRPSS)  
 COMPREHENSIVE MEDICAL BENEFIT PLAN  
 TABLE OF CONTENTS**

Page

<b>ARTICLE I. UNDERSTANDING THE BASICS OF YOUR COVERAGE.....</b>	<b>4</b>
A. Facts About This Preferred Provider Organization (PPO) Plan .....	4
B. Claims Administrator’s Provider Network.....	4
C. Receiving Care Outside the Preferred Network .....	5
D. Obtaining Emergency and Non-Emergency Care Outside Louisiana and Around the World .....	5
E. Authorizations.....	6
F. How the Plan Determines What is Paid for Covered Services .....	6
G. Sample Illustration of Plan Participant Costs When Using a Non-Participating Hospital.....	7
H. When a Plan Participant Receives Mental Health, Substance Abuse Benefits .....	7
I. Assignment .....	8
J. Plan Participant Incentives .....	8
K. Customer Service E-Mail Address.....	8
<b>ARTICLE II. DEFINITIONS.....</b>	<b>9</b>
<b>ARTICLE III. SCHEDULE OF ELIGIBILITY.....</b>	<b>21</b>
B. Enrollment for Coverage .....	22
C. Available Classes of Coverage .....	22
D. Change of Classification.....	23
E. Effective Date of Coverage .....	23
F. Special Enrollment -- HIPAA .....	24
<b>ARTICLE IV. BENEFITS.....</b>	<b>26</b>
A. Benefit Categories.....	26
B. Deductibles and Coinsurance .....	26
C. Copayment Services .....	27
D. Out-of-Pocket Amount.....	28
E. Accumulator Transfers .....	28
<b>ARTICLE V. HOSPITAL BENEFITS .....</b>	<b>28</b>
A. Inpatient Bed, Board and General Nursing Service .....	28
B. Other Hospital Services (Inpatient and Outpatient).....	29
C. Inpatient Hospital Facility Copayment.....	29
D. Pre-Admission Diagnostic Services .....	29
<b>ARTICLE VI. MEDICAL AND SURGICAL BENEFITS.....</b>	<b>29</b>
A. Surgical Services.....	29
B. Inpatient Medical Services .....	31
C. Outpatient Medical and Surgical Services .....	31
D. Expanded Medical and Surgical Benefits.....	31
<b>ARTICLE VII. PREVENTIVE OR WELLNESS CARE.....</b>	<b>32</b>
<b>ARTICLE VIII. MENTAL HEALTH BENEFITS.....</b>	<b>37</b>
<b>ARTICLE IX. SUBSTANCE ABUSE BENEFITS.....</b>	<b>37</b>
<b>ARTICLE X. ORAL SURGERY BENEFITS.....</b>	<b>37</b>
<b>ARTICLE XI. ORGAN, TISSUE, AND BONE MARROW TRANSPLANT BENEFITS .....</b>	<b>38</b>
A. Acquisition Expenses .....	38
B. Organ, Tissue and Bone Marrow Transplant Benefits .....	38
C. Solid Human Organ Transplants .....	38
D. Tissue Transplant Procedures (Autologous and Allogeneic) .....	39

E. Bone Marrow Transplants .....	39
<b>ARTICLE XII. PREGNANCY CARE AND NEWBORN CARE BENEFITS .....</b>	<b>39</b>
A. Pregnancy Care.....	40
B. Care for Newborn when Covered at birth as a Dependent .....	40
C. Statement of Rights under the Newborns' and Mothers' Health Protection Act.....	40
<b>ARTICLE XIII. REHABILITATIVE / HABILITATIVE CARE BENEFITS.....</b>	<b>41</b>
A. Occupational Therapy .....	41
B. Physical Therapy .....	41
C. Speech/Language Pathology Therapy .....	42
D. Chiropractic Services .....	42
<b>ARTICLE XIV. OTHER COVERED SERVICES, SUPPLIES OR EQUIPMENT .....</b>	<b>42</b>
A. Ambulance Service Benefits .....	42
B. Attention Deficit/Hyperactivity Disorder.....	43
C. Autism Spectrum Disorders (ASD).....	44
D. Bone Mass Measurement .....	44
E. Breast Reconstructive Surgery Services.....	44
F. Cardiac Rehabilitation .....	44
G. Clinical Trial Participation .....	45
H. Diabetes Education and Training for Self-Management .....	46
I. Dietician Visits .....	47
J. Disposable Medical Equipment and Supplies .....	47
K. Durable Medical Equipment, Orthotic Devices, Prosthetic Appliances, and Devices .....	47
L. Home Health Care Benefits.....	49
M. Hospice Benefits.....	49
N. Permanent Sterilization Procedures.....	49
O. Private Duty Nursing Services.....	49
P. Sleep Studies .....	49
Q. Routine Vision Care .....	49
<b>ARTICLE XV. CARE MANAGEMENT .....</b>	<b>50</b>
A. Selection of Provider, Penalties for Failure to Obtain Authorization, and Authorization of Admissions, Outpatient Services and Other Covered Services and Supplies .....	50
B. Disease Management .....	53
C. Case Management .....	53
D. Alternative Benefits .....	54
<b>ARTICLE XVI. LIMITATIONS AND EXCLUSIONS .....</b>	<b>55</b>
<b>ARTICLE XVII. CONTINUATION OF COVERAGE RIGHTS .....</b>	<b>60</b>
A. Leave of Absence.....	60
B. Surviving Spouse/Dependents Continuation.....	61
C. Over-Age Dependents.....	62
D. Military Leave .....	62
E. COBRA Continuation .....	62
F. Medical Child Support Orders .....	66
<b>ARTICLE XVIII. TERMINATION OF COVERAGE.....</b>	<b>66</b>
<b>ARTICLE XIX. COORDINATION OF BENEFITS .....</b>	<b>67</b>
A. Applicability.....	67
B. Definitions (Applicable only to this Article of this Benefit Plan) .....	67
C. Order of Benefit Determination Rules .....	68
D. Effects on the Benefits of this Plan.....	70
E. Right to Receive and Release Needed Information .....	70
F. Facility of Payment .....	70
G. Right of Recovery.....	70

<b>ARTICLE XX. GENERAL PROVISIONS – GROUP AND PLAN PARTICIPANTS.....</b>	<b>71</b>
A. The Benefit Plan .....	71
B. Amending and Terminating the Benefit Plan.....	71
C. Identification Cards and Benefit Plans .....	72
D. Benefits to Which Plan Participants are Entitled .....	72
E. Filing of Claims.....	72
F. Applicable Law .....	72
G. Time Limit for Legal Action.....	72
H. Release of Information .....	72
I. Assignment.....	72
J. Plan Participant/Provider Relationship.....	73
K. This Benefit Plan and Medicare .....	73
L. Notice .....	74
M. Job-Related Injury or Illness.....	74
N. Subrogation .....	74
O. Right of Recovery.....	74
P. Coverage in a Department of Veterans Affairs or Military Hospital.....	75
Q. Liability of Plan Affiliates.....	75
R. Out-of-Area Services.....	75
S. Certificates of Creditable Coverage .....	77
T. Compliance with HIPAA Privacy Standards.....	77
U. Compliance with HIPAA Electronic Security Standards.....	79
<b>ARTICLE XXI. COMPLAINT, GRIEVANCE AND APPEAL PROCEDURES .....</b>	<b>79</b>
A. Complaint and Grievance Procedure .....	80
B. Appeal Procedures .....	81
<b>ARTICLE XXII. CARE WHILE TRAVELING, MAKING PLAN CHANGES AND FILING CLAIMS .....</b>	<b>84</b>
A. How to Obtain Care While Traveling.....	84
B. Adding or Changing the Plan Participant's Family Members on the Plan .....	85
C. How to File Claims for Benefits.....	85
D. Filing Specific Claims .....	86
E. If Plan Participant Has a Question about His Claim .....	87
<b>ARTICLE XXIII. RESPONSIBILITIES OF PLAN ADMINISTRATOR.....</b>	<b>87</b>
A. Plan Administrator .....	87
B. Duties of the Plan Administrator.....	87
C. Plan Administrator Compensation.....	88
D. Fiduciary .....	88
E. The Claims Administrator is not a Fiduciary.....	88
<b>ARTICLE XXIV. GENERAL PLAN INFORMATION.....</b>	<b>89</b>
<b>ARTICLE XXV. HIPAA PRIVACY OF PROTECTED HEALTH INFORMATION.....</b>	<b>90</b>
A. Purpose of Disclosure to Group .....	90
B. Restrictions on the Group's Use and Disclosure of Protected Health Information .....	90
C. Adequate Separation Between the Group and the Plan .....	91
D. Authorized Employees .....	91



## **ARTICLE I. UNDERSTANDING THE BASICS OF YOUR COVERAGE**

The Group is the Plan Sponsor of this Benefit Plan. Blue Cross and Blue Shield of Louisiana provides administrative claims services only and does not assume any financial risk or obligation with respect to claims liability.

As of the Benefit Plan Date shown in the Group's Schedule of Benefits, the Group agrees to provide the Benefits specified herein for Employees of the Group and their enrolled Dependents. This Benefit Plan replaces any others previously issued to Plan Participants on the Benefit Plan Date or the amended Benefit Plan Date. This Plan describes Your Benefits, as well as Your rights and responsibilities under the Plan. You are encouraged to read this Benefit Plan carefully.

You should call the Plan's customer service number on the back of Your ID card if You have questions about Your coverage, or any limits to the coverage available to You. Many of the sections of this Benefit Plan are related to other sections of this Plan. You may not have all of the information You need by reading just one section. Please be aware that Your Physician does not have a copy of Your Benefit Plan, and is not responsible for knowing or communicating Your Benefits to You.

Except for necessary technical terms, common words are used to describe the Benefits provided under this Benefit Plan. "We," "Us" and "Our" means BLUE CROSS AND BLUE SHIELD OF LOUISIANA. "You," "Your," and "Yourself" means the Plan Participant and/or enrolled Dependent. Capitalized words are defined terms in Article II - "Definitions." A word used in the masculine gender applies also in the feminine gender, except where otherwise stated.

### **A. Facts About This Preferred Provider Organization (PPO) Plan**

This Benefit Plan describes Preferred Provider Organization (PPO) coverage. Plan Participants have an extensive Provider Network available to them – Blue Cross and Blue Shield of Louisiana's Preferred Care PPO Network (hereafter "Preferred Network"). Plan Participants can also get care from Providers who are not in this Network, but Benefits will be paid at a lower level of Benefits.

Plan Participants who get care from Providers in their Network will pay the least for their care and get the most value from this Plan.

Most Benefits are subject to the Plan Participant's payment of a Deductible as stated in the Schedule of Benefits. After payment of applicable Deductibles, Benefits are subject to two (2) Coinsurance levels (for example: 80/20, 60/40). The Plan Participant's choice of a Provider determines what Coinsurance level applies to the service provided. The Plan will pay the highest coinsurance level for Medically Necessary services when a Plan Participant obtains care from a Provider in the Preferred Care PPO Network. The Plan will pay the lower Coinsurance level when a Plan Participant obtains Medically Necessary services from a Provider who is not in the Preferred Care PPO Network.

### **B. Claims Administrator's Provider Network**

Plan Participants choose which Providers will render their care. This choice will determine the amount the Plan pays and the amount the Plan Participant pays for Covered Services.

The Preferred Network consists of a select group of Physicians, Hospitals and other Allied Health Professionals who have contracted with the Claims Administrator to participate in the Blue Cross and Blue Shield of Louisiana Preferred Care PPO Network and render services to the Plan Participants. These Providers are called "Preferred Providers." Oral Surgery Benefits are also available when rendered by Providers in Blue Cross and Blue Shield of Louisiana's dental network.

To obtain the highest level of Benefits available, the Plan Participant should always verify that a Provider is a current Blue Cross and Blue Shield of Louisiana Preferred Provider before the service is rendered. Plan Participants may review a current paper Provider directory, check on-line at [www.bcbsla.com](http://www.bcbsla.com), or contact the Plan's customer service department at the number listed on their ID card.

A Provider's status may change from time to time. Plan Participants should always verify the Network status of a Provider before obtaining services.

A Provider may be contracted with the Claims Administrator when providing services at one location, and may be considered Out-of-Network when rendering services from another location. The Plan Participant should make sure to check his Provider directory to verify that the services are In-Network from the location where he is seeking care.

Additionally, Providers in Your network may be contracted to perform certain Covered Services, but may not be contracted in Your network to perform other Covered Services. When a Network Provider performs services that the Network Provider is not contracted with the Claims Administrator to perform (such as certain high-tech diagnostic or radiology procedures), Claims for those services will be adjudicated at the Non-Network Benefit level. The Plan Participant should make sure to check his Provider directory to verify that the services are In-Network when performed by the Provider or at the Provider's location.

### **C. Receiving Care Outside the Preferred Network**

The Preferred Network is an extensive network and should meet the needs of most Plan Participants. However, Plan Participants choose which Providers will render their care, and Plan Participants may obtain care from Providers who are not in the Preferred Network.

The Plan pays a lower level of Benefits when a Plan Participant uses a Provider outside the Preferred Network. Benefits may be based on a lower Allowable Charge, and/or a penalty may apply. Care obtained outside the Claims Administrator's network means the Plan Participant has higher Out-of-Pocket costs and pays a higher Copayment, Deductible, and/or Coinsurance than if he had stayed In-Network. **THESE ADDITIONAL COSTS MAY BE SIGNIFICANT.** In addition, the Plan only pays a portion of those charges and it is the Plan Participant's responsibility to pay the remainder. The amount the Plan Participant is required to pay, which could be significant, does not apply to the Out-of-Pocket Maximum.

It is recommended that the Plan Participant ask Non-Network Providers to explain their billed charges, before care is received outside the Network. You should review the sample illustration below prior to obtaining care outside the Network.

### **D. Obtaining Emergency and Non-Emergency Care Outside Louisiana and Around the World**

Plan Participants have access to Emergency and Non-Emergency care outside Louisiana and around the world. The Plan Participant's ID card offers convenient access to Covered Services through Blue Cross and Blue Shield Providers throughout the United States and in more than 200 countries worldwide.

#### **In the United States:**

Plan Participants receive In-Network Benefits when Emergency and Non-Emergency Covered Services are provided by PPO Providers in other states. If Plan Participants do not go to a PPO Provider, Out-of-Network Benefits will apply. Covered Emergency Services are paid In-Network regardless of Provider.

#### **Outside the United States:**

Plan Participants receive In-Network Benefits when covered Emergency and Non-Emergency Services are provided by a BlueCard Worldwide Provider across the world. If Plan Participants do not go to a BlueCard Worldwide Provider, Out-of-Network Benefits will apply. Covered Emergency Services are paid In-Network regardless of Provider.

1. In an Emergency, go directly to the nearest Hospital.
2. Call BlueCard Access at 1-800-810-BLUE (2583) for information on the nearest PPO doctors and Hospitals (for care within the United States), or for information on BlueCard Worldwide doctors and Hospitals (for care outside the United States). Provider information is also available at [www.bcbs.com](http://www.bcbs.com).
3. Use a designated PPO Provider or BlueCard Worldwide Provider to receive the highest level of

Benefits.

4. Present a Plan Participant ID card to the doctor or Hospital, who will verify coverage and file Claims for the Plan Participant.
5. The Plan Participant must obtain any required Authorizations from the Claims Administrator.

#### **E. Authorizations**

Some services and supplies require Authorization from the Claims Administrator before services are obtained. Your Schedule of Benefits lists the services, supplies, and Prescription Drugs that require this advance Authorization. See the Care Management Article of this Benefit Plan for additional information regarding Authorization requirements.

No payment will be made for Organ, Tissue and Bone Marrow Transplant Benefits or evaluations unless the Plan Authorizes these services and the services are rendered by a Blue Distinction Center for Transplants (BDCT) for the specific organ or transplant or a transplant facility in a Blue Cross and Blue Shield of Louisiana PPO Provider Network, unless otherwise approved by Plan in writing. To locate an approved transplant facility, Plan Participants should contact the Plan's Customer Service Department at the number listed on their I.D. card.

#### **F. How the Plan Determines What is Paid for Covered Services**

##### 1. When a Plan Participant Uses Preferred Providers

Preferred Providers are Providers who have signed contracts with the Claims Administrator or another Blue Cross and Blue Shield plan to participate in the Preferred Network. These Providers have agreed to accept the lesser of billed charges or an amount negotiated as payment in full for Covered Services provided to Plan Participants. This amount is the Preferred Provider's Allowable Charge. If the Plan Participant uses a Preferred Provider, this Allowable Charge is used to determine the Plan's payment for the Plan Participant's Medically Necessary Covered Services and the amount that the Plan Participant must pay for his Covered Services.

##### 2. When A Plan Participant Uses Participating Providers

Participating Providers are Providers who have signed contracts with the Claims Administrator or another Blue Cross and Blue Shield plan for other than the Preferred Network. These Providers have agreed to accept the lesser of billed charges or the negotiated amount as payment in full for Covered Services provided to the Plan Participant. This amount is the Participating Provider's Allowable Charge. When a Plan Participant uses a Participating Provider, this Allowable Charge is used to determine the amount the Plan pays for Medically Necessary Covered Services and the amount the Plan Participant pays.

##### 3. When A Plan Participant Uses Non-Participating Providers

Non-Participating Providers are Providers who have not signed any contract with the Claims Administrator or any other Blue Cross and Blue Shield plan to participate in any Blue Cross and Blue Shield Network. These Providers are not in the Claims Administrator's Networks. The Claims Administrator has no fee arrangements with them. The Claims Administrator establishes an Allowable Charge for Covered Services provided by Non-Participating Providers. The lesser of the Provider's actual billed charge or the established Allowable Charge is used to determine what to pay for a Plan Participant's Covered Services when he receives care from a Non-Participating Provider. The Plan Participant will receive a lower level of Benefit because he did not receive care from a Preferred Provider.

- a. The Plan Participant may pay significant costs when he uses a Non-Participating Provider. This is because the amount that some Providers charge for a Covered Service may be higher than the established Allowable Charge. Also, Preferred Network and Participating Providers waive the difference between their actual billed charge and their Allowable Charge, while Non-Participating Providers will not.

- b. The Plan Participant has the right to file an Appeal with the Claims Administrator for consideration of a higher level of Benefits if the Plan Participant received Covered Services from a Non-Participating Provider who was the only Provider available to deliver the Covered Service within a seventy-five (75) mile radius of the Plan Participant's home. To file an Appeal, the Plan Participant must follow the Appeal procedures set forth in this Benefit Plan.

**G. Sample Illustration of Plan Participant Costs When Using a Non-Participating Hospital**

NOTE: The following example is for illustration purposes only and may not be a true reflection of the Plan Participant's actual Copayments, Deductible and Coinsurance amounts. Please refer to the Schedule of Benefits to determine Benefits.

**EXAMPLE:** A Plan Participant has a PPO plan with a \$500 Deductible Amount. The Plan Participant has 80/20 Coinsurance when he receives Covered Services from Hospitals in the Preferred Network and 60/40 Coinsurance when he receives Covered Services from Hospitals that are not in the Preferred Network. Assume the Plan Participant goes to the Hospital, has previously met his Deductible, and has obtained the necessary Authorizations prior to receiving a non-emergency service. The Provider's billed charge for the Covered Services is \$12,000. The Claims Administrator negotiated an Allowable Charge of \$2,500 with its Preferred Network Hospitals to render this service. The Allowable Charge of Participating Providers is \$3,000 to render this service. There is no negotiated rate with the Non-Participating Hospital.

The Plan Participant receives Covered Services from:	Preferred Provider Hospital	Participating Provider Hospital	Non-Participating Provider Hospital
Provider's Bill:	\$12,000	\$12,000	\$12,000
Allowable Charge:	\$2,500	\$3,000	\$2,500
<b>The Plan pays:</b>	<b>\$2,000</b> \$2,500 Allowable Charge x 80% Coinsurance = \$2,000	<b>\$1,800</b> \$3,000 Allowable Charge x 60% Coinsurance = \$1,800	<b>\$1,500</b> \$2,500 Allowable Charge x 60% Coinsurance = \$1,500
<b>Plan Participant pays:</b>	<b>\$500</b> 20% Coinsurance x \$2500 Allowable Charge = \$500	<b>\$1,200</b> 40% Coinsurance x \$3,000 Allowable Charge = \$1,200	<b>\$1,000</b> \$2,500 Allowable Charge x 40% Coinsurance = \$1,000
Is Plan Participant billed up to the Provider's billed charge?	NO	NO	YES - \$9,500, for a total of:
<b>TOTAL PLAN PARTICIPANT PAYS:</b>	<b>\$500</b>	<b>\$1,200</b>	<b>\$10,500</b>

**H. When a Plan Participant Receives Mental Health, Substance Abuse Benefits**

The Claims Administrator has contracted with an outside company to perform certain administrative services related to Mental Health and substance abuse services for the Plan Participants. For help with these Benefits, the Plan Participant should refer to his Schedule of Benefits, his ID Card, or call the Claims Administrator's customer service department.



## **I. Assignment**

A Plan Participant's rights and Benefits under this Plan are personal to him and may not be assigned in whole or in part by the Plan Participant. The Claims Administrator will recognize assignments of Benefits to Hospitals if both this Plan and the Provider are subject to La. R.S. 40:2010. If both this Plan and the Provider are not subject to La. R.S. 40:2010, the Claims Administrator will not recognize assignments or attempted assignments of Benefits. Nothing contained in the written description of health coverage shall be construed to make the Plan or the Claims Administrator liable to any third party to whom a Plan Participant may be liable to for the cost of medical care, treatment, or services.

The Plan reserves the right to pay Preferred Network and Participating Providers directly instead of paying the Plan Participant.

## **J. Plan Participant Incentives**

Sometimes the Plan offers coupons, discounts, or other incentives to encourage Plan Participants to participate in various programs such as pharmacy programs, wellness programs, or disease management programs. A Plan Participant may wish to decide whether to participate after discussing such programs with their Physicians. These incentives are not Benefits and do not alter or affect Plan Participant Benefits. The Plan offers Plan Participants a wide range of health management and wellness tools and resources. Plan Participants can use these tools to manage their personal accounts, create health records and access a host of online wellness interactive tools. Plan Participants also have access to a comprehensive wellness program that includes a personal health assessment and customized health report to assess any risks based on their history and habits. Exclusive discounts are also available to Plan Participants on some health services such as fitness club, diet and weight control programs, vision and hearing care and more.

## **K. Customer Service E-Mail Address**

The Claims Administrator has consolidated its customer service e-mails into a single, easy-to-read address: [help@bcbsla.com](mailto:help@bcbsla.com). Plan Participants who need to contact the Claims Administrator may find all of their options online, including phone, fax, e-mail, postal mail and walk-in customer service. Just visit [www.bcbsla.com](http://www.bcbsla.com) and click on "Contact Us."

## ARTICLE II.

## DEFINITIONS

Accidental Injury – A condition occurring as a direct result of a traumatic bodily injury sustained solely through accidental means from an external force. With respect to injuries to teeth, injuries caused by the act of chewing do not constitute an injury caused by external force.

Admission – The period from entry (Admission) into a Hospital or Skilled Nursing Facility or Unit for Inpatient care until discharge. In counting days of care, the date of entry and the date of discharge are counted as one (1) day.

Allied Health Facility – An institution, other than a Hospital, licensed by the appropriate state agency where required, and/or approved by the Claims Administrator to render Covered Services.

Allied Health Professional – A person or entity other than a Hospital, Doctor of Medicine, or Doctor of Osteopathy who is licensed by the appropriate state agency, where required, and/or approved by Us to render Covered Services. For coverage purposes under this Benefit Plan, Allied Health Professional includes dentists, psychologists, Retail Health Clinics, certified nurse practitioners, certified nurse midwives, optometrists, pharmacists, chiropractors, podiatrists, Physician's assistants, registered nurse first assistants, advanced practice registered nurses, licensed professional counselors, licensed clinical social workers, certified registered nurse anesthetists, and any other health professional as mandated by state law for specified services, if approved by the Claims Administrator to render Covered Services.

Allied Provider – Any Allied Health Facility or Allied Health Professional.

Allowable Charge – The lesser of the billed charge or the amount established by the Claims Administrator or negotiated as the maximum amount allowed for all Provider services covered under the terms of this Benefit Plan.

Alternative Benefits – Benefits for services not routinely covered under this Benefit Plan but which the Plan may agree to provide when it is beneficial both to the Plan Participant and to the Group.

Ambulance Service – Medically Necessary transportation by a specially designed emergency vehicle for transporting the sick and injured. The vehicle must be equipped as an emergency transport vehicle and staffed by trained ambulance personnel as required by appropriate state and local laws governing an emergency transportation vehicle.

Ambulatory Surgical Center – An Allied Health Facility Provider that is established with an organized medical staff of Physicians, with permanent facilities that are equipped and operated primarily for the purpose of performing surgical procedures, with continuous Physician services and registered professional nursing services available whenever a patient is in the facility, which does not provide services or other accommodations for patients to stay overnight, and which offers the following services whenever a patient is in the center; 1) Anesthesia services as needed for medical operations and procedures performed; 2) Provisions for physical and emotional well-being of patients; 3) Provision for Emergency services; 4) Organized administrative structure; and 5) Administrative, statistical and medical records.

Appeal – A request from a Plan Participant or authorized representative to change a previous decision made by the Claims Administrator about Covered Services. Examples of issues that qualify as Appeals include denied Authorizations, or Claims based on adverse determinations of Medical Necessity, or Benefit determinations.

Applied Behavior Analysis (ABA) - The design, implementation, and evaluation of environmental modifications, using behavior stimuli and consequences, to produce socially significant improvement in human behavior, including the use of direct observation, measurement, and functional analysis of the relations between environment and behavior. Providers of ABA shall be certified as an assistant behavior analyst or licensed as a behavior analyst by the Louisiana Behavior Analyst Board.

Authorization (Authorized) - A determination by the Claims Administration regarding an Admission, continued Hospital stay, or other health care service or supply which, based on the information provided, satisfies the clinical review criteria requirement for Medical Necessity, appropriateness of the health care setting, or level of

care and effectiveness. An Authorization is not a guarantee of payment. Additionally, an Authorization is not a determination about the Plan Participant's choice of Provider.

Autism Spectrum Disorders (ASD) – Any of the pervasive development disorders as defined by the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association, Washington, D.C. (DSM). These disorders are characterized by severe and pervasive impairment in several areas of development: reciprocal social interaction skills, communication skills, or the presence of stereotyped behavior, interests, and activities. ASD includes Autistic Disorder, Rett's Disorder, Childhood Disintegrative Disorder, Asperger's Disorder, and Pervasive Development Disorder Not Otherwise Specified.

Bed, Board and General Nursing Service – Room accommodations, meals and all general services and activities provided by a Hospital Employee for the care of a patient. This includes all nursing care and nursing instructional services provided as a part of the Hospital's bed and board charge.

Benefits – Coverage for health care services, treatment, procedures, equipment, devices, items or supplies provided under this Plan. Benefits provided by the Plan are based on the Allowable Charge for Covered Services.

Benefit Period – A calendar year, January 1 through December 31. For new Plan Participants, the Benefit Period begins on the Effective Date and ends on December 31 of the same year.

Benefit Plan – The program established by the Group to provide Benefits for eligible Plan Participants.

Benefit Plan Date – The date upon which the Group agrees to begin providing Benefits for Covered Services to Plan Participants under this Benefit Plan.

Bone Mass Measurement – A radiologic or radioisotopic procedure or other scientifically proven technologies performed on an individual for the purpose of identifying bone mass or detecting bone loss.

Case Management – Case Management is a method of delivering patient care that emphasizes quality patient outcomes with efficient and cost-effective care. The process of Case Management systematically identifies high-risk patients and assesses opportunities to coordinate and manage patients' total care to ensure the optimal health outcomes. Case Management is a service offered at the Plan's Administrator's option and administered by medical professionals, which focuses on unusually complex, difficult or catastrophic illnesses. Working with the Plan Participant's Physician(s) and subject to consent by the Plan Participant and/or the Plan Participant's family/caregiver, the Case Management staff will manage care to achieve the most efficient and effective use of resources.

Chiropractic Services – The diagnosing of conditions associated with the functional integrity of the spine and the treatment of such conditions by adjustment, manipulation, and the use of physical and other properties of heat, light, water, electricity, sound, massage, therapeutic exercise, mobilization, mechanical devices, and other rehabilitative measures for the purpose of correcting interference with normal nerve transmission and expression.

Claim – A Claim is written or electronic proof, in a form acceptable to the Claims Administrator, of charges for Covered Services that have been incurred by a Plan Participant during the time period the Plan Participant was covered under this Benefit Plan. The provisions in effect at the time the service or treatment is received shall govern the processing of any Claim expense actually incurred as a result of the service or treatment rendered.

Claims Administrator – The entity with whom the Group (Plan Administrator/Sponsor) has contracted to handle the Claims payment functions of its Plan. For purposes of this Plan, the Claims Administrator is Blue Cross and Blue Shield of Louisiana (incorporated as Louisiana Health Service and Indemnity Company).

Cleft Lip and Cleft Palate Services – Preventive and restorative dentistry to ensure good health and adequate dental structures for orthodontic treatment or prosthetic management or therapy.

COBRA – Consolidated Omnibus Budget Reconciliation Act of 1985, as amended from time to time, and its regulations.

Coinsurance – The sharing of Allowable charges for Covered Services. The sharing is expressed as a pair of percentages, a percentage that the Plan pays and a percentage that the Plan Participant pays. Once the Plan Participant has met any applicable Deductible Amount, the Plan Participant's percentage will be applied to the Allowable Charges for Covered Services to determine the Plan Participant's financial responsibility. The Plan's percentage will be applied to the Allowable Charges for Covered Services to determine the Benefits provided.

Company – Blue Cross and Blue Shield of Louisiana (incorporated as Louisiana Health Service & Indemnity Company).

Complaint – An oral expression of dissatisfaction with the Claims Administrator or Provider services.

Concurrent Care – Hospital Inpatient medical and surgical care by a Physician, other than the attending Physician: (1) for a condition not related to the primary diagnosis or, (2) because the medical complexity of the patient's condition requires additional medical care.

Concurrent Review – A review of Medical Necessity, appropriateness of care, or level of care conducted during a patient's Inpatient facility stay or course of treatment.

Congenital Anomaly – A condition existing at or from birth, which significantly interferes with normal bodily function. For purposes of this Benefit Plan, the Plan will determine what conditions will be covered as Congenital Anomalies. In no event will the term Congenital Anomaly include conditions relating to teeth or structures supporting the teeth, except for cleft lip and cleft palate.

Consultation – Another Physician's opinion or advice as to the evaluation or treatment of a Plan Participant, which is furnished upon the request of the attending Physician. These services are not intended to include those consultations required by Hospital rules and regulations, anesthesia consultations, routine consultations for clearance for Surgery, or consultations between colleagues who exchange medical opinions as a matter of courtesy and normally without charge.

Controlled Dangerous Substances – A drug or substance, or immediate precursor, included in schedules I through V of the Controlled Substances Act, Title II of the Comprehensive Drug Abuse Prevention and Control Act of 1970.

Copayment (Copay) – The specific dollar amount a Plan Participant must pay when specified Covered Services are rendered. Copayment amounts are listed in the Schedule of Benefits and may be collected directly from the Plan Participant by a Network Provider. The Plan Participant is responsible for paying the lesser of :

- The applicable Copayment, or
- The Allowable Charge.

In most cases, the Deductible and Coinsurance will be waived for Copayment services. See the Schedule of Benefits for additional information.

Cosmetic Surgery – Any operative procedure or any portion of an operative procedure performed primarily to improve physical appearance and/or treat a mental condition through change in bodily form. An operative procedure, treatment or service will not be considered Cosmetic Surgery if that procedure, treatment or service restores bodily function or corrects deformity of a part of the body that has been altered as a result of Accidental Injury, disease or covered Surgery.

Covered Service – A service or supply specified in this Benefit Plan for which Benefits are available when rendered by a Provider.

Creditable Coverage - Prior coverage under an individual or group health plan including, but not limited to, Medicare, Medicaid, government plan, church plan, COBRA, military plan or state children's health insurance program (e.g. LaCHIP). Creditable coverage does not include specific disease policies (i.e., cancer policies), supplemental coverage (i.e., Medicare Supplement) or limited benefits (i.e., accident only, disability insurance, liability insurance, workers' compensation, automobile medical payment insurance, credit only insurance,

coverage for on-site medical clinics or coverage as specified in federal regulations under which benefits for medical care are secondary or incidental to the insurance benefits).

Custodial Care – Treatment or services, regardless of who recommends them or where they are provided, that could be rendered safely and reasonably by a person not medically skilled, or that are designed mainly to help the patient with daily living activities. These activities include, but are not limited to: personal care, homemaking, moving the patient; acting as companion or sitter; supervising medication that can usually be self-administered; treatment or services that any person may be able to perform with minimal instruction; or long-term treatment for a condition in a patient who is not expected to improve or recover. The Claims Administrator determines which services are Custodial Care.

Date Acquired – The date a Dependent of a covered Employee/Retiree is acquired in the following instance and on the following dates only:

A. Legal Spouse - the date of marriage;

B. Child or Children

1. Natural Children – the date of birth;

2. Children in the process of being adopted:

Agency adoption – the date the adoption contract was executed between the Employee/Retiree and the adoption agency;

Private adoption – the date the Act of Voluntary Surrender is executed in favor of the Employee/Retiree. The Plan Administrator must be furnished with certification by the appropriate clerk of court setting forth the date of execution of the Act and the date the Act became irrevocable, or the date of the first court order granting legal custody, whichever occurs first;

3. Child for whom the Employee/Retiree has legal custody or guardianship – the date of the court order granting legal custody or guardianship, or of the notarized act granting provisional custody;

4. Grandchild of the Employee/Retiree, who is not in the legal custody of the Employee/Retiree and whose parent is a covered Dependent:

a. The date of birth of the grandchild, if all of the above requirements are met at the time of birth; or

b. The date on which the coverage becomes effective for the covered Dependent, if all of the above requirements are not met at the time of birth.

Day Rehabilitation Program – A program that provides greater than one (1) hour of Rehabilitative Care, upon discharge from an Inpatient Rehabilitation Admission.

Deductible Amount –

A. Benefit Period Deductible Amount -- The dollar amount, as shown in the Schedule of Benefits, of charges for Covered Services that a Plan Participant must pay within a Benefit Period before the Benefit Plan starts paying Benefits. Once the Family Deductible Amount is satisfied, this Plan starts paying Benefits for all Plan Participants of the family, regardless whether each has met his Benefit Period Deductible Amount. A separate Deductible Amount may apply to certain Covered Services if shown as applicable in the Schedule of Benefits

B. Family Deductible Amount -- For Plan Participants in a class of coverage with more than one (1) Plan Participant, no more than the amount shown in the Schedule of Benefits is required to each satisfy the Benefit Period Deductible Amount. The Family Deductible Amount is met when the total dollar amount of charges for Covered Services, applied to satisfy individual Benefit Period Deductibles, meets or exceeds the Family Deductible Amount shown in the Schedule of Benefits. This Plan will then start paying Benefits for all Plan Participants within the family, regardless of whether each individual Plan Participant has met his

individual Benefit Period Deductible. No Plan Participant may contribute more than the Benefit Period Deductible Amount to satisfying the Family Deductible Amount. Deductibles may apply to other types of Deductibles described in this Benefit Plan. Only Benefit Period Deductible Amounts accrue to the Family Deductible Amount.

Dental Care and Treatment – All procedures, treatment, and Surgery considered to be within the scope of the practice of dentistry, which is defined as that practice in which a person:

- A. represents himself/herself as being able to diagnose, treat, correct, operate, or prescribe for any disease, pain, injury, deficiency, deformity, or physical condition of the human teeth, alveolar process, gums, or jaws or associated parts and offers or undertakes by certain means to diagnose, treat, correct, operate, or prescribe for any disease, pain, injury, deficiency, deformity, or physical condition of the same;
- B. takes impressions of the human teeth or jaws or performs any phase of any operation incident to the replacement of a tooth or part of a tooth or associated tissues by means of a filling, crown, denture, or other appliance; or
- C. furnishes, supplies, constructs, reproduces, or repairs or offers to furnish, supply, construct, reproduce, or repair prosthetic dentures, bridges, or other substitute for natural teeth to the user or prospective user.

Dependent –

- A. The covered Employee's/Retiree's legal spouse;
- B. A child from Date acquired until attainment of age twenty-six (26);
- C. A Child of any age who meets the criteria set forth in the Eligibility Article of this Benefit Plan.

Diagnostic Service – Radiology, laboratory, and pathology services and other tests or procedures recognized by the Plan as accepted medical practice, rendered because of specific symptoms, and which are directed toward detection or monitoring of a definite condition, illness or injury. A Diagnostic Service must be ordered by a Provider prior to delivery of the service.

Durable Medical Equipment – Items and supplies which are used to serve a specific therapeutic purpose in the treatment of an illness or injury, can withstand repeated use, are generally not useful to a person in the absence of illness, injury, or disease, and are appropriate for use in the patient's home.

Effective Date – The date when the Plan Participant's coverage begins under this Benefit Plan as determined by the Schedule of Eligibility. Benefits will begin at 12:01 AM on this date.

Elective Admission – Any Inpatient Hospital Admission, whether it be for surgical or medical care, for which a reasonable delay will not unfavorably affect the outcome of the treatment.

Eligibility Waiting Period - The period that must pass before an individual's coverage can become effective for Benefits under this Benefit Plan. If an individual enrolls as a Special Enrollee, any period before such Special is not an Eligibility Waiting Period.

Eligible Person – A person entitled to apply to be a Subscriber or Dependent as specified in the Schedule of Eligibility.

Emergency – See "Emergency Medical Condition."

Emergency Admission – An Inpatient Admission to a Hospital resulting from an Emergency Medical Condition.

Emergency Medical Condition (or "Emergency") – A medical condition of recent onset and severity, including severe pain, that would lead a prudent layperson, acting reasonably and possessing an average knowledge of health and medicine, to believe that the absence of immediate medical attention could reasonably be expected to result in: (1) placing the health of the person, or with respect to a pregnant woman, the health of the woman

or her unborn child, in serious jeopardy; (2) serious impairment to bodily function; or (3) serious dysfunction of any bodily organ or part.

Emergency Medical Services – Any health care service provided to evaluate and/or treat an Emergency Medical Condition requiring immediate unscheduled medical care.

Employee - A full-time, active Employee of the Group. An Employee is considered to be full-time if he normally works at least thirty (30) hours per week and is on the regular payroll of the Group for that work.

Employer – East Baton Rouge Parish School System.

Enrollment Date – The first date of coverage under this Benefit Plan, or if there is an Eligibility Waiting Period, the first day of the Eligibility Waiting Period.

Expedited Appeal – Any request concerning an Admission, availability of care, continued Hospital stay, or health care service for a covered person or his authorized representative who is requesting Emergency Medical Services or has received Emergency Medical Services, but has not been discharged from a facility.

Expedited External Appeal – A request for immediate review, by an Independent Review Organization (IRO), of an initial adverse determination, not to authorize continued services for Plan Participants currently in the emergency room, under observation, or receiving Inpatient care.

Grievance – A written expression of dissatisfaction with the Claims Administrator or with Provider services.

Group – East Baton Rouge Parish School System (EBRPSS) who is the plan sponsor of this Benefit Plan and for whom Blue Cross and Blue Shield of Louisiana provides Claims administration services.

Rehabilitative Care -- Health care services that help a patient keep, learn or improve skills and functioning for daily living. These services may include physical and occupational therapy, speech-language pathology and other services for people with disabilities in a variety of inpatient and/or outpatient settings.

Health Insurance Marketplace (Marketplace) – An organization operated by the federal government for the State of Louisiana, under Section 1311 of the Patient Protection and Affordable Care Act, to facilitate the purchase of health insurance.

High Tech Imaging – Imaging services which include, but are not limited to MRIs, MRAs, CT scans, PET scans and nuclear cardiology.

Home Health Care – Health services rendered in the individual's place of residence by an organization licensed as a Home Health Care agency by the appropriate state agency and approved by the Claims Administrator. These organizations are primarily engaged in providing to individuals, at the written direction of a licensed Physician, in the individual's place of residence, skilled nursing services by or under the supervision of a Registered Nurse (R.N.) licensed to practice in the state.

Hospice Care – Provision of an integrated set of services and supplies designed to provide palliative and supportive care to meet the special needs of Plan Participants and their families during the final stages of terminal illness. Full scope health services are centrally coordinated through an interdisciplinary team directed by a Physician and provided by or through a Hospice Care agency approved by the Plan.

Hospital – An institution that is licensed by the appropriate state agency as a general medical surgical Hospital. The term Hospital may also include an institution that primarily provides psychiatric, chemical dependency, rehabilitation, skilled nursing, long-term, intermediate or other specialty care.

Implantable Medical Devices - A medical device that is surgically implanted in the body, is not reusable, and can be removed.

Independent Review Organization (IRO) – An independent review organization not affiliated with the Claims Administrator which conducts external reviews of final adverse determinations. The decision of the IRO is binding on both the Plan Participant and the Claims Administrator.

Infertility – The inability of a couple to conceive after one (1) year of unprotected intercourse.

Informal Reconsideration – A request by telephone for additional review of a utilization management determination not to authorize. Informal reconsideration is available only for initial or Concurrent Review determinations that are requested within ten (10) days of denial.

Inpatient – A Plan Participant who is a registered bed patient for whom a Bed, Board and General Nursing Service charge is made. An Inpatient's medical symptoms or condition must require continuous twenty-four (24) hour a day Physician and nursing intervention. If the services can be safely provided to the Plan Participant as an Outpatient, the Plan Participant does not meet the criteria for an Inpatient.

Intensive Outpatient Programs - Intensive Outpatient Programs are defined as having the capacity for planned, structured, service provision of at least two (2) hours per day and three (3) days per week, although some patients may need to attend less often. These encounters are usually comprised of coordinated and integrated multidisciplinary services. The range of services offered are designed to address a mental or a substance-related disorder and could include group, individual, family or multi-family group psychotherapy, psychoeducational services, and adjunctive services such as medical monitoring. These services would include multiple or extended treatment/rehabilitation/counseling visits or professional supervision and support. Program models include structured "crisis intervention programs," "psychiatric or psychosocial rehabilitation," and some "day treatment." (Although treatment for substance-related disorders typically includes involvement in a self-help program, such as Alcoholics Anonymous or Narcotics Anonymous, program time as described here excludes times spent in these self-help programs, which are offered by community volunteers without charge).

Investigational – A medical treatment, procedure, drug, device, or biological product is Investigational if the effectiveness has not been clearly tested and it has not been incorporated into standard medical practice. Any determination the Claims Administrator makes that a medical treatment, procedure, drug, device, or biological product is Investigational will be based on a consideration of the following:

- A. whether the medical treatment, procedure, drug, device, or biological product can be lawfully marketed without approval of the U.S. Food and Drug Administration (FDA) and whether such approval has been granted at the time the medical treatment, procedure, drug, device, or biological product is sought to be furnished; or
- B. whether the medical treatment, procedure, drug, device, or biological product requires further studies or clinical trials to determine its maximum tolerated dose, toxicity, safety, effectiveness, or effectiveness as compared with the standard means of treatment or diagnosis, must improve health outcomes, according to the consensus of opinion among experts as shown by reliable evidence, including:
  1. consultation with the Blue Cross and Blue Shield Association technology assessment program (TEC) or other non-affiliated technology evaluation center(s);
  2. credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community; or
  3. reference to federal regulations.

Medically Necessary (or Medical Necessity) - Health care services, treatment, procedures, equipment, drugs, devices, items or supplies that a Provider, exercising prudent clinical judgment, would provide to a patient for the purpose of preventing, evaluating, diagnosing or treating an illness, injury, disease or its symptoms, and that are:

- A. in accordance with nationally accepted standards of medical practice;
- B. clinically appropriate, in terms of type, frequency, extent, level of care, site and duration, and considered effective for the patient's illness, injury or disease; and
- C. not primarily for the personal comfort or convenience of the patient or provider, and not more costly than alternative services treatment, procedures, equipment, drugs, devices, items or supplies or sequence



thereof and that are likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of that patient's illness, injury or disease.

For these purposes, "nationally accepted standards of medical practice" means standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, Physician Specialty Society recommendations and the views of Physicians practicing in relevant clinical areas and any other relevant factors.

Mental Disorder (Mental Health) – A clinically significant behavioral and psychological syndrome or pattern. This includes, but is not limited to: psychoses, neurotic disorders, personality disorders, affective disorders, and the specific severe mental illnesses defined by Louisiana state law at La. R.S. 22:1043 (formerly 22:669) (schizophrenia or schizoaffective disorder; bipolar disorder; panic disorder; obsessive-compulsive disorder; major depressive disorder; anorexia/bulimia; intermittent explosive disorder; post-traumatic stress disorder; psychosis NOS when diagnosed in a child under seventeen (17) years of age; Rett's Disorder; and Tourette's Disorder), and conditions and diseases listed in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association, Washington, D.C. (DSM), including other non-psychotic Mental Disorders, to be determined by the Plan. The definition of Mental Disorder shall be the basis for determining benefits notwithstanding whether the conditions are genetic, organic, chemical or biological, regardless of cause or other medical conditions.

Network Benefits – Benefits for care received from a Network Provider.

Network Provider – A Provider that has signed an agreement with Us or another Blue Cross and Blue Shield Plan to participate as a member of the Preferred Care Provider Network or another PPO Network. This Provider may also be referred to as a Preferred Provider or In-Network Provider.

Newly Born Infant – Infants from the time of birth until age one (1) month or until the infant is well enough to be discharged from a Hospital or neonatal Special Care Unit to his home, whichever period is longer.

Non-Network Benefits – Benefits for care received from Non-Network Providers.

Non-Network Provider – A Provider who is not a member of the Claims Administrator's Preferred Care Provider Network or another Blue Cross and Blue Shield Plan PPO Network. Participating Providers and Non-Participating Providers are Non-Network Providers.

Occupational Therapy (OT) – The evaluation and treatment of physical injury or disease, cognitive impairments, congenital or developmental disabilities, or the aging process by the use of specific goal directed activities, therapeutic exercises and/or other interventions that alleviate an impairment and/or improve functional performance. These can include the design, fabrication or application of Orthotic Devices; training in the use of Orthotic and Prosthetic Devices; design, development, adaptation or training in the use of assistive devices; and the adaptation of environments to enhance functional performance.

Open Enrollment – A period of time, designated by the Plan, during which an eligible Employee, Retiree and any eligible Dependents may enroll for Benefits under this Plan.

Orthotic Device – A rigid or semi-rigid supportive device, which restricts or eliminates motion of a weak or diseased body part.

Out-of-Pocket Amount – The maximum amount, as shown in the Schedule of Benefits, of unreimbursable expenses which must be paid by a Plan Participant for Covered Services in one Benefit Period.

Outpatient – A Plan Participant who receives services or supplies while not an Inpatient.

Overdue Applicant – An eligible Employee who enrolls for coverage after thirty (30) days from the date the Employee became eligible for coverage, or an eligible Dependent of an Employee or Retiree for whom the enrollment form was not completed within thirty (30) days from the Date Acquired. An Employee transferring from a Participant Employer and who does not complete a transfer form within thirty (30) days following the date of transfer will also be considered an Overdue Applicant.

Partial Hospitalization Programs - These programs are defined as structured and medically supervised day, evening and/or night treatment programs. Program services are provided to patients at least four (4) hours/day and are available at least three (3) days/week, although some patients may need to attend less often. The services are of essentially the same nature and intensity (including medical and nursing) as would be provided in a hospital except that the patient is in the program less than twenty-four (24) hours/day. The patient is not considered a resident at the program. The range of services offered is designed to address a mental health and/or substance-related disorder through an individualized treatment plan provided by a coordinated multidisciplinary treatment team.

Participant Employer – A state entity, school board, or a state political subdivision authorized by law to participate in an Office of Group Benefits health plan.

Physical Therapy – The treatment of disease or injury by the use of therapeutic exercise and other interventions that focus on improving posture, locomotion, strength, endurance, balance, coordination, joint mobility, flexibility, and alleviating pain.

Physician – A Doctor of Medicine or a Doctor of Osteopathy, legally qualified and licensed to practice medicine and practicing within the scope of his license at the time and place service is rendered.

Plan – East Baton Rouge Parish School System’s medical Benefits plan for certain Employees of East Baton Rouge Parish School System and is described in this document.

Plan Administrator – The person or entity designated by the Plan Sponsor to administer this group Plan. If no one is designated, the Plan Sponsor is the Plan Administrator.

Plan Participant – An Employee, Retiree, Active Bus Driver, Cafeteria Worker or School Board Plan Participant who has satisfied the specifications of this Benefit Plan's Schedule of Eligibility and has enrolled for coverage.

Plan Sponsor – East Baton Rouge Parish School System, who provides these Benefits on behalf of its eligible Employees, Retirees and their eligible Dependents.

Plan Year – A period of time beginning with the Effective Date of this Benefit Plan or the anniversary of this date and ending on the day before the next anniversary of the Effective Date of this Plan.

Pre-Existing Condition – A physical or mental condition for which medical advice, diagnosis, care or treatment was recommended or received within a specific period of time prior to the Enrollment Date or the first day of coverage under another plan.

Pregnancy Care – Treatment or services related to all care prior to delivery, delivery, post-delivery care, and any complications arising from pregnancy.

Prescription Drugs – Medications, which includes Specialty Drugs, the sale or dispensing of which legally requires the order of a Physician or other health care professional and that carry the federally required product legend stipulating that such drugs may not be dispensed without a prescription, and which are currently approved by the FDA for safety and effectiveness, subject to the Limitations and Exclusions article.

Preventive or Wellness Care – Services designed to effectively prevent or screen for a disease for which there is an effective treatment when discovered in an early stage.

Private Duty Nursing Services – Services of an actively practicing Registered Nurse (R.N.) or Licensed Practical Nurse (L.P.N.) who is unrelated to the patient by blood, marriage or adoption. These services must be ordered by the attending Physician and require the technical skills of an R.N. or L.P.N.

Professional Services – The specific services rendered by an occupational therapist, physical therapist, speech pathologist or audiologist, Physician, or chiropractor for Covered Services provided.

Prosthetic Appliance or Device – Appliances which replace all or part of a body organ, or replace all or part of the function of a permanently inoperative, absent, or malfunctioning body part. When referring to limb prostheses, it is an artificial limb designed to maximize function, stability, and safety of the patient, that is not

surgically implanted and that is used to replace a missing limb. Limb Prosthetics do not include artificial eyes, ears, noses, dental appliances, ostomy products, or devices such as eyelashes or wigs.

Prosthetic Services – The science and practice of evaluating, measuring, designing, fabricating, assembling, fitting, aligning, adjusting, or servicing of a prosthesis through the replacement of external parts of a human body lost due to amputation or congenital deformities to restore function, cosmesis, or both. Also includes Medically Necessary clinical care.

Provider – A Hospital, Allied Health Facility, Physician, or Allied Health Professional, licensed where required, performing within the scope of license, and approved by the Claims Administrator. If a Provider is not subject to state or federal licensure, the Claims Administrator has the right to define all criteria under which a Provider's services may be offered to Plan Participants in order for Benefits to apply to a Provider's Claims. Claims submitted by Providers who fail to meet these criteria will be denied.

- A. Preferred Provider – A Provider who has entered into a contract with Us to participate in Our Preferred Care Preferred Provider Organization (PPO), as shown in the Schedule of Benefits.
- B. Participating Provider – A Provider that has a signed contract with the Claims Administrator or another Blue Cross and Blue Shield plan for other than a Preferred Care or PPO Provider Network.
- C. Non-Participating Provider – A Provider that does not have a signed contract with the Claims Administrator or another Blue Cross and Blue Shield plan.

Rehabilitative Care – Health care services that help a person keep, resume or improve skills and functioning for daily living that have been lost or impaired because a patient was sick, hurt or disabled. These services may include physical and occupational therapy, speech-language pathology and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings.

Residential Treatment Center – A twenty-four (24) hour, non-acute care treatment setting for the active treatment of specific impairments of mental health or substance abuse.

Retail Health Clinic - A non-emergency medical health clinic providing limited primary care services and operating generally in retail stores and outlets.

Retiree - An individual who was a covered Employee by the parish school board's health and accident insurance contract immediately prior to the date of retirement and who, upon retirement, satisfied one of the following categories:

- A. Immediately received retirement benefits from an approved state or state governmental agency defined plan;
- B. Was not eligible for participation in such a plan or who had legally opted not to participate in such a plan, and either:
  - 1. Began employment prior to September 16, 1979, has ten (10) years of continuous service and has reached the age of sixty-five (65); or
  - 2. Began employment on or after September 16, 1979, has ten (10) years of state service and has reached the age of seventy (70); or
  - 3. Began employment after July 8, 1992, has ten (10) years of continuous state service, has a credit for at least forty (40) quarters in the Social Security system at the time of employment, and has reached the age of sixty-five (65); or
  - 4. Maintained continuous coverage with the Plan as an eligible Dependent until he became eligible to receive a retirement benefit from an approved state governmental agency defined benefit plan as a former state employee.

- C. Immediately received retirement benefits from a state-approved or state governmental agency-approved defined contribution plan and has accumulated the total number of years of creditable service which would have entitled him to receive a retirement allowance from the defined benefit plan of the retirement system for which the Employee would have otherwise been eligible. The appropriate state governmental agency or retirement system responsible for administration of the defined contribution plan shall be responsible for certification of eligibility hereunder to the Plan Administrator.
- D. Retiree also means an individual who was a covered Employee who continued the coverage through the provisions of COBRA immediately prior to the date of retirement and who, upon retirement, qualified for any items A., B., or C. above.

Skilled Nursing Facility or Unit – A facility licensed by the state in which it operates and is other than a nursing home or a unit within a Hospital (unless skilled nursing in the nursing home or unit within a Hospital was specifically approved by Us), that provides:

- A. Inpatient medical care, treatment and skilled nursing care as defined by Medicare and which meets the Medicare requirements for this type of facility;
- B. full-time supervision by at least one Physician or Registered Nurse;
- C. twenty-four (24) hour nursing service by Registered Nurses or Licensed Practical Nurses; and
- D. Utilization review plans for all patients.

Special Care Unit – A designated Hospital unit which is approved by the Claims Administrator and which has concentrated all facilities, equipment, and supportive services for the provision of an intensive level of care for critically ill patients, such as an intermediate care neonatal unit, telemetry unit for heart patients, or an isolation unit.

Special Enrollee – An Employee or Dependent who is entitled to and who requests special enrollment (as described herein) within sixty (60) days of losing other certain health coverage or acquiring a new Dependent as a result of marriage, birth, adoption or placement for adoption.

Specialty Drugs – Specialty Drugs are typically high in cost and have one or more of the following characteristics:

- A. Specialized patient training on the administration of the drug (including supplies and devices needed for administration) is required.
- B. Coordination of care is required prior to drug therapy initiation and/or during therapy.
- C. Unique patient compliance and safety monitoring requirements.
- D. Unique requirements for handling, shipping and storage.
- E. Restricted access or limited distribution.

Specialty drugs also include biosimilars. Biosimilars are drugs that are similar to currently marketed Brand Name drugs, but do not have the exact same active ingredient. Biosimilars are not considered Generic Drugs.

Speech/Language Pathology Therapy – The treatment used to manage speech/language, cognitive-communication and swallowing disorders. Goals are directed towards improving or restoring function.

Surgery –

- A. The performance of generally accepted operative and cutting procedures including specialized instrumentations, endoscopic exams, incisional and excisional biopsies and other invasive procedures.
- B. the correction of fractures and dislocations.

- C. pregnancy Care to include vaginal deliveries and caesarean sections.
- D. usual and related pre-operative and post-operative care.
- E. other procedures as defined and approved by the Plan.

Temporarily Medically Disabled Mother – A woman who has recently given birth and whose Physician has advised that normal travel would be hazardous to her health.

Temporomandibular/Craniomandibular Joint Disorder – Disorders resulting in pain and/or dysfunction of the temporomandibular/craniomandibular joint which arise out of rheumatic disease, dental occlusive disorders, internal or external joint stress, or other causes.

Therapeutic/Treatment Vaccine – A vaccine intended to treat infection or disease by stimulating the immune system to provide protection against the infection or disease.

Urgent Care – A sudden, acute and unexpected medical condition that requires timely diagnosis and treatment but does not pose an immediate threat to life or limb. Examples of Urgent Care include, but are not limited to: colds and flu, sprains, stomach aches, and nausea. Urgent Care may be accessed from an Urgent Care Center that is in the Claims Administrator's Network if a Plan Participant requires non-Emergency medical care or a Plan Participant requires Urgent Care after normal business hours of a Plan Participant's Physician.

Urgent Care Center – A clinic with extended office hours that provides Urgent Care and minor Emergency Care to patients on an unscheduled basis without need for appointment. The Urgent Care Center does not provide routine follow-up care or wellness examinations and refers patients back to their regular Physician for such routine follow-up and wellness care.

Utilization Management – Evaluation of necessity, appropriateness and efficiency of the use of health care services, procedures and facilities.

Waiting Period – See Eligibility Waiting Period.

Well Baby Care – Routine examinations of an infant under the age of twenty-four (24) months for whom no diagnosis is made. Routine examinations ordered after the infant reaches 24 months will be subject to the Routine Wellness Physical Exam Benefit.

## ARTICLE III.

## SCHEDULE OF ELIGIBILITY

The Plan Administrator has full discretionary authority to determine eligibility for Benefits and/or construe the terms of this Plan. A Temporary Employee does not meet the eligibility requirements under this Benefit Plan.

A. The following persons are eligible to be covered.

### 1. Employees

- a. A full-time Employee as defined by the Employer.
- b. Husband and wife, both Employees.

In no event may a person be enrolled simultaneously as an Employee and as a Dependent under the Benefit Plan, **nor may a Dependent be covered by more than one Employee**. If a covered spouse is eligible for coverage as an Employee and chooses at a later date to be covered separately, that person will be a covered Employee effective the first day of the month after the election of separate coverage. The change in coverage will not increase Benefits.

- c. Re-enrollment; Previous Employment

An Employee whose employment terminated while covered and is reemployed within twelve (12) months of the termination date, will only be eligible for the classification of coverage (Employee, Employee and child(ren), Employee and spouse, Family) in force on the termination date. If an Employee acquires an additional Dependent during the termination period, that Dependent may be covered if added within thirty (30) days of re-employment.

- d. Board and Commission Members

Except as otherwise provided by law, board or commission members are not eligible for participation in this Plan. This section does not apply to members of school boards or members of state boards or commissions who are defined by the Group as full-time Employees.

### 2. Retirees

A person meeting the definition of "Retiree" shall be eligible for coverage under this Benefit Plan.

Retired participants of the EBRPSS medical plans and their covered dependent spouses, who reach age sixty-five (65) on or after June 1, 2005, must enroll in Medicare Parts A and B in order for their claims to be paid under this Plan. If a retired participant or covered spouse are eligible for Medicare, but do not enroll for Parts A and B, the claims of the person eligible for Medicare will be denied.

Medicare pays primary coverage for those retired participants and their covered dependent spouses who are enrolled in Parts A and B. The EBRPSS medical plan will pay secondary to Medicare for such persons. The retired participant's claim cannot be processed until the EBRPSS medical plan claims administrator receives an explanation of benefits from Medicare indicating what Medicare paid as primary coverage.

The above provisions do not apply to a covered dependent spouse under age sixty-five (65) or the dependent eligible retired participants who are under age sixty-five (65) and their covered dependents. Coverage for such persons will continue to be provided as primary under the EBRPSS medical plans.

Retired participants not entitled to Medicare Parts A and B must supply EBRPSS the appropriate documentation from the Social Security Administration evidencing denial of entitlement. The EBRPSS medical plan in force will continue to provide primary coverage for retired participants who are not entitled to Medicare.

### **3. Documented Dependents**

- a. A Dependent of an eligible Employee or Retiree shall be eligible for Dependent coverage as of the later of the following dates:
  - (1) The date the Employee or Retiree becomes eligible, or
  - (2) The date the covered Employee or covered Retiree acquires a Dependent .
- b. The following written proof of relationship to the Employee or Retiree must be presented to the Plan Administrator, or representative designated by the Plan Administrator, for inspection and copying.
  - (1) Legal spouses - A certified copy of the certificate of marriage, indicating date and place of marriage.
  - (2) Child or Children.
    - (a) Natural or legally adopted Child or Children of Plan Participant – Certified copy of birth certificate listing Plan Participant as parent or certified copy of legal acknowledgment of paternity signed by the Plan Participant or certified copy of adoption decree naming Plan Participant as adoptive parent.
    - (b) Stepchild – Certified copy of certificate of marriage to spouse and birth certificate listing spouse as natural or adoptive parent.
    - (c) Child placed with Your family for adoption by agency adoption or irrevocable act of surrender for private adoption – Certified copy of adoption placement order showing date of placement or copy of signed and dated irrevocable act of surrender.
    - (d) Child for whom You have been granted guardianship or legal custody, including provisional custody – Certified copy of the signed court order granting legal guardianship or custody, or the original notarized act granting provisional custody in proper statutory form and substance.
    - (e) Grandchild for whom You do not have legal custody or guardianship and whose parent is a covered Dependent – Certified birth certificate or adoption decree showing the parent of grandchild is Your Dependent child and a certified copy of the grandchild's birth certificate showing Your Dependent child is parent of the grandchild.
    - (f) Child age 26 or older who is incapable of self-sustaining employment and who was covered prior to and upon attainment of age 26 – Documentation as described in C.2.b. above, together with an application for continued coverage and supporting medical documentation which must be received by the Plan Administrator prior to the child's attainment of age 26, as well as additional medical documentation of child's continuing condition periodically upon request by the Plan Administrator.

Such other written proof of relationship to the Employee/Retiree deemed sufficient by the Plan Administrator.

### **B. Enrollment for Coverage**

An enrollment form must be completed within thirty (30) days of eligibility for coverage. If completed after thirty (30) days of eligibility, the Employee and/or Dependents will be considered Overdue Applicants.

### **C. Available Classes of Coverage**

1. Employee Only coverage means coverage for the Employee only.
2. Employee and Spouse coverage means coverage for the Employee and his/her spouse.

3. Employee and Child(ren) coverage means coverage for the Employee and one or more Dependents.
4. Family coverage means coverage for the Employee, his spouse, and one or more Dependents.

#### **D. Change of Classification**

##### 1. Adding or Deleting Dependents

The Plan Participant must notify the Plan Administrator when a Dependent is added to, or deleted from, the Plan Participants coverage. Notice must be provided within thirty (30) days of the addition or deletion.

##### 2. Change in Coverage

- a. When there is a change in family status (e.g., marriage, birth of child), that affects the class of coverage, the change in classification will be effective on the date of the event. Application for coverage of the additional Dependent must be made within thirty (30) days of the date of the event.
- b. When the addition of a Dependent changes the class of coverage, the additional premium will be charged for the entire month if the date of change occurs before the fifteenth (15th) day of the month. If the date of change occurs on or after the fifteenth (15th) day of the month, an additional premium will not be charged until the first day of the following month.

##### 3. Notification of Change

It is the Plan Participant's responsibility to notify the Plan Administrator of any additions or deletions of a Dependent. If failure to notify is later determined, it will be corrected on the first (1<sup>st</sup>) day of the following month.

#### **E. Effective Date of Coverage**

##### 1. Employees

Coverage for an Employee who completes the applicable enrollment form and agrees to make the required Employee contribution is effective as follows:

- a. If employment begins on the first day of the month, coverage is effective the first day of the following month.
- b. If employment begins on or after the second day of the month, coverage is effective the first day of the second month following employment.
- c. Employee coverage will not become effective unless the Employee completes enrollment form within thirty (30) days following the date of employment. If completed after thirty (30) days following the date of employment, the Employee will be considered an Overdue Applicant.
- d. An Employee who transfers employment to this Employer from another Participant Employer must complete a transfer form within thirty (30) days following the date of transfer in order to maintain coverage without interruption. An Employee who completes a transfer form after thirty (30) days following the date of transfer will be considered an Overdue Applicant.

##### 2. Retirees

Retiree coverage will be effective on the first day of the month following the date of retirement, if the Retiree agrees to make and is making the required contributions.



3. Documented Dependents of Employees

Coverage will be effective on the date of marriage for new spouses, the date of birth for newborn children, or the Date Acquired for other classifications of Dependents.

4. Documented Dependents of Retirees

Coverage will be effective on the first day of the month following the date of retirement if the Employee and his Dependents were covered immediately prior to retirement. Coverage for Dependents of Retirees first becoming eligible for Dependent Coverage following the date of retirement will be effective on the date of marriage for new spouses, the date of birth for newborn children, or the Date Acquired for all other classifications of Dependents.

5. Overdue Applicants

The terms of the following paragraphs apply to all eligible Employees who enroll for coverage after thirty (30) days from the date the Employee became eligible for coverage and to all eligible Dependents of Employees and Retirees for whom the enrollment form was not completed within thirty (30) days from the Date Acquired. The effective date of coverage will be:

- a. The first day of the month following the date the Plan Administrator receives all required forms prior to the fifteenth (15<sup>th</sup>) of the month; or
- b. The first day of the second month following the date the Plan Administrator receives all required forms on or after the fifteenth (15<sup>th</sup>) of the month.

**F. Special Enrollment -- HIPAA**

In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), certain Eligible Persons for whom the option to enroll for coverage was previously declined, and who would be considered Overdue Applicants, may enroll by written application to the Plan Administrator under the following circumstances, terms, and conditions for special enrollments.

1. Loss of Other Coverage

Special enrollment will be permitted for Employees or Dependents for whom the option to enroll for coverage was previously declined because such Employees or Dependents had other coverage which terminated due to:

- a. Loss of eligibility separation, divorce, termination of employment, reduction in hours, or death of the plan participant; or
- b. Cessation of Employer contributions for the other coverage, unless the Employer's contributions were ceased for cause or for failure of the individual participant to make contributions; or
- c. The Employee or Dependent having had COBRA continuation of coverage under a group health plan and the COBRA continuation coverage has been exhausted, as provided in HIPAA; or
- d. Effective April 1, 2009: Loss of eligibility due to termination of Medicaid or State Children's Health Insurance Program (SCHIP) coverage; or
- e. Effective April 1, 2009: Eligibility for premium assistance subsidy under Medicaid or SCHIP.

2. Retirees Special Enrollment

Retirees will not be eligible for special enrollment, except under the following conditions:

- a. Retirement began on or after July 1, 1997.

- b. The Retiree can document that Creditable Coverage was in force at the time of the election not to participate or continue participation in the Plan.
- c. The Retiree can demonstrate that Creditable Coverage was maintained continuously from the time of the election until the time of requesting special enrollment.
- d. The Retiree has exhausted all COBRA and/or other continuation rights and has made a formal request to enroll within thirty (30) days of the loss of other coverage; and
- e. The Retiree has lost eligibility to maintain other coverage through no fault of his own and has no other Creditable Coverage in effect.

3. After-Acquired Dependents

Special enrollment will be permitted for eligible Employees or Dependents for whom the option to enroll for coverage was previously declined when the Employee acquires a new Dependent by marriage, birth, adoption, or placement for adoption.

4. Special Enrollment Application for Coverage

A special enrollment application must be made within thirty (30) days of either the termination date of the prior coverage or the date the new Dependent is acquired, or within sixty (60) days as identified above in F.1.d. and F.1.e.

5. Effective Date of Coverage for Special Enrollees

The Effective Date of Coverage for Special Enrollees who timely enroll shall be:

- a. For loss of other coverage or marriage, the first of the month following the date of the Plan Administrator receives all required forms for enrollment;
- b. For birth of a Dependent, the date of birth;
- c. For adoption, the date of adoption or placement for adoption.
- d. If the special enrollment application is made more than thirty (30) days after eligibility, or within sixty (60) days as identified above in F.1.d. and F.1.e., the new Dependent will be considered an Overdue Applicant. The effective date shall be:
  - (1) The first day of the month following the date the Plan Administrator receives all required forms prior to the fifteenth (15th) of the month.
  - (2) The first day of the second month following the date the Plan Administrator receives all required forms on or after the fifteenth (15th) of the month.
- e. Medicare Advantage Option for Retirees

Retirees who are eligible to participate in a Medicare Advantage plan who cancel coverage with the Plan upon enrollment in a Medicare Advantage plan may re-enroll in the Plan upon withdrawal from or termination of coverage in the Medicare Advantage plan, at the earlier of the following:

- (1) during the month of November, for coverage effective January 1; or
- (2) during the next annual enrollment, for coverage effective at the beginning of the next Plan Year.

f. TRICARE for Life Option for Military Retirees

Retirees eligible to participate in the TRICARE for Life (TFL) option on and after October 1, 2001, who cancel coverage with the Plan upon enrollment in TFL may re-enroll in the Plan in the event that the TFL option is discontinued or its Benefits significantly reduced.

**ARTICLE IV.**

**BENEFITS**

**ANY BENEFIT LISTED IN THIS BENEFIT PLAN, WHICH IS NOT MANDATED BY STATE OR FEDERAL LAW, MAY BE DELETED OR REVISED ON THE SCHEDULE OF BENEFITS.**

**A. Benefit Categories**

1. Network Benefits (In-Network) – Benefits for medical care received from a Preferred Care Provider. When a Plan Participant receives care from a Network Provider, he will receive the highest level of Benefits on this plan.
2. Non-Network Benefits (Out-of-Network) – Benefits for medical care received from a Provider who is not contracted with the Claims Administrator as a Preferred Care Provider. Participating Providers and Non-Participating Providers are not contracted with Our Preferred Care PPO Network. When a Plan Participant receives care from a Non-Network Provider, he will receive a lower level of Benefits on this Plan.

**B. Deductibles and Coinsurance**

1. Subject to the Deductible Amount shown in the Schedule of Benefits, the maximum limitations hereinafter provided and other terms and provisions of this Benefit Plan, the Plan will provide Benefits in accordance with the percentage shown in the Schedule of Benefits toward Allowable Charges incurred for Covered Services by a Plan Participant during a Benefit Period. The following deductibles may apply to Benefits provided by this Plan. Deductibles will accrue to the Out-of-Pocket Amount.
  - a. Benefit Period Deductible Amount: The dollar amount, as shown in the Schedule of Benefits, of charges for Covered Services that the Plan Participant must pay within a Benefit Period before the Plan starts paying Benefits. A separate Deductible Amount may apply to certain Covered Services if shown as applicable in the Schedule of Benefits.
  - b. Family Deductible Amount: For Plan Participants in a class of coverage with more than one (1) Plan Participant, no more than the amount shown in the Schedule of Benefits is required to each satisfy the Benefit Period Deductible Amount. Once the family has met its Family Deductible Amount, this Benefit Plan starts paying Benefits for all covered members of the family, even if each covered family member has not met his individual Benefit Period Deductible. No Plan Participant may contribute more than his Benefit Period Deductible Amount to satisfy the maximum amount required of a family. Only Benefit Period Deductible Amounts accrue to the Family Deductible Amount.
  - c. Coinsurance Amount: The Coinsurance percentage is shown on the Schedule of Benefits for a Covered Service. The Plan Participant must first pay any applicable Deductible Amount before the Coinsurance percentage. After any applicable Deductible Amount has been met, and subject to the maximum limitations and other terms and provisions of this Benefit Plan, the Plan will provide Benefits in the Coinsurance percentages shown in the Schedule of Benefits toward Allowable Charges for Covered Services. The actual payment to a Provider or payment to the Plan Participant satisfies the Plan Sponsor's obligation to provide Benefits under this Benefit Plan.
2. This Benefit Plan does not provide a fourth-quarter Deductible carryover for charges incurred for Covered Services incurred during the months of October, November and December.
3. The Claims Administrator will apply the Plan Participant's Claims to the Deductible Amount in the order in which Claims are received and processed. It is possible that one Provider may collect the Deductible Amount from the Plan Participant, then when the Plan Participant receives Covered Services from

another Provider, that Provider also collects the Plan Participant's Deductible Amount. This generally occurs when the Plan Participant's Claims have not been received and processed by the Claims Administrator. The Claims Administrator's system will only show the Deductible Amount applied for Claims that have been processed. Therefore, the Plan Participant may need to pay toward the Deductible Amount until his Claims are submitted and processed, showing that the Deductible Amount has been met. If the Plan Participant overpays his Deductible Amount, he is entitled to receive a refund from the Provider in which the overpayment was made.

4. Under certain circumstances, if the Plan pays a healthcare Provider amounts that are the Plan Participant's responsibility such as Deductibles, Copayments or Coinsurance, the Plan may collect such amounts directly from You.

### **C. Copayment Services**

If one Provider directs a Plan Participant to another Provider, the Plan Participant must make sure that the new Provider is in the Preferred Care PPO Network before receiving care. If the new Provider is not in the Preferred Care PPO Network, Benefits will be processed at the Non-Network Benefit level and the Allowable Charge applicable to that Provider.

1. The Physician Office Copayment means Outpatient services when rendered in the office or clinic of a Preferred Provider who is a Physician, Osteopath or other Network Provider shown in the Schedule of Benefits.

Examples of Covered Services subject to Copayments:

- a. Office visit charges and consultation;
  - b. Injections (except allergy injections and serums) ;
  - c. Surgical procedures performed in the office of one of the above listed Providers
  - d. Radiation treatments obtained in Physician's office;
  - e. Office visit charges and consultations for Mental Health treatment;
  - f. Office visit charges and consultations for substance abuse treatment;
  - g. Laboratory tests. Laboratory tests that are processed and completed within the Physician's office or clinic will be subject to the Physician office visit Copayment. Laboratory tests that are sent out of the Physician's office or clinic for processing may be subject to the Deductible Amount and Coinsurance;
  - h. X-rays;
  - i. Machine tests (except for MRI).
2. Copayment services do not apply to every service and/or supply rendered in an office setting. Examples of services and/or supplies that are subject to the Benefit Period Deductible Amount and applicable Coinsurance percentage are listed below:
    - a. Allergy testing, allergy serums, and vials of allergy medications;
    - b. Occupational Therapy;
    - c. Physical Therapy;
    - d. Speech Therapy;
    - e. Medical and surgical supplies;

- f. High Tech Imaging, including but not limited to MRI, MRA, CT scans, PET scans and nuclear cardiology.

#### **D. Out-of-Pocket Amount**

1. After the Plan Participant has met the applicable Out-of-Pocket Amount, as shown in the Schedule of Benefits, the Plan will pay one hundred percent (100%) of the Allowable Charges for Covered Services for all covered family members for the remainder of the Benefit Period.
2. The following do accrue to the Out-of-Pocket Amount of this Benefit Plan:
  - a. Deductibles;
  - b. Coinsurances; and
  - c. Copayments Amounts.
3. The following do not accrue to the Out-of-Pocket Amount of this Benefit Plan:
  - a. any charges in excess of the Allowable Charge;
  - b. any penalties the Plan Participant or Provider must pay;
  - c. charges for non-covered services; and
  - d. any amounts paid by the Plan Participant other than Deductibles, Coinsurance, and Copayments.

#### **E. Accumulator Transfers**

Plan Participants' needs sometimes require that they transfer from one policy or plan to another. Types of transfers include, but are not limited to moving from one employer's plan to another, from a group policy or plan to an individual policy, an individual policy to a group policy or plan, or a policy with one insurance company to a policy with another insurance company. The type of transfer being made determines whether the Plan Participant's accumulators are carried from the old policy or plan to the new policy or plan. Accumulators include, but are not limited to, Deductibles, Out-of-Pocket Amounts, or Benefit Period Maximums.

### **ARTICLE V.**

### **HOSPITAL BENEFITS**

All Admissions (including, but not limited to, elective or non-Emergency, Emergency, Pregnancy Care, Mental Health and substance abuse Admissions) must be Authorized as outlined in Care Management Article of this Benefit Plan. In addition, at regular intervals during the Inpatient stay, the Claims Administrator will perform a Concurrent Review to determine the appropriateness of continued hospitalization as well as the level of care. The Plan Participant must pay any Deductible Amount, Copayment, and any Coinsurance percentages shown in the Schedule of Benefits. The following services furnished to a Plan Participant by a Hospital are covered.

If a Plan Participant receives services from a Physician in a hospital-based clinic, the Plan Participant may be subject to charges from the Physician and/or clinic as well as the facility.

#### **A. Inpatient Bed, Board and General Nursing Service**

1. In a semi-private room, where the Hospital provides semi-private rooms. The average semi-private room rate will be allowed toward a private room accommodation. If the facility does not offer semi-private rooms, the lowest private room rate will be allowed toward a private room accommodation.
2. In a Special Care Unit for a critically ill Plan Participant requiring an intensive level of care.

3. In a Skilled Nursing Facility or Unit or while receiving skilled nursing services in a Hospital or other facility approved by Us. A maximum number of days per Benefit Period may apply if shown in the Schedule of Benefits. In addition, the Admission to a Skilled Nursing Facility or Unit must occur within fourteen (14) days of a Hospital confinement of three (3) or more days for the same or related condition.
4. In a Residential Treatment Center for Plan Participants with Mental Health and substance abuse Benefits.

#### **B. Other Hospital Services (Inpatient and Outpatient)**

1. Use of operating, delivery, recovery and treatment rooms and equipment;
2. drugs and medicines including take-home Prescription Drugs;
3. blood transfusions, including the cost of whole blood, blood plasma and expanders, processing charges, administrative charges, equipment and supplies;
4. anesthesia, anesthesia supplies and anesthesia services rendered by a Hospital Employee;
5. medical and surgical supplies, casts, and splints;
6. Diagnostic Services rendered by a Hospital Employee;
7. Physical Therapy provided by a Hospital Employee; and
8. psychological testing ordered by the attending Physician and performed by a Hospital Employee.

#### **C. Inpatient Hospital Facility Copayment**

The Inpatient Hospital Facility Copayment, as shown in the Schedule of Benefits, is applicable to each Inpatient Admission to a Hospital facility.

The Inpatient Hospital Facility Copayment is separate from the Benefit Period Deductible Amount and any other Copayment amounts of the Benefit Plan. In addition, the Inpatient Hospital Facility Copayment does not apply toward satisfaction of the Out-of-Pocket Amount.

#### **D. Pre-Admission Diagnostic Services**

Pre-Admission Diagnostic Services in the Outpatient department of a Hospital within seven (7) days of a scheduled Admission to that Hospital.

### **ARTICLE VI.**

### **MEDICAL AND SURGICAL BENEFITS**

Benefits for the following medical and surgical services are available and may require Authorization. See the Schedule of Benefits to determine which services require Authorization. A Plan Participant must pay any applicable Deductible Amounts, Copayments and Coinsurance percentages shown in the Schedule of Benefits.

#### **A. Surgical Services**

1. Surgery
  - a. The Allowable Charge for Inpatient and Outpatient Surgery includes all pre-operative and post-operative medical visits. The pre-operative and post-operative period is defined and determined by the Plan and is that period of time which is appropriate as routine care for the particular surgical procedure.

- b. When performed in the Physician's office, the Allowable Charge for the Surgery includes the office visit. No additional Benefits are allowed toward charges for office visits on the same day as the Surgery.
2. Multiple Surgical Procedures - When Medically Necessary multiple procedures (concurrent, successive, or other multiple surgical procedures) are performed at the same surgical setting, Benefits will be paid as follows:
- a. Primary Procedure
    - (1) The primary or major procedure will be the procedure with the greatest value based on the Allowable Charge.
    - (2) Benefits for the primary procedure will be based on the Allowable Charge.
  - b. Secondary Procedure(s)
 

The secondary procedure(s) is a procedure(s) performed in addition to the primary procedure, which adds significant time, risk, or complexity to the Surgery. The Allowable Charge for the secondary procedure will be based on a percentage of the Allowable Charge that would be applied had the secondary procedure been the primary procedure. Benefits will not exceed fifty percent (50%) of the Allowable Charge for each procedure.
  - c. Incidental Procedure
 

No Benefits are allowed for an incidental procedure.
  - d. Unbundled Procedure(s)
    - (1) Unbundling occurs when two (2) or more procedure codes are used to describe Surgery performed when a single, more comprehensive procedure code exists that accurately describes the entire Surgery performed. The unbundled procedures will be rebundled for assignment of the proper comprehensive procedure code as determined by the Claims Administrator.
    - (2) The Allowable Charge includes the rebundled procedure. The Group will provide Benefits according to the proper comprehensive procedure code for the rebundled procedure, as determined by the Claims Administrator.
  - e. Mutually Exclusive Procedure(s)
    - (1) Mutually exclusive procedures are two (2) or more procedures that are usually not performed at the same operative session on the same patient on the same date of service. Mutually exclusive rules may also include different procedure code descriptions for the same type of procedures in which the Physician should be submitting only one (1) of the codes. Mutually exclusive procedures are two (2) or more procedures that by medical practice standards should not be performed on the same patient, on the same day of service, for which separate billings are made.
    - (2) The Allowable Charge includes all procedures performed at the same surgical setting. Procedure(s), which are not considered Medically Necessary, will not be covered.
3. Assistant Surgeon
- An assistant surgeon is a Physician, licensed physician assistant, certified registered nurse first assistant (CRNFA), registered nurse first assistant (RNFA) or certified nurse practitioner. Coverage for an assistant surgeon is provided only if the use of an assistant surgeon is required with reference to nationally established guidelines. The Allowable Charge for the assistant surgeon is based on a percentage of the fee paid to the primary surgeon.

#### 4. Anesthesia

- a. General anesthesia services are covered when requested by the operating Physician and performed by a certified registered nurse anesthetist (CRNA) or Physician, other than the operating Physician or the assistant surgeon, for covered surgical services. Coverage is also provided for other forms of anesthesia services as defined by the Plan and approved by the Claims Administrator. Medical direction or supervision of anesthesia administration includes pre-operative, operative and post-operative anesthesia administration care.
- b. Anesthetic or sedation procedures performed by the operating Physician, his assistant surgeon, or an advanced practice registered nurse will be covered as a part of the surgical or diagnostic procedure unless the Claims Administrator determines otherwise.
- c. Benefits for anesthesia will be determined by applying the Coinsurance to the Allowable Charge based on the primary surgical procedure performed. Benefits are available for the anesthesiologist or CRNA who performs the service. When an anesthesiologist medically directs or supervises the CRNA, payment may be divided between the medical direction or supervision and administration of anesthesia, when billed separately.

#### 5. Second Surgical Opinion

Benefits will be provided for Consultation and directly related Diagnostic Services to confirm the need for elective Surgery. Second or third opinion consultant must not be the Physician who first recommended elective Surgery. A second or third opinion is not mandatory in order to receive Benefits.

### **B. Inpatient Medical Services**

Subject to provisions in the sections for Surgery and Pregnancy Care, Inpatient Medical Services include:

1. Inpatient medical care visits;
2. Concurrent Care; and
3. Consultation (as defined in this Benefit Plan).

### **C. Outpatient Medical and Surgical Services**

1. Home, office, and other Outpatient visits for examination, diagnosis, and treatment of an illness or injury. Benefits for Outpatient medical services do not include separate payments for routine pre-operative and post-operative medical visits for Surgery or Pregnancy Care;
2. Consultation (as defined in this Benefit Plan);
3. Diagnostic Services;
4. services of an Ambulatory Surgical Center; and
5. services of an Urgent Care Center.

### **D. Expanded Medical and Surgical Benefits**

The Plan may provide coverage to Plan Participants above and beyond the Benefits stated in this Benefit Plan when, in Plan Sponsor's discretion, it determines that a disaster, state of emergency or other event may disrupt or seriously threaten to disrupt health care or other services provided for under this Benefit Plan.



**ARTICLE VII.**

**PREVENTIVE OR WELLNESS CARE**

Preventive and Wellness Care services are covered unless otherwise noted in the service description. New services are also covered when required by law.

This Benefit Plan covers services recommended by the U.S. Preventive Services Task Force (receiving grades of A or B), the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention, and the Health Resources and Services Administration. The list of covered services changes from time to time. New Preventive or Wellness Care services usually become covered within one year from the date recommended. To check the current list of recommended services, visit the U.S. Department of Health and Human Services' website at: <https://www.healthcare.gov/preventive-care-benefits/>.

A. Preventive or Wellness Care Benefits

<b>PREVENTIVE or WELLNESS CARE SERVICES</b>	<b>AGE / CRITERIA</b>
<b>EXAMINATIONS AND TESTING</b>	
<p>Colorectal Cancer Screening –</p> <ul style="list-style-type: none"> <li>• Fecal occult blood test: One (1) per Benefit Period. Additional screenings will be subject to Deductible Amounts and Coinsurance percentages shown in the Schedule of Benefits.</li> <li>• Flexible sigmoidoscopy: One (1) every five (5) years. Additional screenings will be subject to Deductible Amounts and Coinsurance percentages shown in the Schedule of Benefits.</li> <li>• Colonoscopy, including preparation supplies: One (1) every ten (10) years. Additional screenings will be subject to Deductible Amounts and Coinsurance percentages shown in the Schedule of Benefits.</li> <li>• Other screening procedures as most recently recommended by the United States Preventive Services Task Force (USPSTF) and the American College of Gastroenterology, in consultation with the American Cancer Society. Services deemed Investigational are not covered.</li> </ul>	<p style="text-align: center;">Ages 50 – 75</p> <p style="text-align: center;">Ages 50 – 75</p> <p style="text-align: center;">Ages 50 – 75</p> <p style="text-align: center;">Ages 50 – 75</p>
<p>Routine Wellness Physical Examination – Routine wellness diagnostic tests ordered by Physician (a urinalysis, complete blood count (CBC), serum chemistries, calcium, potassium, cholesterol and blood sugar levels).</p> <p>Higher tech services such as an MRI, MRA, CT scan, PET scan, nuclear cardiology, and endoscopy are not covered under this Preventive or Wellness Benefit but may be covered under standard Benefits.</p>	<p style="text-align: center;">All Ages</p>
<p>Well Baby Care</p>	<p style="text-align: center;">As recommended by physician for developmental milestones</p>

<b>IMMUNIZATIONS</b>	
Immunizations recommended by Physician	All Ages
Seasonal Flu and H1N1 Immunizations	All Ages
<b>SCREENINGS, COUNSELING AND SUPPLEMENTS</b>	
Abdominal Aortic Aneurysm Screening: One (1) per Benefit Period	Men who have smoked: Ages 65 – 75
Alcohol Misuse Screening and Counseling	Adults: Ages 18 and older
Aspirin Counseling	Men: Ages 45 – 79 Women: Ages 55 – 79
Blood Pressure Screening	Ages 18 and older
Cholesterol Screening	Men: Ages 20 – 35 if at risk; or 35 and older Women: Ages 20 – 45 if at risk; or 45 and older
Depression Screening	Ages 12 – 18 and Adults
Diet Counseling	Adults with hyperlipidemia and other risk factors
Fall Prevention Intervention	Ages 65 and older
Generic Vitamin D (up to 800 IU)	Ages 65 and older
Hepatitis B Screening  <b>NEW – Effective for plans issued or renewed on or after 1/1/2015</b>	Pregnant Women  Non-pregnant, high risk adolescents and adults
Hepatitis C Screening	High risk adults or adults born between 1945 and 1965
HIV Screening and Counseling	Adolescents and Adults: Ages 15 – 65; younger or older if at increased risk  Sexually active women
Lung Cancer Screening  <b>NEW – Effective for plans issued or renewed on or after 1/1/2015</b>	Adults: Ages 55 – 80 (per guidelines for smoking history)
Obesity Screening and Counseling	Adults with a body mass index higher than 30 kg/m <sup>2</sup>

Sexually Transmitted Infection Counseling	Sexually active adolescents 11 – 21 and adults at increased risk
Skin Cancer Screening	Ages 10 – 24
Syphilis Screening	Adults at increased risk Pregnant women
Tobacco Use Screening and Counseling	Adults; school-aged children and adolescents
Type 2 Diabetes Screening	Asymptomatic adults with blood pressure higher than 135/80 mmHg
<b>COVERED SERVICES FOR WOMEN</b>	
<p>Contraceptive Services (all services require a prescription for coverage) –</p> <ul style="list-style-type: none"> <li>• Education and Counseling related to contraceptives and sterilization</li> <li>• Barrier Contraceptive Method – Diaphragm, Sponge, Cervical Cap, Cervical Shield, Female Condom</li> <li>• Emergency Contraceptive Method (Prescription Drug Benefit)</li> <li>• Hormonal Contraceptive Method (Prescription Drug Benefit) – Generics, Single Source Brand if generic equivalent is not available</li> <li>• Implantable Contraceptive Method – IUD, Implantable Rods</li> <li>• Sterilization Method – Tubal Ligation, Essure</li> </ul> <p><i>NOTE: Services may not apply for members of religious employer groups.</i></p>	Women with reproductive capacity: Ages 15 – 46
<p>BRCA Genetic Testing – Screening and Counseling</p> <p><b>NEW – BRCA Genetic Test will be covered for plans issued or renewed on or after 1/1/2015</b></p>	Women with family history of risk (per guidelines)
Breast Feeding Intervention	During pregnancy and after birth
Chemoprevention Counseling	Women at risk for breast cancer
Chlamydia Infection Screening	Women ages 24 and younger who are sexually active; older if at increased risk
Generic Folic Acid Supplements (Prescription Drug Benefit) – 0.4mg to 0.8mg/day	Women who are planning or capable of pregnancy: Ages 15 – 44
Gonorrhea Screening	Sexually active women

Human Papillomavirus (HPV) DNA testing – Limit of one (1) every three (3) years, with all other testing processing according to standard Benefits	Ages 30 and older
Intimate Partner Violence Screening	Ages 14 – 46
Lactation Counseling	During pregnancy and after each birth
Lactation Supplies for Machine Use Only	During the postpartum period
Mammography Examination	Ages 35 – 39: Baseline Ages 40 – 49: 1 every 24 months or as doctor prescribes Ages 50 and older: 1 every 12 months
Manual Breast Pump	During the postpartum period
Medications for Risk Reduction of Primary Breast Cancer	Asymptomatic Women: Ages 35 years or older without a prior diagnosis of breast cancer and who are at increased risk for breast cancer
Osteoporosis Screening: One (1) per Benefit Period	Ages 65 or older Younger women at risk (per guidelines)
Routine Pap Smear – One (1) per Benefit Period	Ages 21 – 65
Routine Gynecologist or Obstetrician Visits	As age and developmentally appropriate
Violence and Domestic Abuse Counseling	Women and adolescents, as needed
<b>COVERED SERVICES FOR PREGNANT WOMEN</b>	
Anemia Screening	During pregnancy
Bacteriuria Screening	During 12 – 16 weeks of gestation or at first prenatal visit

Gestational Diabetes Testing and Screening	During 24 – 28 weeks of gestation or at first prenatal visit if at high risk  Asymptomatic pregnant women after 24 weeks of gestation
Rh Incompatibility Screening	Pregnant women during 24 – 28 weeks of gestation if at risk or at first prenatal visit
<b>COVERED SERVICES FOR CHILDREN</b>	
Alcohol and Drug Use Assessments	Ages 11 – 21
Autism Screening	Ages 1 – 2
Behavioral Assessments	Ages 0 – 21
Cervical Dysplasia Screening	Adolescent Girls: Ages 11 - 21
Congenital Hypothyroidism Screening	Newborns
Developmental Screening	Varied Intervals: Ages 0 – 3
Dyslipidemia Screening	Varied intervals beginning at 24 months
Fluoride (oral supplementation, application)  <b>NEW – Fluoride Varnish Application: Effective for plans issued or renewed on or after 5/1/2015</b>	Ages 6 months – 5 years  Infants and children at primary teeth eruption
Gonorrhea Prophylactic Ocular Medication	Newborns
Hearing Screening: One (1) per Benefit Period.	Ages 0 – 21
Height, Weight and Body Mass Index Measurements	Ages 2 – 21
Hematocrit or Hemoglobin Screening	Varied intervals: Ages 4 months – 21 years
Iron Supplement	Asymptomatic 6 – 12 months old if at risk
Lead Screening: One (1) per Benefit Period	Ages 0 – 6
Obesity Screening and Counseling	Ages 6 and older
Oral Health Assessment	Varied intervals between 6 months – 6 years

Phenylketonuria (PKU)	Newborns
Sickle Cell Screening	Newborns
Tuberculosis Screening: One (1) per Benefit Period	Ages 0 – 21
Vision Screening: One (1) per Benefit Period	Ages 0 – 21

**ARTICLE VIII. MENTAL HEALTH BENEFITS**

- A. Treatment of Mental Health is covered. Treatment must be rendered by a Doctor of Medicine, Doctor of Osteopathy, or an Allied Health Professional. Benefits for treatment of Mental Health do not include counseling services such as career counseling, marriage counseling, divorce counseling, parental counseling and job counseling.
- B. Inpatient treatment for Mental Health must be Authorized as provided in the Care Management article of this Benefit Plan.

**ARTICLE IX. SUBSTANCE ABUSE BENEFITS**

- A. Benefits for treatment of substance abuse are available. Covered Services will be only those which are for treatment for abuse of alcohol, drugs or other chemicals and the resultant physiological and/or psychological dependency which develops with continued use. Treatment must be rendered by a Doctor of Medicine, Doctor of Osteopathy, or an Allied Health Professional.
- B. Inpatient treatment for substance abuse must be Authorized as provided in the Care Management article of this Benefit Plan, when coverage for substance abuse is provided.

**ARTICLE X. ORAL SURGERY BENEFITS**

Coverage is provided only for the following services or procedures. The highest level of benefits are available when services are performed by a Network Provider, or by a Provider in the Blue Cross and Blue Shield of Louisiana’s dental network. Access the dental network online at [www.bcbsla.com](http://www.bcbsla.com), or call the customer service telephone number on Your I.D. card for a copy of the directory.

- A. Excision of tumors or cysts (excluding odontogenic cysts) of the jaws, gums, cheeks, lips, tongue, roof and floor of mouth.
- B. Extraction of impacted teeth.
- C. Dental Care and Treatment including Surgery and dental appliances required to correct Accidental Injuries of the jaws, cheeks, lips, tongue, roof or floor of mouth, and of sound natural teeth. (For the purposes of this section, sound natural teeth include those which are capped, crowned or attached by way of a crown or cap to a bridge. Sound natural teeth may have fillings or a root canal.)
- D. Excision of exostoses or tori of the jaws and hard palate.
- E. Incision and drainage of abscess and treatment of cellulitis.
- F. Incision of accessory sinuses, salivary glands, and salivary ducts.
- G. Anesthesia for the above services or procedures when rendered by an oral surgeon.

- H. Anesthesia for the above services or procedures when rendered by a dentist who holds all required permits or training to administer such anesthesia.
- I. Anesthesia when rendered in a Hospital setting and for associated Hospital charges when a Plan Participant's mental or physical condition requires dental treatment to be rendered in a Hospital setting. Anesthesia benefits are not available for treatment rendered for Temporomandibular Joint (TMJ) Disorders.
- J. Benefits are available for dental services not otherwise covered by this Plan, when specifically required for head and neck cancer patients. Benefits are limited to preparation for or follow-up to radiation therapy involving the mouth. To determine if the Plan Participant is eligible for these benefits, please call the Claims Administrator's customer service department at the phone number on the Plan Participant's I.D. card, and ask to speak to a Case Manager.

**ARTICLE XI. ORGAN, TISSUE, AND BONE MARROW TRANSPLANT BENEFITS**

Our Authorization is required for the evaluation of a Plan Participant's suitability for all solid organ and bone marrow transplant procedures. For the purposes of coverage under the Plan, all autologous procedures are considered transplants.

Solid organ and bone marrow transplants will not be covered unless the Plan Participant obtains written Authorization from the Claims Administrator prior to services being rendered. The Plan Participant or his Provider must advise the Claims Administrator of the proposed transplant procedure prior to Admission and a written request for Authorization must be filed with the Claims Administrator. The Plan must be provided with adequate information so that the Claims Administrator may verify coverage, determine that Medical Necessity is documented, and approve of the Hospital at which the transplant procedure will occur. The Claims Administrator will forward written Authorization to the Plan Participant and to the Provider(s).

**A. Acquisition Expenses**

If an organ, tissue or bone marrow is obtained from a living donor for a covered transplant, the donor's medical expenses are covered as acquisition costs for the recipient under this Plan.

If any organ, tissue or bone marrow is sold rather than donated to a Plan Participant, the purchase price of such organ, tissue or bone marrow is not covered.

**B. Organ, Tissue and Bone Marrow Transplant Benefits**

1. Benefits for solid organ and bone marrow transplants are available only when services are rendered by a Blue Distinction Centers for Transplants (BDCT) for the specific organ or transplant or by a Blue Cross and Blue Shield of Louisiana (BCBSLA) Preferred Network Provider facility, unless otherwise approved by the Claims Administrator in writing. To locate a BDCT or BCBSLA Preferred Network Provider facility, Plan Participants should contact the Claims Administrator's customer service department at the number listed on their ID card.
2. Benefits for Organ, Tissue and Bone Marrow Transplants include coverage for immunosuppressive drugs prescribed for transplant procedure(s).

Benefits as specified in this section will be provided for treatment and care as a result of or directly related to the following transplant procedures.

**C. Solid Human Organ Transplants**

1. liver;
2. heart;
3. lung;

4. kidney;
5. pancreas;
6. small bowel; and
7. other solid organ transplant procedures which the Claims Administrator determines have become standard, effective practice and have been determined to be effective procedures by peer review literature as well as other resources used to evaluate new procedures. These solid organ transplants will be considered on a case-by-case basis.

#### **D. Tissue Transplant Procedures (Autologous and Allogeneic)**

Tissue transplants (other than bone marrow) are covered under regular Benefits and do not require prior Authorization. However, if an Inpatient Admission is required, it is subject to the Care Management Article.

These following tissue transplants are covered:

1. blood transfusions;
2. autologous parathyroid transplants;
3. corneal transplants;
4. bone and cartilage grafting;
5. skin grafting;
6. autologous islet cell transplants; and
7. other tissue transplant procedures which the Claims Administrator determines have become standard, effective practice and have been determined to be effective procedures by peer review literature as well as other resources used to evaluate new procedures. These tissue transplants will be considered on a case-by-case basis.

#### **E. Bone Marrow Transplants**

1. Allogeneic, autologous and syngeneic bone marrow transplants, including tandem transplants, mini transplants (transplant lite) and donor lymphocyte infusions are covered.
2. Other bone marrow transplant procedures which the Claims Administrator determines have become standard, effective practice and have been determined to be effective procedures by peer review literature as well as other resources used to evaluate new procedures. These bone marrow transplant procedures will be considered on a case-by-case basis.

### **ARTICLE XII. PREGNANCY CARE AND NEWBORN CARE BENEFITS**

The Claims Administrator has several maternity programs available to help pregnant Plan Participants deliver healthy babies. Please call Our Customer Service Department, at the number on the back of Your ID card, when You learn You are having a baby. We will advise about the programs available to You.

Benefits are available for Pregnancy Care furnished by a Hospital, Physician, or Allied Health Provider to a patient covered as an Employee or Dependent wife of an Employee whose coverage is in effect at the time such services are furnished in connection with her pregnancy.

An Authorization is required for a Hospital stay in connection with childbirth for the covered mother or covered well newborn child only if the mother's length of stay exceeds forty-eight (48) hours following a vaginal delivery or ninety-six (96) hours following a caesarean section. An Authorization is required if a newborn's stay exceeds



that of the mother. An Authorization is also required for a newborn that is admitted separately because of neonatal complications.

Pregnancy Care Benefits when services are rendered by a Preferred Provider are subject to the Pregnancy Care Copayment amount shown in the Schedule of Benefits.

Benefits rendered by all other Providers are subject to the Benefit Period Deductible Amount and applicable Coinsurance percentage shown in the Schedule of Benefits. In addition, Benefits rendered for subsequent visits, delivery and facility charges are subject to the Benefit Period Deductible Amount and applicable Coinsurance percentage shown in the Schedule of Benefits.

#### **A. Pregnancy Care**

1. Medical and surgical Services.
  - a. Initial office visit and visits during the term of the pregnancy.
  - b. Diagnostic Services.
  - c. Delivery, including necessary pre-natal and post-natal care.
  - d. Medically Necessary abortions required to save the life of the mother.
2. Hospital services required in connection with pregnancy and Medically Necessary abortions as described above. The Hospital (nursery) charge for well-baby care is included in the mother's Benefits for the covered portion of her Admission for Pregnancy Care.

#### **B. Care for Newborn when Covered at birth as a Dependent**

1. Medical and surgical services rendered by a Physician, for treatment of illness, pre-maturity, post-maturity, or congenital condition of a newborn and circumcision. Services of a Physician for Inpatient Well Baby Care immediately following delivery until discharge are covered.
2. Hospital Services, including services related to circumcision during the newborn's post-delivery stay and treatment of illness, pre-maturity, post-maturity, or congenital condition of a newborn. Charges for a well newborn, which are billed separately from the mother's Hospital bill, are not covered. The Hospital (nursery) charge for a well newborn is included in the mother's Hospital bill for the covered portion of her Admission for Pregnancy Care.

#### **C. Statement of Rights under the Newborns' and Mothers' Health Protection Act**

Under federal law, group health plans and health insurance issuers offering group health insurance coverage generally may not restrict Benefits for any Hospital length of stay in connection with childbirth for the mother or Newborn child to less than forty-eight (48) hours following a vaginal delivery, or less than ninety-six (96) hours following a delivery by cesarean section. However, the plan or issuer may pay for a shorter stay if the attending provider (e.g., Your Physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or Newborn earlier.

Also, under federal law, plans and issuers may not set the level of benefits or Out-of-Pocket costs so that any later portion of the forty-eight (48 hours )or ninety-six (96) hours stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay.

In addition, a plan or issuer may not, under federal law, require that a physician or other health care Provider obtain Authorization for prescribing a length of stay of up to forty-eight (48) hours or ninety-six (96) hours. However, to use certain Providers or facilities, or to reduce Your Out-of-Pocket costs, You may be required to obtain Authorization. For information on Authorization, contact the Claims Administrator.

## **ARTICLE XIII.**

## **REHABILITATIVE / HABILITATIVE CARE BENEFITS**

**To receive Network Benefits, the Plan Participant must obtain care from a Network Provider and obtain an Authorization for certain services as shown in the Schedule of Benefits and the Care Management Article.**

Rehabilitative and Habilitative Care Benefits will be available for the following services provided on an Inpatient or Outpatient basis:

- Physical and Occupational Therapy
- Speech/Language Pathology Therapy
- Chiropractic Services

Benefits are available when the therapy is rendered by a Provider licensed and practicing within the scope of his license. The Plan Participant must be able to tolerate a minimum of three (3) hours of active therapy per day.

An Inpatient rehabilitation Admission must be Authorized prior to the Admission and must begin within seventy-two (72) hours following the discharge from an Inpatient Hospital Admission for the same or similar condition.

Day Rehabilitation Programs for Rehabilitative Care may be Authorized in place of Inpatient stays for rehabilitation. Day Rehabilitation Programs must be Authorized prior to beginning the program and must begin within seventy-two (72) hours following discharge from an Inpatient rehabilitation Admission for the same or similar condition.

### **A. Occupational Therapy**

1. Occupational Therapy services are covered when performed by a Provider licensed and practicing within the scope of his license, including, but not limited to a licensed occupational therapist, a licensed and certified Occupational Therapy assistant supervised by a licensed occupational therapist, or a licensed advanced practice registered nurse.
2. Occupational Therapy is not covered when maintenance level of therapy is attained. A maintenance program consists of activities that preserve the Plan Participant's present level of function and prevent regression of that function. Maintenance begins when the therapeutic goals of a treatment plan have been achieved, or when no additional functional progress is apparent or expected to occur.
3. Occupational Therapy must be referred or ordered by a Physician, advanced practice registered nurse, dentist, podiatrist, or optometrist prior to the receipt of services.
4. Prevention, wellness and education related services for Occupational Therapy shall not require a referral.

### **B. Physical Therapy**

1. Physical Therapy services are covered when performed by a licensed physical therapist practicing within the scope of his license.
2. Physical Therapy is not covered when maintenance level of therapy is attained. A maintenance program consists of activities that preserve the Plan Participant's present level of function and prevent regression of that function. Maintenance begins when the therapeutic goals of a treatment plan have been achieved, or when no additional functional progress is apparent or expected to occur.
3. A licensed physical therapist may perform an initial evaluation or consultation of a screening nature to determine the need for Physical Therapy.
4. Physical Therapy must be prescribed or referred by a Physician, dentist, podiatrist, or chiropractor prior to the receipt of services. However, Physical Therapy may be provided without the prescription or

referral of a Physician, dentist, podiatrist or chiropractor when performed under the following circumstances, if listed as a Covered Service:

- a. to children with a diagnosed developmental disability pursuant to the Plan Participant's plan of care.
- b. as part of a Home Health Care agency pursuant to the Plan Participant's plan of care.
- c. to a patient in a nursing home pursuant to the Plan Participant's plan of care.
- d. related to conditioning or to providing education or activities in a wellness setting for the purpose of injury prevention, reduction of stress, or promotion of fitness.
- e. to an individual for a previously diagnosed condition or conditions for which Physical Therapy services are appropriate after informing the health care Provider rendering the diagnosis. The diagnosis shall have been made within the previous ninety (90) days. The physical therapist shall provide the health care Provider who rendered such diagnosis with a plan of care for Physical Therapy services within the first fifteen (15) days of Physical Therapy intervention.

### **C. Speech/Language Pathology Therapy**

1. Speech/Language Pathology Therapy services are covered when performed by a Provider licensed to practice in the state in which the services are rendered and practicing within the scope of his license, including, but not limited to, a speech pathologist or by an audiologist.
2. The therapy must be used to improve or restore speech language deficits or swallowing function.
3. Speech/Language Pathology Therapy must be prescribed by a Physician prior to the receipt of services.

### **D. Chiropractic Services**

1. Chiropractic Services are covered when performed by a chiropractor licensed and practicing within the scope of his license. Chiropractic Services are not covered when maintenance level of therapy is attained.
2. Chiropractic Services are not covered when maintenance level of therapy is attained. A maintenance program consists of activities that preserve the Plan Participant's present level of function and prevent regression of that function. Maintenance begins when the therapeutic goals of a treatment plan have been achieved, or when no additional functional progress is apparent or expected to occur.
3. A licensed chiropractor may make recommendations to personal hygiene and proper nutritional practices for the rehabilitation of a patient and may order such diagnostic tests as are necessary for determining conditions associated with the functional integrity of the spine.

## **ARTICLE XIV. OTHER COVERED SERVICES, SUPPLIES OR EQUIPMENT**

The following services are available to a Plan Participant, subject to other limitations shown in the Schedule of Benefits.

### **A. Ambulance Service Benefits**

1. Ground Ambulance Transport Services
  - a. Emergency Transport

Benefits are available for Ambulance Services for local transportation for Emergency Medical Conditions or Medically Necessary Inpatient Hospital services only as follows:

- (1) for the Plan Participants, to or from the nearest Hospital that can provide services appropriate to the Plan Participant's condition for an illness or injury requiring Hospital care;
- (2) for the Newly Born Infant, to the nearest Hospital or neonatal Special Care Unit for treatment of illnesses, injuries, congenital birth defects and complications of premature birth which require that level of care;

b. Non-Emergency Transport

Benefits will be available for Ambulance Services for local transportation of Plan Participants for non-emergency conditions to obtain medically necessary diagnostic or therapeutic Outpatient services (e.g., MRI, CT scan, dialysis, wound care, etc.), when the Plan Participant is bed-confined or his condition is such that the use of any other method of transportation is contraindicated.

The Plan Participant must meet all of the following criteria for bed-confinement:

- (1) unable to get up from bed without assistance;
- (2) unable to ambulate; and
- (3) unable to sit in a chair or wheelchair.

c. Transport by wheelchair van is not a covered Ambulance Service.

2. Air Ambulance Transport Services

a. Emergency Transport

Benefits for air Ambulance Services are available for Emergency Medical Conditions or when the Plan Participant is in a location that cannot be reached by ground ambulance. For Emergency Medical Conditions, the air Ambulance Service must be specifically requested by police or medical authorities present at the site with the Plan Participant in order for air Ambulance Services to be covered.

b. Non-Emergency Transport

Air Ambulance Service situations require prior Authorization from the Company. If Authorization is not obtained prior to services being rendered, the services will not be covered.

3. Ambulance Service Benefits will be provided as follows:

- a. If a Plan Participant pays a periodic fee to an ambulance membership organization with which the Company does not have a Provider agreement, Benefits for expenses incurred by the Plan Participant for its Ambulance Services will be based on any obligation the Plan Participant must pay that is not covered by the fee. If there is in effect a Provider agreement between the Company and the ambulance organization, Benefits will be based on the Allowable Charge.
- b. The medical transport services must comply with all local, state, and federal laws and must have all the appropriate, valid licenses and permits.
- c. No Benefits are available if transportation is provided for a Plan Participant's comfort or convenience, or when a Hospital transports Plan Participants between parts of its own campus.

**B. Attention Deficit/Hyperactivity Disorder**

The diagnosis of and treatment for Attention Deficit/Hyperactivity Disorder is covered when rendered or prescribed by a Physician or Allied Health Professional.

### **C. Autism Spectrum Disorders (ASD)**

ASD Benefits include, but are not limited to the Medically Necessary assessment, evaluations, or tests performed for diagnosis, Habilitative or Rehabilitative Care, pharmacy care, psychiatric care, psychological care, and therapeutic care. Plan Participants who have not yet reached their seventeenth (17<sup>th</sup>) birthday are eligible for Applied Behavior Analysis, when the Claims Administrator determines it is Medically Necessary. Applied Behavior Analysis is not covered for Plan Participants age seventeen (17) and older.

ASD Benefits are subject to the Co-payments, Deductibles, and Coinsurance amounts that are applicable to the Benefits obtained. (Example: A Plan Participant obtains speech therapy for treatment of ASD. Plan Participant will pay the applicable Co-Payment, Deductible or Coinsurance amount shown on the Schedule of Benefits for speech therapy).

### **D. Bone Mass Measurement**

Benefits are available for scientifically proven Bone Mass Measurement tests for the diagnosis and treatment of osteoporosis if a Plan Participant is:

1. an estrogen deficient woman at clinical risk of osteoporosis who is considering treatment;
2. an individual receiving long-term steroid therapy; or
3. an individual being monitored to assess the response to or efficiency of approved osteoporosis drug therapies.

Deductible, Coinsurance and/or Copayment Amounts are applicable.

One (1) osteoporosis screening per Benefit Period is available to women age 60 and older, under the Preventive or Wellness Care Article of this Benefit Plan, at no cost to Plan Participants receiving care from a Network Provider.

### **E. Breast Reconstructive Surgery Services**

1. A Plan Participant who is receiving Benefits in connection with a mastectomy and elects breast reconstruction in connection with such mastectomy will also receive Benefits for the following Covered Services:
  - a. reconstruction of the breast on which the mastectomy has been performed;
  - b. Surgery and reconstruction of the other breast to produce a symmetrical appearance; and
  - c. prostheses and physical complications of all stages of mastectomy, including lymphedemas.
2. These Covered Services shall be delivered in a manner determined in consultation with the attending Physician and the Plan Participant and, if applicable, will be subject to any Deductible, Copayment and Coinsurance.

### **F. Cardiac Rehabilitation**

Benefits will be provided for Covered Services rendered to a Plan Participant for cardiac rehabilitation. Covered Services must be:

1. Performed under the supervision of a Physician; and
2. In connection with a myocardial infraction, angioplasty (with or without stenting), or cardiac bypass Surgery; and
3. Initiated within twelve (12) weeks after other treatment for the medical condition ends.

## G. Clinical Trial Participation

1. This Benefit Plan shall provide coverage to any Qualified Individual for routine patient costs of items or services furnished in connection with his/her participation in an Approved Clinical Trial for cancer or other life-threatening disease or condition. Coverage will be subject to any applicable terms, conditions and limitations that apply under this Benefit Plan, including Copayment, Deductible, or Coinsurance amounts shown in the Schedule of Benefits.
2. A "Qualified Individual" under this section means a Plan Participant that:
  - a. Is eligible to participate in an Approved Clinical Trial according to the trial protocol with respect to treatment of cancer or other life-threatening disease or condition;
  - b. And either,
    - (1) The referring health care professional is a Participating Provider and has concluded that the individual's participation in such trial would be appropriate based upon the individual meeting the requirements in paragraph a, above; or
    - (2) The Plan Participant provides medical and scientific information establishing that the Plan Participant's participation in such trial would be appropriate based upon the Plan Participant meeting the conditions described in paragraph a, above.
3. An "Approved Clinical Trial" for the purposes of this paragraph means a Phase I, II, III, or IV clinical trial conducted in relation to the prevention, detection, or treatment of cancer or other life-threatening disease or condition that:
  - a. The study or investigation is approved or funded (which may include funding through in-kind contributions) by one or more of the following:
    - (1) The National Institutes of Health.
    - (2) The Centers for Disease Control and Prevention.
    - (3) The Agency for Health Care Research and Quality.
    - (4) The Centers for Medicare & Medicaid Services.
    - (5) Cooperative group or center of any of the entities described in paragraphs (1) through (4) or above, the Department of Defense or the Department of Veterans Affairs.
    - (6) A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support grants.
  - b. The study or investigation is conducted under an investigational new drug application reviewed by the Food and Drug Administration.
  - c. The study or investigation is a drug trial that is exempt from having an investigational new drug application.
  - d. The study or investigation is conducted by any of the below Departments, which study or investigation has been reviewed and approved through a system of peer review that the U.S. Secretary of Health and Human Services determines; (i) to be comparable to the system of peer review of studies and investigations used by the National Institutes of Health, and (ii) assures unbiased review of the highest scientific standards by qualified individuals who have no interest in the outcome of the review:
    - (1) The Department of Veterans Affairs.

- (2) The Department of Defense.
- (3) The Department of Energy.
- 4. The following services are not covered:
  - a. Non-health care services provided as part of the clinical trial;
  - b. Costs for managing research data associated with the clinical trial;
  - c. The investigational drugs, devices, items or services themselves; and/or
  - d. Services, treatment or supplies not otherwise covered under this Benefit Plan.
- 5. Treatments and associated protocol-related patient care not excluded in this paragraph shall be covered if all of the following criteria are met:
  - a. The treatment is being provided with a therapeutic or palliative intent for patients with cancer or other life-threatening disease or for the prevention or early detection of such diseases.
  - b. The treatment is being provided or the studies are being conducted in a Phase I, Phase II, Phase III, or Phase IV clinical trial.
  - c. The proposed protocol must have been reviewed and approved by a qualified institutional review board which operates in this state and which has a multiple project assurance contract approved by the office of protection from research risks.
  - d. The facility and personnel providing the protocol must provide the treatment within their scope of practice, experience, and training and are capable of doing so by virtue of their experience, training, and volume of patients treated to maintain expertise.
  - e. There must be no clearly superior, non-investigational approach.
  - f. The available clinical or pre-clinical data provide a reasonable expectation that the treatment will be at least as efficacious as the non-investigational alternative.
  - g. The patient has signed an institutional review board approved consent form.

#### **H. Diabetes Education and Training for Self-Management**

- 1. Plan Participants that have insulin-dependent diabetes, insulin-using diabetes, gestational diabetes or non-insulin diabetes may need to be educated on their condition and trained to manage their condition. Coverage is available for self-management training and education, dietician visits and for the equipment and necessary supplies for the training, if prescribed by the Plan Participant's Physician.
- 2. Evaluation and training programs per Plan Participant for diabetes self-management are covered, subject to the following:
  - a. The program must be determined to be Medically Necessary by a Physician and provided by a licensed health care professional that certifies that a Plan Participant has successfully completed the training program.
  - b. The program shall comply with the National Standard for Diabetes Self-management Education Program as developed by the American Diabetes Association.
- 3. Additional diabetes self-management training is covered subject to the following:

A Physician prescribes additional training based upon Medical Necessity because of a significant change in the Plan Participant's symptoms or conditions.

## **I. Dietician Visits**

Dietician visits for diabetics are available under a separate Benefit for diabetes self-management training and education.

## **J. Disposable Medical Equipment and Supplies**

Disposable medical equipment or supplies which have a primary medical purpose are covered and are subject to reasonable quantity limits as determined by the Claims Administrator. The equipment and supplies are subject to the Plan Participant's medical Deductible and Coinsurance.

## **K. Durable Medical Equipment, Orthotic Devices, Prosthetic Appliances, and Devices**

Durable Medical Equipment, Orthotic Devices, and Prosthetic Appliances and Devices (Limb and Non-Limb) are covered at the Coinsurance percentages shown in the Schedule of Benefits.

### **1. Durable Medical Equipment**

- a. Durable Medical Equipment is covered when the equipment is prescribed by a Physician prior to obtaining the equipment. The equipment must not be provided mainly for the comfort or convenience of the Plan Participant or others. In addition, the equipment must meet all of the following criteria:
  - (1) it must withstand repeated use;
  - (2) it is primarily and customarily used to serve a medical purpose;
  - (3) it is generally not useful to a person in the absence of illness or injury; and
  - (4) it is appropriate for use in the patient's home.
- b. Benefits for rental or purchase of Durable Medical Equipment.
  - (1) Benefits for the rental of Durable Medical Equipment will be based on the rental Allowable Charge (but not to exceed the purchase Allowable Charge).
  - (2) At the Plan's option, Benefits will be provided for the purchase of Durable Medical Equipment, appropriate supplies, and oxygen required for therapeutic use. The purchase of Durable Medical Equipment will be based on the purchase Allowable Charge.
  - (3) Benefits based on the Allowable Charge for standard equipment will be provided toward any deluxe equipment when a Plan Participant selects deluxe equipment solely for his comfort or convenience.
  - (4) Benefits for deluxe equipment based on the Allowable Charge for deluxe equipment will only be provided when documented to be Medically Necessary.
  - (5) Accessories and medical supplies necessary for the effective functioning of covered Durable Medical Equipment are considered an integral part of the rental or purchase allowance and will not be covered separately.
  - (6) Repair or adjustment of purchased Durable Medical Equipment or for replacement of components is covered. Replacement of equipment lost or damaged due to neglect or misuse or for replacement of equipment within five (5) years of purchase or rental will not be covered.
- c. Limitations in connection with Durable Medical Equipment.
  - (1) There is no coverage during rental of Durable Medical Equipment for repair, adjustment, or replacement of components and accessories necessary for the effective functioning and



maintenance of covered equipment as this is the responsibility of the Durable Medical Equipment supplier.

- (2) There is no coverage for equipment where a commonly available supply or appliance can substitute to effectively serve the same purpose.
- (3) There is no coverage for repair or replacement of equipment lost or damaged due to neglect or misuse.
- (4) Reasonable quantity limits on Durable Medical Equipment items and supplies will be determined by the Plan.

## 2. Orthotic Devices

Benefits as specified in this section will be available for the purchase of Orthotic Devices Authorized by the Claims Administrator. These Benefits will be subject to the following:

- a. There is no coverage for fitting or adjustments, as this is included in the Allowable Charge for the Orthotic Device.
- b. Repair or replacement of the Orthotic Device is covered only within a reasonable time period from the date of purchase subject to the expected lifetime of the device. The Plan will determine this time period.
- c. Benefits based on the Allowable Charge for standard devices will be provided toward any deluxe device when a Plan Participant selects a deluxe device solely for his comfort or convenience.
- d. Benefits for deluxe devices based on the Allowable Charge for deluxe devices will only be provided when documented to be Medically Necessary.
- e. No Benefits are available for supportive devices for the foot, except when used in the treatment of diabetic foot disease.

## 3. Prosthetic Appliances and Devices (Non-Limb)

Benefits will be available for the purchase of Prosthetic Appliances and Devices (other than limb prosthetics and services) that is Authorized by the Claims Administrator and are covered subject to the following:

- a. There is no coverage for fitting or adjustments, as this is included in the Allowable Charge for the Prosthetic Appliance or Device.
- b. Repair or replacement of the Prosthetic Appliance or Device is covered only within a reasonable time period from the date of purchase subject to the expected lifetime of the appliance. The Plan will determine this time period.
- c. Benefits based on the Allowable Charge for standard appliances will be provided toward any deluxe appliance when a Plan Participant selects a deluxe appliance solely for his comfort or convenience.
- d. Benefits for deluxe appliances based on the Allowable Charge for deluxe appliances will only be provided when documented to be Medically Necessary.

## 4. Prosthetic Appliances and Devices and Prosthetic Services of the Limbs

Benefits will be available for the purchase of Prosthetic Appliances and Devices and Prosthetic Services of the limbs that the Claims Administrator Authorizes, and are covered subject to the following:

- a. Repair or replacement of the Prosthetic Appliance or Device is covered only within a reasonable time period from the date of purchase subject to the expected lifetime of the appliance. The Plan will determine this time period.
- b. Benefits based on the Allowable Charge for standard appliances will be provided toward any deluxe appliance when a Plan Participant selects a deluxe appliance solely for his comfort or convenience. A Plan Participant may choose a Prosthetic Appliance or Device that is priced higher than the benefit payable under this Plan and may pay the difference between the price of the device and the benefit payable, without financial or contractual penalty to the Provider of the device.
- c. Benefits for deluxe appliances based on the Allowable Charge for deluxe appliances will only be provided when documented to be Medically Necessary.
- d. Prosthetic Appliances and Devices of the limb must be prescribed by a licensed Physician and provided by a facility accredited by the American Board for Certification in Orthotics Prosthetics and Pedorthics (ABC) or by the Board for Orthotist/Prosthetist Certification (BOC).

#### **L. Home Health Care Benefits**

Home Health Care services provided to a Plan Participant in lieu of an Inpatient Hospital Admission are covered up to the maximum number of visits, each Benefit Period, as shown in the Schedule of Benefits. Prior Authorization is required prior to receiving services as set out in the Care Management section of this Benefit Plan. Benefits will be reduced by the Coinsurance percentage shown in the Schedule of Benefits if prior Authorization is not obtained.

#### **M. Hospice Benefits**

Hospice Care is covered up to the Lifetime Maximum number of days for Inpatient and/or Outpatient care received for each Plan Participant. Prior Authorization is required prior to receiving services as set out in the Care Management section of this Benefit Plan. Benefits will be reduced by the Coinsurance percentage shown in the Schedule of Benefits if prior Authorization is not obtained.

#### **N. Permanent Sterilization Procedures**

Benefits are available for surgical procedures that result in permanent sterilization, including vasectomy, and hysteroscopic placement of micro-inserts into the fallopian tubes.

#### **O. Private Duty Nursing Services**

Coverage is available to a Plan Participant for Private Duty Nursing Services when performed on an Inpatient and/or Outpatient basis and when the nurse is not related to the Plan Participant by blood, marriage or adoption.

Private Duty Nursing Services are subject to the Deductible Amount and Coinsurance percentage shown in the Schedule of Benefits.

#### **P. Sleep Studies**

Medically Necessary home or laboratory sleep studies and associated professional Claims are eligible for coverage. Only sleep studies performed in the home or sleep studies performed in a sleep laboratory that is accredited by the Joint Commission or the American Academy of Sleep Medicine (AASM) are eligible for coverage.

#### **Q. Routine Vision Care**

1. One (1) routine eye examination as shown in the Schedule of Benefits.
2. A Plan Participant must pay the Vision Care Copayment shown in the Schedule of Benefits.

## ARTICLE XV.

## CARE MANAGEMENT

### A. Selection of Provider, Penalties for Failure to Obtain Authorization, and Authorization of Admissions, Outpatient Services and Other Covered Services and Supplies

#### 1. Selection of Provider

A Plan Participant may generally obtain medical care from any Provider. Benefits will be paid at the highest Network level when care is received from a Network Provider. Participating and Non-Participating Providers are Non-Network Providers.

- a. If a Plan Participant wants to receive services from a Non-Network Provider and obtain the highest level of Benefits, he must notify the Claims Administrator's Care Management Department before services are rendered. The Claims Administrator will approve the use of a Non-Network Provider only if the Claims Administrator determines that the services cannot be provided by a Network Provider within a seventy-five (75) mile radius of the Plan Participant's home.

The Claims Administrator must approve the use of the Non-Network Provider and issue any required Authorization before services are rendered. If the Claims Administrator does not approve use of the Non-Network Provider and issue an Authorization prior to services being rendered, Covered Services that are later determined to be Medically Necessary will be paid at the lower Non-Network Level as shown on the Schedule of Benefits.

- b. If the Claims Administrator does approve the use of a Non-Network Provider, that Provider may or may not accept the Plan Participant's Inpatient Hospital Copayment Amount at the time services are rendered. The Plan will pay Benefits up to the Allowable Charge for Covered Services rendered by an approved Non-Network Provider who has obtained any required Authorizations prior to services being rendered. The Claims Administrator will deduct from payment the amount of the Plan Participant's Inpatient Hospital Copayment, whether or not the Copayment is accepted by the Non-Network Provider.

*An Authorization of Medical Necessity is not an approval of the use of a Non-Network Provider. These are two separate functions.*

#### 2. Penalties for Failure to Obtain Authorization – Admissions, Outpatient Services, Other Covered Services and Supplies

If Authorization is not requested prior to Admission or receiving other covered services and supplies requiring an Authorization, the Plan will have the right to determine if the Admission or other covered services and supplies were Medically Necessary. If the services were not Medically Necessary, the Admission or other covered services and supplies will not be covered and the Plan Participant must pay all charges incurred.

If the services were Medically Necessary, Benefits will be provided based on the participating status of the Provider rendering the services, as follows.

##### a. Admissions

- (1) If a Network Provider or a Participating Provider fails to obtain a required Authorization, the Claims Administrator will reduce Allowable Charges by the penalty amount stipulated in the Provider's contract with Us or with another Blue Cross and Blue Shield plan. This penalty applies to all covered Inpatient charges. The Network Provider or Participating Provider is responsible for all charges not covered. The Plan Participant remains responsible for any applicable Copayment or Deductible Amount and Coinsurance percentage shown in the Schedule of Benefits.
- (2) If a Non-Participating Provider fails to obtain a required Authorization, the Claims Administrator will reduce Allowable Charges by the amount shown in the Schedule of Benefits. This penalty

applies to all covered Inpatient charges. The Plan Participant is responsible for all charges not covered and for the penalty amount.

- (3) The Plan Participant remains responsible for his Inpatient Copayment Amount, or any applicable Deductible amount and Coinsurance percentage.
- (4) If the Admission was not Medically Necessary, the Admission will not be covered and the Plan Participant must pay all charges incurred during the Admission.

b. Outpatient Services, Other Covered Services and Supplies

- (1) If a Network Provider fails to obtain a required Authorization, We may reduce the Allowable Charge by the amount shown in the Schedule of Benefits. This penalty applies to all services and supplies requiring an Authorization, other than Inpatient charges. The Network Provider is responsible for all charges not covered.
- (2) If a Non-Network Provider fails to obtain a required Authorization, the Plan will reduce Allowable Charges by the amount shown in the Schedule of Benefits. This penalty applies to all services and supplies requiring an Authorization, other than Inpatient charges. The Plan Participant is responsible for all charges not covered and for the penalty amount.
- (3) The Plan Participant remains responsible for the Deductible amount and his applicable Coinsurance percentage.
- (4) If a service or supply was not Medically Necessary, the service or supply is not covered.

### 3. Authorization of Admissions

a. Authorization of Elective Admissions

The Plan Participant is responsible for ensuring that his Provider notifies the Claims Administrator's Care Management Department of any Elective or non-emergency Inpatient Hospital Admission. The Claims Administrator must be notified (by calling the telephone number shown in the Schedule of Benefits or on the Plan Participant's ID card) prior to the Admission regarding the nature and purpose of any Elective Admission or non-emergency Admission to a Hospital's Inpatient department. The most appropriate setting for the elective service and the appropriate length of stay will be determined by the Claims Administrator when the Hospital Inpatient setting is documented to be Medically Necessary.

- (1) If a request for Authorization is denied by the Claims Administrator for an Admission to any facility, the Admission is not covered and the Plan Participant must pay all charges incurred during the Admission for which Authorization was denied.
- (2) If Authorization is not requested prior to an Admission, the Plan will have the right to determine if the Admission was Medically Necessary. If an Admission was Medically Necessary, Benefits will be provided based on the participating status of the Provider.
- (3) Additional amounts for which the Plan Participant is responsible because Authorization of an Elective or non-emergency Inpatient Hospital Admission was denied or not requested are considered non-covered and will not apply toward satisfying the Out-of-Pocket Amount.

b. Authorization of Emergency Admissions

It is the Plan Participant's responsibility to ensure that his Physician or Hospital, or a representative thereof, notifies the Claims Administrator's Care Management Department of all Emergency Inpatient Hospital Admissions to guarantee coverage. Within forty-eight (48) hours of the Emergency Admission, the Claims Administrator must be notified (by calling the telephone number shown in the Schedule of Benefits or on the Plan Participant's ID card) regarding the nature and purpose of the Emergency Admission. The Claims Administrator may waive or extend this time

limitation if it determines that the Plan Participant is unable to timely notify or direct his representative to notify the Claims Administrator of the Emergency Admission. In the event that the end of the notification period falls on a holiday or weekend the Claims Administrator must be notified on its next working day. The appropriate length of stay for the Emergency Admission will be determined by the Claims Administrator when the Hospital Inpatient setting is documented to be Medically Necessary.

- (1) If Authorization is denied by the Claims Administrator for an Admission to any facility, the Admission will not be covered and the Plan Participant must pay all charges incurred for Hospital services during the Admission for which the Authorization was denied.
- (2) If Authorization is not requested, the Plan will have the right to determine if the Admission was Medically Necessary. If an Admission was Medically Necessary, Benefits will be provided based on the participating status of the Provider.
- (3) Additional amounts for which the Plan Participant is responsible because Authorization of an Emergency Admission was denied or not requested are considered non-covered and will not apply toward the Out-of-Pocket Amount.

c. Concurrent Review

When the Claims Administrator Authorizes a Plan Participant's Inpatient stay, the Claims Administrator will Authorize his stay in the Hospital for a certain number of days. If the Plan Participant has not been discharged on or before the last Authorized day, and the Plan Participant needs additional days to be Authorized, the Plan Participant must make sure his Physician or Hospital contacts the Claims Administrator's Care Management Department to request Concurrent Review for Authorization of additional days. This request for continued hospitalization must be made on or before the Plan Participant's last Authorized day so the Claims Administrator can review and respond to the request that day. If the Claims Administrator Authorized the request, the Claims Administrator will again Authorize a certain number of days, repeating this procedure until the Plan Participant is either discharged or the Plan Participant's continued stay request is denied.

- (1) If the Claims Administrator does not receive a request for Authorization for continued stay on or before the Plan Participant's last Authorized day, no days are approved past the last Authorized day, and no additional Benefits will be paid unless the Claims Administrator receives and Authorizes another request. If at any point in this Concurrent Review procedure a request for Authorization for continued stay is received and the Claims Administrator determines that it is not Medically Necessary for the Plan Participant to receive continued hospitalization or hospitalization at the level of care requested, the Claims Administrator will notify the Plan Participant and his Providers, in writing, that the request is denied and no additional days are Authorized.
- (2) If the Claims Administrator denies a Concurrent Review request or level of care request for Hospital Services, the Claims Administrator will notify the Plan Participant, his Physician and the Hospital of the denial. If the Plan Participant elects to remain in the Hospital as an Inpatient thereafter, or at the same level of care, the Plan Participant will not be responsible for any charges unless he is notified of his financial responsibility by the Physician or Hospital in advance of incurring additional charges.
- (3) Charges for non-authorized days in the Hospital that the Plan Participant must pay will not apply toward satisfying the Out-of-Pocket Amount.

#### **4. Authorization of Outpatient Services, Including Other Covered Services and Supplies**

Certain services, supplies, and Prescription Drugs require the Claims Administrator's Authorization before a Plan Participant receives the services, supplies, or Prescription Drugs. The Authorizations list is shown in the Plan Participant's Schedule of Benefits. The Plan Participant is responsible for making sure his Provider obtains all required Authorizations for him before he receives the services, supplies, or Prescription Drugs. The Claims Administrator may need the Plan Participant's Provider to submit

medical or clinical information about the Plan Participant's condition. To obtain Authorizations, the Plan Participant's Provider should contact the Claims Administrator's Care Management Department at the telephone number shown on the Plan Participant's ID card.

- a. If a request for Authorization is denied by the Claims Administrator, the Outpatient services and supplies are not covered.
- b. If Authorization is not requested prior to receiving Outpatient services and supplies requiring Authorization, the Plan will have the right to determine if the services and supplies were Medically Necessary. If the services and supplies were Medically Necessary, Benefits will be provided based on the participating status of the Provider.
- c. Additional amounts for which the Plan Participant is responsible because Authorization of Outpatient services and supplies was denied or not requested are considered non-covered and will not apply toward satisfying the Out-of-Pocket Amount.

## **5. Appeals**

- a. If either the Plan Participant or the Provider disagrees with the denial of any Authorization, the denial may be appealed as shown in the Complaints, Grievance and Appeals Procedures Article of this Benefit Plan. The Plan Participant or the Provider may Appeal the denial by contacting the Claims Administrator in writing within one hundred eighty (180) days of notice of the denial in accordance with the Complaints, Grievance and Appeals Procedures Article of this Benefit Plan.
- b. If the Claims Administrator does not reverse the decision, the Plan Participant will be responsible for (and no Benefits will be payable for) charges incurred.
- c. Providers will be notified of appeal results only if the Provider filed the appeal.

## **B. Disease Management**

### **1. Qualification**

The Plan Participant may qualify for Disease Management programs, at the Plan's discretion, based on various criteria, including a diagnosis of chronic illness, severity, and proposed or rendered treatment. The program seeks to identify candidates as early as possible. Self-management techniques are reinforced and a personal nurse is assigned. The Plan Participant, Physicians and caregivers may be included in all phases of the disease management program. The disease management nurse may also refer Plan Participants to community resources for further support and management.

### **2. Disease Management Benefits**

Blue Cross Blue Shield of Louisiana's Disease Management programs are committed to improving the quality of care for Plan Participants as well as decreasing health care costs in populations with a chronic disease. The nurse works with Plan Participants to help them learn the self-care techniques they will need in order to manage their chronic disease, establish realistic goals for life style modification, and improve adherence to their Physician prescribed treatment plan. Blue Cross and Blue Shield of Louisiana is dedicated to supporting the Physician's efforts in improving the health status and well-being of the Plan Participant.

## **C. Case Management**

1. The Plan Participant may qualify for Case Management services based on various criteria, including diagnosis, severity, length of illness, and proposed or rendered treatment. The program seeks to identify candidates as early as possible and to work with patients, their Physicians and families, and other community resources to assess treatment alternatives and available Benefits.
2. The role of Case Management is to service the Plan Participant by assessing, facilitating, planning and advocating for health needs on an individual basis. The client population who benefits from Case

Management is broad and consists of several groups, including those in an acute phase of illness or those with a chronic condition.

3. The Claims Administrator's determination that a particular Plan Participant's medical condition renders the Plan Participant a suitable candidate for Case Management services will not obligate the Claims Administrator to make the same or similar determination for any other Plan Participant. The provision of Case Management services to one Plan Participant will not entitle any other Plan Participant to Case Management services or be construed as a waiver of the Claims Administrator's right, to administer and enforce this Benefit Plan in accordance with its express terms.
4. Unless expressly agreed upon by the Claims Administrator, all terms and conditions of this Plan, including, but not limited to, maximum Benefit limitations and all other limitations and exclusions, will be and shall remain in full force and effect if a Plan Participant is receiving Case Management services.
5. The Plan Participant's Case Management services will be terminated upon any of the following occurrences:
  - a. The Claims Administrator determines that the Plan Participant is no longer a suitable candidate for the Case Management services or that the Case Management services are no longer necessary.
  - b. The short and long-term goals established in the Case Management plan have been achieved, or the Plan Participant elects not to participate in the Case Management plan.

#### **D. Alternative Benefits**

1. The Plan Participant may qualify for Alternative Benefits, at the Claims Administrator's discretion, based on various criteria, including diagnosis, severity, length of illness, and proposed or rendered treatment. The program seeks to identify candidates as early as possible and to work with patients, their Physicians and families, and other community resources to assess treatment alternatives and available Benefits when it is determined to be beneficial to the Plan Participant and to the Group.
2. The Claims Administrator's determination that a particular Plan Participant's medical condition renders the Plan Participant a suitable candidate for Alternative Benefits will not obligate the Claims Administrator to make the same or similar determination for any other Plan Participant; nor will the provision of Alternative Benefits to a Plan Participant entitle any other Plan Participant to Alternative Benefits or be construed as a waiver of the Claims Administrator's right, to administer and enforce this Benefit Plan in accordance with its express terms.
3. Unless expressly agreed upon by the Claims Administrator, all terms and conditions of this Benefit Plan, including, but not limited to, maximum Benefit limitations and all other limitations and exclusions, will be and shall remain in full force and effect if a Plan Participant is receiving Alternative Benefits.
4. Alternative Benefits provided under this Article are provided in lieu of the Benefits to which the Plan Participant is entitled under this Benefit Plan and accrue to the maximum Benefit limitations under this Plan.
5. The Plan Participant's Alternative Benefits will be terminated upon any of the following occurrences:
  - a. The Claims Administrator determines, in their sole discretion, that the Plan Participant is no longer a suitable candidate for the Alternative Benefits or that the Alternative Benefits are no longer necessary.
  - b. The Plan Participant receives care, treatment, services, or supplies for the medical condition that are excluded under this Benefit Plan, and that are not specified as Alternative Benefits approved by the Claims Administrator.

## ARTICLE XVI.

## LIMITATIONS AND EXCLUSIONS

- A. Services, supplies and treatment for services that are not covered under this Plan and complications from services, supplies and treatment for services that are not covered under this Plan are excluded.
- B. Any of the limitations and exclusions listed in this Benefit Plan may be deleted or revised as shown in the Schedule of Benefits. Unless otherwise shown as covered in the Schedule of Benefits, the following are not covered, **REGARDLESS OF CLAIM OF MEDICAL NECESSITY:**
1. Services, treatments, procedures, equipment, drugs, devices, items or supplies that are not Medically Necessary. The fact that a Physician or other Provider prescribes, orders, recommends or approves a service or supply, or that a court orders a service or supply to be rendered, does not make it Medically Necessary.
  2. Any charges exceeding the Allowable Charge.
  3. Incremental nursing charges which are in addition to the Hospital's standard charge for Bed, Board and General Nursing Service; charges for luxury accommodations or any accommodations in any Hospital or Allied Health Facility provided primarily for the patient's convenience; or Bed, Board and General Nursing Service in any other room at the same time Benefits are provided for use of a Special Care Unit.
  4. Services, Surgery, supplies, treatment, or expenses:
    - a. other than those specifically listed as covered by this Plan or for which a Plan Participant has no obligation or a lesser charge to pay, or for which no charge would be made if a Plan Participant had no health coverage. Benefits are available when Covered Services are rendered at medical facilities owned and operated by the state of Louisiana or any of its political subdivisions;
    - b. rendered or furnished before the Plan Participant's Effective Date. Charges for Hospital services or supplies rendered or furnished during an Admission in progress on a Plan Participant's Effective Date are not covered until 12:01 AM of the Plan Participant's Effective Date unless otherwise required by law. An Admission in progress on the date the Plan Participant's coverage under this Benefit Plan ends will be covered until the date that coverage ends. The Plan Participant will not receive Benefits for any charges incurred after the date coverage ends;
    - c. which are performed by or upon the direction of a Provider, Physician or Allied Health Professional acting outside the scope of his license.
    - d. paid or payable under Medicare Parts A or B when a Plan Participant has Medicare, except when Medicare Secondary Payer provisions apply;
    - e. which are Investigational in nature, except as specifically provided in this Benefit Plan. Investigational determinations are made in accordance with the Claims Administrator's policies and procedures for such determinations;
    - f. rendered as a result of occupational disease or injury compensable under any Workers' Compensation Law subject to the provisions of La. R.S. 23:1205(C);
    - g. received from a dental or medical department maintained by or on behalf of an employer, a mutual benefit association, labor union, trust, or similar person or group; or
    - h. rendered by a Provider who is the Plan Participant's spouse, child, stepchild, parent, stepparent or grandparent.
  5. Services in the following categories:
    - a. those for diseases contracted or injuries sustained as a result of war, declared or undeclared, or any act of war;



- b. those for injuries or illnesses found by the Secretary of Veterans' Affairs to have been incurred in or aggravated during the performance of service in the uniformed services;
  - c. those occurring as a result of taking part in a riot or acts of civil disobedience;
  - d. for treatment of any Plan Participant confined in a prison, jail, or other penal institution; or
  - e. those occurring as a result of a Plan Participant's commission or attempted commission of a felony. This exclusion does not apply to the extent inconsistent with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended. Benefits are available to the Plan Participant for illness or bodily injury due to an act of domestic violence or a medical condition (including both physical and mental health conditions); or in case of emergency care, the initial medical screening examination, treatment and stabilization of an Emergency Medical Condition.
6. Services, surgery, supplies, treatment, or expenses in connection with or related to, or complications from the following **REGARDLESS OF CLAIM OF MEDICAL NECESSITY**:
- a. rhinoplasty;
  - b. blepharoplasty services identified by CPT codes 15820, 15821, 15822, 15823; brow ptosis identified by CPT code 67900; or any revised or equivalent codes;
  - c. gynecomastia;
  - d. breast enlargement, except for breast reconstructive services as specifically provided in this Benefit Plan, or breast reduction, unless determined to be Medically Necessary and as specifically provided in this Benefit Plan;
  - e. implantation, removal and/or re-implantation of breast implants and services, illnesses, conditions, complications and/or treatment in relation to or as a result of breast implants, except for breast reconstructive services as specifically provided in this Benefit Plan;
  - f. implantation, removal and/or re-implantation of penile prosthesis and services, illnesses, conditions, complications and/or treatment in relation to or as a result of penile prosthesis;
  - g. diastasis recti;
  - h. biofeedback;
  - i. lifestyle/habit changing clinics and/or programs, except those offered, endorsed, approved, or promoted by the Plan Administrator, which may be part of your health care coverage under this Benefit Plan, or which may be a value-added program subject to minimal additional cost to You, should You voluntarily choose to participate in the program;
  - j. treatment related to sex transformations, sexual function, sexual dysfunctions or inadequacies.
  - k. industrial testing or self-help programs including stress management programs, work hardening programs and/or functional capacity evaluation; driving evaluations, etc; and/or
  - l. recreational therapy.
  - m. primarily to enhance athletic abilities and/or
  - n. Inpatient pain rehabilitation and pain control programs
7. Services, Surgery, supplies, treatment, or expenses related to:
- a. routine eye exams, eyeglasses or contact lenses or exams (except for the initial pair and fitting of eyeglasses or contact lenses required following cataract Surgery);

- b. eye exercises, visual training, or orthoptics;
  - c. hearing aids or for examinations for the prescribing or fitting of hearing aids;
  - d. hair pieces, wigs, hair growth, and/or hair implants;
  - e. the correction of refractive errors of the eye, including, but not limited to, radial keratotomy and laser surgery; or
  - f. visual therapy.
8. Services, Surgery, supplies, treatment or expenses related to:
- a. any costs of donating an organ or tissue for transplant when a Plan Participant is a donor except as provided in this Benefit Plan;
  - b. transplant procedures for any human organ or tissue transplant not specifically listed as covered. Related services or supplies include administration of high-dose chemotherapy to support transplant procedures;
  - c. the transplant of any non-human organ or tissue; or
  - d. bone marrow transplants and stem cell rescue (autologous and allogeneic) are not covered, except as provided in this Benefit Plan.
9. Regardless of Medical Necessity, Benefits are not available for any of the following, except as specifically provided for in this Benefit Plan.
- a. weight reduction programs;
  - b. removal of excess fat or skin, or services at a health spa or similar facility; or
  - c. Services, Surgery, supplies or treatment for obesity or morbid obesity, regardless of Medical Necessity, except as stated below: Benefits will be provided for Surgery and services related to the Surgery for morbid obesity which is defined as a body mass index (BMI) greater than forty (40) or a BMI greater than thirty-five (35) with co-morbidities of clinically significant coronary artery disease, adult onset diabetes mellitus, hypertension (uncontrolled blood pressure greater than one hundred-fifty (150) systolic or ninety (90) diastolic) or major joint disease, which is attributable to the obesity. Services are available when performed in a Network Facility only.
10. Food or food supplements, formulas and medical foods, including those used for gastric tube feedings. This exclusion does not apply to Low Protein Food Products as described in this Benefit Plan, if applicable.
11. Services or supplies for the treatment of eating disorders, unless otherwise required by law.
12. Prescription Drugs other than those administered during an Inpatient or Outpatient stay or those requiring parental administration in a Physician's office. The following Prescription Drugs are also excluded:
- a. Any medication not proven effective in general medical practice.
  - b. Investigational drugs and drugs used other than for the FDA approved indication, except drugs prescribed for the treatment of cancer that are not FDA approved for a particular indication but that are recognized for treatment of the covered indication in a standard reference compendia or as shown in the results of controlled clinical studies published in at least two peer reviewed national professional medical journals and all Medically Necessary services associated with the administration of the drug.

- c. Fertility drugs.
- d. Minerals and vitamins, except for vitamins requiring a prescription for dispensation and administered during a Hospital stay or in a Physician's office.
- e. Nutritional or dietary supplements, or herbal supplements and treatments.
- f. contraceptive devices that do not result in permanent sterilization except as shown on the Schedule of Benefits.
- g. Contraceptive drugs except as shown on the Schedule of Benefits.
- h. Prescription Drugs related to a non-covered Service.
- j. Medication, drugs or substances that are illegal to dispense, possess, consume or use under the laws of the United States or any state, or that are dispensed or used in an illegal manner.

See the Schedule of Benefits for additional information regarding Prescription Drug coverage, limitations and/or exclusions.

- 13. Prescription Drugs approved for self-administration (e.g., oral or self-injectable drugs) are excluded when obtained from a Physician or other Provider.

Covered drugs that typically require administration by a healthcare professional are covered under the medical benefit when obtained from a healthcare professional.

- 14. Sales tax or interest.
- 15. Personal comfort, personal hygiene and convenience items including, but not limited to, air conditioners, humidifiers, personal fitness equipment, or alterations to a Plan Participant's home or vehicle.
- 16. Charges for the delivery of health care, diagnosis, consultation, or treatment of a Plan Participant unless the Provider is physically present with the Plan Participant at the time services are rendered are not covered unless approved by the Claims Administrator. Covered Services delivered using technology, including but not limited to audio and video transmission, telephone, or email may be subject to Authorization as shown in the Schedule of Benefits.
- 17. Charges for failure to keep a scheduled visit, completion of a Claim form, to obtain medical records or information required to adjudicate a Claim, or for access to or enrollment in or with any Provider.
- 18. Routine foot care; palliative or cosmetic care or treatment; treatment of flat feet. Except for persons who have been diagnosed with diabetes: cutting or removal of corns and calluses, nail trimming or debriding, or supportive devices of the foot.
- 19. Any abortion other than to save the life of the mother.
- 20. Services or supplies related to the diagnosis and treatment of Infertility including, but not limited to, in vitro fertilization, uterine embryo lavage, embryo transfer, artificial insemination, gamete intrafallopian tube transfer, zygote intrafallopian tube transfer, low tubal ovum transfer, and drug or hormonal therapy administered as part of the treatment. Even if fertile, these procedures are not available for Benefits.
- 21. Services, supplies or treatment related to artificial means of Pregnancy including, but not limited to, in vitro fertilization, uterine embryo lavage, embryo transfer, artificial insemination, gamete intrafallopian tube transfer, zygote intrafallopian tube transfer, low tubal ovum transfer, and drug or hormonal therapy administered as part of the treatment.
- 22. Hospital, surgical or medical services rendered in connection with the pregnancy of a covered Dependent child.

23. Acupuncture, anesthesia by hypnosis, or charges for anesthesia for non-covered Services.
24. Cosmetic Surgery, procedures, services, supplies or treatment for cosmetic purposes, unless required for Congenital Anomaly. Complications resulting from any of these or any other non-covered items are excluded.
25. Dental Care and Treatment and dental appliances except as specifically provided in this Benefit Plan under Oral Surgery Benefits.
26. Diagnosis, treatment, or surgery of dentofacial anomalies including, but not limited to:
  - a. Malocclusion;
  - b. Temporomandibular/Craniomandibular Joint Disorder;
  - c. hyperplasia or hypoplasia of the mandible and/or maxilla; and
  - d. any orthognathic condition.
27. Medical exams and/or diagnostic tests for routine or periodic physical examinations, screening examinations and immunizations, including occupational, recreational, camp or school required examinations, except as specifically provided in this Benefit Plan.
28. Travel, whether or not recommended by a Physician, and/or Ambulance Services, except as specifically provided in this Benefit Plan.
29. Educational services and supplies, training or re-training for a vocation, or the diagnosis, testing, or treatment for remedial reading, dyslexia and other learning disabilities. This exclusion for educational services and supplies does not apply to training and education for diabetes.
30. Admission to a Hospital primarily for Diagnostic Services, which could have been provided safely and adequately in some other setting, e.g., Outpatient department of a Hospital or Physician's office.
31. Custodial Care, nursing home or custodial home care, regardless of the level of care required or provided.
32. Services or supplies for Preventive or Wellness Care and/or Well Baby Care, except as specifically provided in this Benefit Plan.
33. Hospital charges for a well newborn.
34. Counseling services such as career counseling, marriage counseling, divorce counseling, parental counseling and job counseling.
35. Any incidental procedure, unbundled procedure, or mutually exclusive procedure, except as described in this Benefit Plan.
36. Medical and surgical treatment for snoring in the absence of obstructive sleep apnea, including laser-assisted uvulopalatoplasty (LAUP).
37. Paternity tests and tests performed for legal purposes.
38. Genetic testing, unless the results are specifically required for a medical treatment decision on the Plan Participant or required by law.
39. Reversal of a voluntary sterilization procedure.
40. Any Durable Medical Equipment, disposable medical equipment, items and supplies over reasonable quantity limits as determined by the Claims Administrator Portable defibrillators are not covered.

Implantable defibrillators and wearable defibrillators are covered when Authorized by the Claims Administration.

41. Services or supplies for pre-implantation genetic diagnosis and pre-genetic determination.
42. Services or supplies for the prophylactic storage of cord blood.
43. Any services, supplies or treatment for complications resulting from non-covered services, except from a non-covered abortion.
44. Speech Therapy, except when performed by a speech therapist and ordered by a Physician for:
  - a. Surgery for correction of a congenital condition of the oral cavity, throat or nasal complex (other than a frenectomy); or
  - b. an injury; or
  - c. a sickness that is other than a learning or Mental Disorder.
44. Sleep studies, unless performed in the home or performed in a sleep laboratory that is accredited by the Joint Commission or the American Academy of Sleep Medicine (AASM). If a sleep study is performed in a sleep laboratory that is not accredited by one of these bodies, or a sleep study is denied, then neither the sleep study nor any professional Claims associated with the sleep study are eligible for coverage.
45. Applied Behavior Analysis (ABA) that the Company has determined is not Medically Necessary. ABA rendered to Plan Participants age seventeen (17) and older. ABA rendered by a Provider that has not been certified as an assistant behavior analyst or licensed as a behavior analyst by the Louisiana Behavior Analyst. Applied Behavior Analysis is not covered for conditions other than Autism Spectrum Disorders.

## **ARTICLE XVII. CONTINUATION OF COVERAGE RIGHTS**

### **A. Leave of Absence**

1. Leave of Absence without Pay, Employer Contributions to Premiums
  - a. An Employee who is granted leave of absence without pay due to a service related injury may continue coverage and the Employer shall continue to pay its portion of health plan premiums for up to twelve (12) months.
  - b. An Employee who suffers a service related injury that meets the definition of a total and permanent disability under the worker's compensation laws of Louisiana may continue coverage and the Employer shall continue to pay its portion of the premium until the Employee becomes gainfully employed or is placed on state disability retirement.
  - c. An Employee who is granted leave of absence without pay in accordance with the federal Family and Medical Leave Act (FMLA) may continue coverage during the time of such leave and the Employer may continue to pay its portion of premiums.

2. Leave of Absence Without Pay – No Employer Contributions to Premiums

An Employee granted leave of absence without pay for reasons other than those stated in above in paragraph a, may continue to participate in this Benefit Plan for a period up to twelve (12) months upon the Employee's payment of the full premiums due.

## B. Surviving Spouse/Dependents Continuation

1. Benefits under the Plan for covered Dependents of a deceased covered Employee or Retiree will terminate on the last day of the month in which the Employee's or Retiree's death occurred unless the surviving covered Dependents elect to continue coverage.
  - a. The surviving legal spouse of an Employee or Retiree may continue coverage unless or until the surviving spouse is or becomes eligible for coverage under a group health plan other than Medicare or until attainment of the termination age for children, whichever occurs first.
  - b. The surviving Dependent child of an Employee or Retiree may continue coverage unless or until such Dependent child is or becomes eligible for coverage under a group health plan other than Medicare, or until attainment of the termination age for children, whichever occurs first.
  - c. Surviving Dependents will be entitled to receive the same Group premium contributions as Employees and Retirees, subject to the provisions of La. R.S. 42:851 and rules promulgated pursuant thereto by the Office of Group Benefits.
  - d. Coverage provided by the Civilian Health and Medical Program of the Uniform Services (CHAMPUS/TRICARE) or successor will not be sufficient to terminate the coverage of an otherwise eligible surviving legal spouse or a Dependent child.
  - e. A surviving spouse or Dependent child cannot add new Dependents to continued coverage other than a child of the deceased Employee born after the Employee's death.
2. Employer and Dependent Responsibilities
  - a. It is the responsibility of the surviving covered Dependent to notify the Plan Administrator within sixty (60) days of the death of the Employee or Retiree.
  - b. The Plan Administrator will notify the surviving Dependents of their right to continue coverage.
  - c. Application for continued coverage must be made in writing to the Plan Administrator within sixty (60) days of receipt of notification, and premium payment must be made within forty-five (45) days of the date continued coverage is elected for coverage retroactive to the date coverage would have otherwise terminated.
3. Coverage for the surviving spouse under this section will continue until the earliest of the following events:
  - a. Failure to pay the applicable premium timely.
  - b. Eligibility of the surviving spouse under a group health plan other than Medicare.
4. Coverage for a surviving Dependent child under this section will continue until the earliest of the following events:
  - a. Failure to pay the applicable premium timely.
  - b. Eligibility of the surviving Dependent child for coverage under any group health plan other than Medicare.
  - c. The attainment of the termination age for children.
  - d. The provisions of section B above are applicable to surviving Dependents who, on or after July 1, 1999, elect to continue coverage following the death of an Employee or Retiree. Continued coverage for surviving Dependents that made such election before July 1, 1999, shall be governed by the rules in effect at the time.

### **C. Over-Age Dependents**

If a Dependent child is incapable (and became incapable prior to attainment of age twenty-six (26)) of self-sustaining employment, the coverage for the Dependent child may be continued for the duration of incapacity.

- a. Prior to the Dependent child reaching age twenty-six (26), an application for continued coverage, with current medical information from the Dependent child's attending Physician, must be submitted to the Plan Administrator to establish eligibility for continued coverage as set forth above.
- b. Upon receipt of the application for continued coverage, the Plan Administrator may require additional medical documentation regarding the Dependent child's incapacity as often as it may deem necessary.

### **D. Military Leave**

Plan Participants of the National Guard or of the United States military reserves who are called to active military duty and their covered Dependents will have access to continued coverage under this Benefit Plan.

When called to active military duty, Plan Participants and their covered Dependents may:

- a. continue participation in the Plan during the period of active military service, in which case the Employer may continue to pay its portion of premiums; or
- b. cancel participation in the Plan during the period of active military service, in which case such Plan Participant may apply for reinstatement of coverage within thirty (30) days of:
  - (1) the date of the Employee's re-employment with the Employer;
  - (2) the Dependent's date of discharge from active military duty; or
  - (3) the date of termination of extended health coverage provided as a benefit of active military duty, such as TRICARE Reserve Select. For Plan Participants who elect this option and timely apply for reinstatement coverage, the lapse in coverage during active military duty or extended military coverage will not result in any adverse consequences with respect to the participation schedule set forth in La. R.S. 42:851E and the corresponding rules promulgated by the Office of Group Benefits.

### **E. COBRA Continuation**

During the period of continuation of coverage under the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA), Benefits will be identical to those provided to others enrolled in this Plan under its standard eligibility provisions for Employees, Retirees and their Dependents.

#### **1. Employees**

- a. Coverage under this Plan for a covered Employee will terminate on the last day of the calendar month during which employment is terminated (voluntarily or involuntarily) or significantly reduced, the Employee no longer meets the definition of an Employee, or coverage under a Leave of Absence expires unless the covered Employee elects to continue coverage at the Employee's own expense. Employees terminated for gross misconduct are not eligible for COBRA coverage.
- b. Application for continued coverage must be made in writing to the Plan Administrator within sixty (60) days of the date of the election notification, and premium payment must be made within forty-five (45) days of the date the Employee elects continued coverage. Coverage will be retroactive to the date it would have otherwise terminated.
- c. If employment for a covered Employee is terminated (voluntarily or involuntarily) or significantly reduced, the Employee no longer meets the definition of an Employee, or Leave of Absence has expired, and the Employee has not elected to continue coverage, the covered spouse and/or

covered Dependent children may elect to continue coverage at his own expense. The elected coverage will be subject to the above stated notification provisions.

## 2. Surviving Dependents

- a. Coverage under this Plan for covered surviving Dependents of an Employee or Retiree will terminate on the last day of the month in which the Employee's or Retiree's death occurs, unless the surviving covered Dependents elect to continue coverage at their own expense.
- b. It is the responsibility of the surviving covered Dependent to notify the Plan Administrator within thirty (30) days of the death of the Employee or Retiree. The Plan Administrator will notify the surviving Dependents of their right to continue coverage. Application for continued coverage must be made in writing to the Plan Administrator within sixty (60) days of the date of the election notification.
- c. Premium payment must be made within forty-five (45) days of the date the continued coverage was elected, retroactive to the date coverage would have terminated. After the first payment for COBRA coverage, monthly payments for each subsequent month of COBRA coverage are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.

## 3. Divorced Spouse

- a. Coverage under this Plan for an Employee's or Retiree's spouse will terminate on the last day of the month during which dissolution of the marriage occurs by virtue of a legal decree of divorce from the Employee or Retiree, unless the covered divorced spouse elects to continue coverage at his own expense.
- b. It is the responsibility of the divorced spouse to notify the Plan Administrator of the divorce within sixty (60) days from the date of the divorce. The Plan Administrator will notify the divorced spouse within fourteen (14) days of his right to continue coverage. Application for continued coverage must be made in writing to the Plan Administrator within sixty (60) days of the election notification.
- c. Premium payment must be made within forty-five (45) days of the date continued coverage is elected, for coverage retroactive to the date coverage would have otherwise terminated. After the first payment for COBRA coverage, monthly payments for each subsequent month of COBRA are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.

## 4. Dependent Children

- a. Coverage under this Plan for a covered Dependent child will terminate on the last day of the month during which the Dependent child no longer meets the definition of an eligible covered Dependent, unless the Dependent child elects to continue coverage at his own expense.
- b. It is the responsibility of the Dependent child to notify the Plan Administrator of his election to continue coverage within sixty (60) days of the date coverage would have terminated. The Plan Administrator will notify the Dependent child within fourteen (14) days of his right to continue coverage. Application for continued coverage must be made in writing to the Plan Administrator within sixty (60) days of receipt of the election notification.
- c. Premium payment must be made within forty-five (45) days of the date the continued coverage is elected, for coverage retroactive to the date coverage would have otherwise terminated. After the first payment for COBRA coverage, monthly payments for each subsequent month of COBRA coverage are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.



## 5. Dependents of COBRA Participants

- a. If a covered terminated Employee has elected to continue coverage and if during the period of continued coverage the covered spouse or a covered Dependent child becomes ineligible for coverage due to:
  - (1) Death of the Employee,
  - (2) Divorce from the Employee, or
  - (3) A Dependent child no longer meets the definition of an eligible covered Dependent,then, the spouse and/or Dependent child may elect to continue COBRA coverage at his own expense. Coverage will not be continued beyond thirty-six (36) months from the date coverage would have otherwise terminated.
- b. It is the responsibility of the spouse and/or the Dependent child to notify the Plan Administrator within sixty (60) days of the date COBRA coverage would have terminated.
- c. Monthly payments for each month of COBRA coverage are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.

## 6. Disability COBRA

- a. If a Plan Participant is determined by the Social Security Administration or by the Plan Administrator staff (in the case of a person who is ineligible for Social Security Disability benefits due to insufficient quarters of employment) to have been totally disabled on the date the Plan Participant became eligible for continued coverage or within the initial eighteen (18) months of continued coverage, coverage under this Plan may be extended at his own expense up to a maximum of twenty-nine (29) months from the date coverage would have otherwise terminated.
- b. To qualify for disability COBRA, the Plan Participant must:
  - (1) Submit a copy of his Social Security Administration's disability determination to the Plan Administrator before the initial eighteen (18) month continued coverage period expires and within sixty (60) days after the latest of:
    - (a) The date of issuance of the Social Security Administration's disability determination; or
    - (b) The date on which the qualified beneficiary loses (or would lose) coverage under terms of the Plan as a result of the covered Employee's termination or reduction of hours.
  - (2) In the case of a person who is ineligible for Social Security disability benefits due to insufficient quarters of employment, submit proof of total disability to the Plan Administrator before the initial eighteen (18) month continued coverage period expires. The staff and medical director of the Plan Administrator will make the determination of total disability based upon medical evidence, not conclusions, presented by the applicant's physicians, work history and other relevant evidence presented by the applicant.
- c. For purposes of eligibility for extended continued coverage under this section, total disability means the inability to do any substantial gainful activity by reason of any medically determinable physical or mental impairment which can be expected to last for a continuous period of twelve (12) months. To meet this definition one must have a severe impairment which makes one unable to do his previous work or any other substantial gainful activity which exists in the national economy, based upon a person's residual functional capacity, age, education, and work experience.

- d. Monthly payments for each month of extended disability COBRA coverage are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.

7. Medicare COBRA

- a. If an Employee becomes entitled to Medicare less than eighteen (18) months before the date the Employee's eligibility for Benefits under this Plan terminates, coverage under this Plan may be extended at his own expense up to a maximum of thirty-six (36) months.
- b. Monthly payments for each month of COBRA coverage are due on the first day of the month for that month's COBRA coverage. A grace period of thirty (30) days after the first day of the month will be provided for each monthly payment.

8. COBRA continuation coverage will continue until the earliest of the following:

a. Employees

- (1) Failure to pay the applicable premium timely;
- (2) Eighteen (18) months beyond the date coverage would have otherwise terminated;
- (3) Entitlement to Medicare;
- (4) Coverage under a group health plan; or
- (5) The Employer ceases to provide any group health plan for its Employees or Retirees.

b. Surviving Dependents, Divorced Spouse, Dependent Children and Dependents of COBRA Participants

- (1) Failure to pay the applicable premium timely;
- (2) Thirty-six (36) months beyond the date coverage would have otherwise terminated;
- (3) Entitlement to Medicare;
- (4) Coverage under a group health plan; or
- (5) The Employer ceases to provide any group health plan for its Employees or Retirees.

c. Disability COBRA

- (1) Failure to pay the applicable premium timely;
- (2) Twenty-nine (29) months from the date coverage would have otherwise terminated;
- (3) Entitlement to Medicare;
- (4) Coverage under a group health plan; or
- (5) The Employer ceases to provide any group health plan for its Employees or Retirees.
- (6) Thirty (30) days after the month in which the Social Security Administration determines that the Covered Person is no longer disabled. (The Covered Person must report the determination to the Plan Administrator within thirty (30) days after the date of issuance by the Social Security Administration.) In the case of a person who is ineligible for Social Security disability benefits due to insufficient quarters of an employment, thirty (30) days after the month in which the Plan Administrator determines that the Covered Person is no longer disabled.

d. Medicare COBRA

- (1) Failure to pay the applicable premium timely;
- (2) Thirty-six (36) months from the date of the Employee's Medicare entitlement;
- (3) Entitlement to Medicare;
- (4) Coverage under a group health plan; or
- (5) The Employer ceases to provide any group health plan for its Employees or Retirees.

**F. Medical Child Support Orders**

A Dependent child shall be enrolled for coverage under the Plan in accordance with the direction of a Qualified Medical Child Support Order (QMCSO) or a National Medical Support Notice (NMSN).

A QMCSO is a state court order or judgment, including approval of a settlement agreement that:

1. Provides for support of a covered Plan Participant's Dependent child;
2. Provides for health care coverage for that Dependent child;
3. Is made under state domestic relations law (including a community property law);
4. Relates to Benefits under the Plan; and
5. Is "qualified" in that it meets the technical requirements of applicable state law.

QMCSO also means a state court order or judgment that enforces a state Medicaid law regarding medical child support required by Social Security Act §1908 (as added by Omnibus Budget Reconciliation Act of 1993).

An NMSN is a notice issued by an appropriate agency of a state or local government that is similar to a QMCSO that requires coverage under the Plan for the Dependent child of a non-custodial parent who is (or will become) a Plan Participant by a domestic relations order that provides for health care coverage.

Procedures for determining the qualified status of medical child support orders are available at no cost upon request from the Plan Administrator.

**ARTICLE XVIII.**

**TERMINATION OF COVERAGE**

**1. ACTIVE EMPLOYEE AND RETIRED EMPLOYEE COVERAGE**

Subject to continuation of coverage and COBRA rules, all benefits of a Covered Person will terminate under this Plan on the earliest of the following dates:

- a. The date the Program terminates;
- b. The date the group or agency employing the covered Employee terminates or withdraws from the Program;
- c. The date contribution is due if the group or agency fails to pay the required contribution for the Covered Employee;
- d. The date contribution is due if the Covered Person fails to make any contribution which is required for the continuation of coverage;

- e. The last day of the month of the covered Employee's death;
- f. The last day of the month in which the covered Employee ceases to be eligible

2. DEPENDENT COVERAGE ONLY

Subject to continuation of coverage and COBRA rules, Dependent coverage will terminate under this Plan on the earliest of the following dates:

- a. The last day of the month the Employee ceases to be covered;
  - b. The last day of the month in which the Dependent, as defined in this Plan, ceases to be an eligible Dependent of the covered Employee;
  - c. For grandchildren for whom the Employee does not have legal custody or has not adopted, the date the child's parent ceases to be a covered Dependent under this Plan or the grandchild no longer meets the definition of Children
  - d. Upon discontinuance of all Dependent coverage under this Plan.
3. Benefits for Hospital Health Care expenses incurred for Admissions beginning before the date of termination will cease at the end of the Admission or the Benefit Period, whichever occurs first. All other benefits will end on the date of termination.

**ARTICLE XIX. COORDINATION OF BENEFITS**

**A. Applicability**

- 1. This Coordination of Benefits (COB) section applies to this Plan when a Plan Participant has health care coverage under more than one plan. "Plan" and "This Plan" are defined below.
- 2. If this COB section applies, the Order of Benefit Determination Rules should be looked at first. Those rules determine whether the Benefits of This Plan are determined before or after those of another plan. The Benefits of This Plan:
  - a. will not be reduced when, under the Order of Benefit Determination Rules, This Plan determines its Benefits before another plan.
  - b. may be reduced when under the Order of Benefit Determination Rules, another plan determines its Benefits first. That reduction is described in Section D. of this COB section, "Effect on the Benefits of This Plan."
- 3. When Benefits are available for Prescription Drugs, the Claims Administrator does not coordinate benefits for prescription drug claims, except for claims that are subject to Medicare Part D and Medicare Secondary Payor requirements.

**B. Definitions (Applicable only to this Article of this Benefit Plan)**

- 1. "Plan" means any Group, group-type, or blanket health plan which provides Benefits for services, supplies, or equipment for Hospital, surgical, medical, or dental care or treatment, including, but not limited to, coverage under:
  - a. insurance policies, non-profit health service plans, health maintenance organizations, subscriber contracts, self-insured plans, pre-payment plans, automobile or homeowners medical payments plans, and Hospital indemnity plans with respect to Benefits under these plans in excess of three hundred dollars (\$300.00) per day;

- b. government programs, including compulsory no-fault automobile insurance, unless an applicable law forbids coordinating Benefits with this type of program;
- c. labor-management trustee plans, union welfare plans, employer organization plans, Employee benefit organization plans, and professional association plans;
- d. any other Employee welfare benefit plan as defined in the Employee Retirement Income Security Act of 1974, as amended;
- e. Medicare as permitted by federal law;
- f. group-type plans or policies which can be obtained only because of employment with or Plan membership in a particular organization, corporation, or other business entity.

This does not include school accident insurance, individual or family Group contracts (as defined by Louisiana law), Medicaid, Hospital daily indemnity plans, specified diseases only policies, or limited occurrence policies which provide only for intensive care or coronary care in the Hospital.

Each plan or other arrangement for coverage is a separate plan. If an arrangement has two (2) parts and COB rules apply only to one (1) of the two (2), each of the parts is a separate plan.

- 2. "This Plan" means the part of the Group's Benefit Plan and any amendments/endorsements thereto that provides Benefits for health care expenses.
- 3. "Primary Plan" / "Secondary Plan." The Order of Benefit Determination Rules state whether This Plan is a Primary Plan or Secondary Plan as to another plan covering the person.

When This Plan is a Primary Plan, its Benefits are determined before those of the other plan and without considering the other plan's Benefits. When This Plan is a Secondary Plan, its Benefits are determined after those of the other plan and may be reduced because of the other plan's Benefits.

When there are more than two (2) plans covering the person, This Plan may be a Primary Plan as to one (1) or more other plans, and may be a Secondary Plan as to a different plan or plans.

- 4. "Allowable Expense" means a necessary, reasonable, and customary item of expense for health care, when the item of expense is covered at least in part by one (1) or more plans covering the person for whom the Claim is made.

When a plan provides Benefits in the form of services, the reasonable cash value of each service rendered will be considered both an Allowable Expense and a benefit paid.

When Benefits are reduced under a Primary Plan because a covered person does not comply with the Primary Plan's provisions, the amount of such reduction will not be considered an Allowable Expense. Examples of such provisions are those related to second surgical opinions, Authorization of Admissions or services, and Preferred Provider arrangements.

- 5. "Claim Determination Period" means that part of the calendar year during which a person covered by This Plan is eligible to receive Benefits under the provisions of This Plan.

### **C. Order of Benefit Determination Rules**

- 1. When there is a basis for a Claim under This Plan and another plan, This Plan is a Secondary Plan which has its Benefits determined after those of the other plan, unless:
  - a. the other plan has rules coordinating its Benefits with those of This Plan; and,
  - b. both those rules and This Plan's rules, in paragraph 2. below, require that This Plan's Benefits be determined before those of the other plan.

2. This Plan determines its order of Benefits using the first of the following rules which applies:
- a. Non-Dependent/Dependent: The Benefits of the plan which covers the person as an Employee, (that is, other than as a Dependent) are determined before those of the plan which covers the person as a Dependent; except that if the person is also a Medicare beneficiary, and as a result of the rule established by Title XVIII of the Social Security Act and implementing regulations, Medicare is:
    - (1) Secondary to the plan covering the person as a Dependent, and
    - (2) Primary to the plan covering the person as other than a Dependent (e.g., a retired Employee), then the Benefits of the plan covering the person as a Dependent are determined before those of the plan covering that person as other than a Dependent.
  - b. Dependent Child/Parents Not Separated or Divorced: Except as stated in paragraph 2(c) below, when This Plan and another plan cover the same child as a Dependent of different persons, called "parents:"
    - (1) the Benefits of the plan of the parent whose birthday falls earlier in the calendar year are determined before those of the plan of the parent whose birthday falls later in the calendar year; but
    - (2) if both parents have the same birthday, the Benefits of the plan which covered one parent longer are determined before those of the plan, which covered the other parent for a shorter period of time. However, if the other plan does not have the rule described in (a) immediately above, but instead has a rule based upon the gender of the parent, and if, as a result, the plans do not agree on the order of Benefits, the rule in the other plan will determine the order of Benefits.
  - c. Dependent Child/Separated or Divorced Parents: If two (2) or more plans cover a person who is a Dependent child of divorced or separated parents, Benefits for the child are determined in this order:
    - (1) first, the plan of the parent with custody of the child;
    - (2) then, the plan of the spouse of the parent with custody of the child; and
    - (3) finally, the plan of the parent not having custody of the child.

However, if the specific terms of a court decree state that one of the parents is responsible for the health care expenses of the child, and the entity obligated to pay or provide the Benefits of the plan of that parent has actual knowledge of those terms, the Benefits of that plan are determined first. The plan of the other parent shall be the Secondary Plan.

This paragraph does not apply when any Benefits are actually paid or provided before the entity has that actual knowledge.
  - d. Joint Custody: If the specific terms of a court decree state that the parents will share joint custody, without stating that one of the parents is responsible for the health care expenses of the child, the plans covering the child will follow the order of Benefit determination rules outlined above in Section C.2.b.
  - e. Active/Inactive Employee: The Benefits of a plan which covers a person as an Employee who is not terminated, laid off, or retired (or as that Employee's Dependent) are determined before those of a plan which covers that person as a terminated, laid off or retired Employee (or as that Employee's Dependent). If the other plan does not have this rule, and if, as a result, the plans do not agree on the order of Benefits, this rule is ignored.

- f. Continuation Coverage: If a person whose coverage is provided under a right of continuation pursuant to federal or state law also is covered under another plan, the following will be the order of Benefit determination:
  - (1) first, the Benefits of a plan covering the person as an Employee or their Dependent;
  - (2) second, the Benefits under the continuation coverage.

If the other plan does not have the rule described above, and if, as a result, the plans do not agree on the order of Benefits, this rule is ignored.

- g. Longer/Shorter Length of Coverage: If none of the above rules determines the order of Benefits, the Benefits of the plan which covered a Plan Participant longer are determined before those of the plan which covered that person for the shorter time.

#### **D. Effects on the Benefits of this Plan**

- 1. This Section applies when, in accordance with Section C., "Order of Benefit Determination Rules," This Plan is a Secondary Plan as to one or more other plans. In that event the Benefits of This Plan may be reduced, as described in this section. Such other plan or plans are referred to as "the other plans" in Paragraph 2. immediately below.
- 2. Reduction in This Plan's Benefits

The Benefits of This Plan will be reduced when the sum of:

- a. the Benefits that would be payable for the Allowable Expenses under This Plan in the absence of this COB section, and
- b. the Benefits that would be payable for the Allowable Expenses under the other plans in the absence of provisions with a purpose like that of this COB section, whether or not Claims are made, would be more than those Allowable Expenses in a Claim Determination Period. In that case, the Benefits of This Plan will be reduced so that they and the Benefits payable under the other plans do not total more than those Allowable Expenses.

When the Benefits of this Plan are reduced as described above, each Benefit is reduced in proportion. It is then charged against any applicable Benefit limit of This Plan.

#### **E. Right to Receive and Release Needed Information**

Certain facts are needed to apply these COB rules. This Plan has the right to decide which facts it needs. It may get needed facts from or give them to any other organization or person. The Claims Administrator need not tell, or get the consent of, any person to do this. Each person claiming Benefits under This Plan must give the Claims Administrator any facts it needs to process the Claim.

#### **F. Facility of Payment**

A payment made under another plan may include an amount, which should have been paid under this Plan. This Plan may pay that amount to the organization which made that payment. That amount will then be treated as though it were a benefit paid under this Plan. To the extent such payments are made, they discharge this Plan from further liability. The term "payment made" includes providing Benefits in the form of services, in which case the payment made will be deemed to be the reasonable cash value of any Benefits provided in the form of services.

#### **G. Right of Recovery**

If the amount of the payments that this Plan made is more than it should have paid under this COB section, this Plan may recover the excess. It may get such recovery or payment from one or more of:

1. the persons it has paid or for whom it has paid;
2. insurance companies; or
3. other organizations.

The "amount of the payments made" includes the reasonable cash value of any Benefits provided in the form of services. If the excess amount is not received when requested, any Benefits due under This Plan will be reduced by the amount to be recovered until such amount has been satisfied.

## **ARTICLE XX. GENERAL PROVISIONS – GROUP AND PLAN PARTICIPANTS**

THE FOLLOWING GENERAL PROVISIONS ARE APPLICABLE TO THE GROUP AND ALL PLAN PARTICIPANTS. THE GROUP IS THE PLAN SPONSOR FOR THIS BENEFIT PLAN.

### **A. The Benefit Plan**

1. Except as specifically provided herein, this Benefit Plan will not make the Claims Administrator liable or responsible for any duty or obligation imposed on the Employer by federal or state law or regulations. To the extent that this Benefit Plan may be an Employee welfare benefit plan as defined in the Employee Retirement Income Security Act of 1974 ("ERISA"), as amended, the Group will be the Plan Administrator of such Employee welfare benefit plan and will be solely responsible for meeting any obligations imposed by law or regulation on the administrator of the Plan, except those specifically undertaken by Us herein. To the extent this Benefit Plan is subject to COBRA, the Group, or its contracted designee, will be the administrator for the purposes of COBRA. The Group is responsible for establishing and following all required COBRA procedures that may be applicable to the Group. The Group will indemnify and hold the Claims Administrator harmless in the event the Claims Administrator incurs any liability as a result of the Group's failure to do so.
2. The Claims Administrator will not be liable for or on account of any fault, act, omission, negligence, misfeasance, malfeasance or malpractice on the part of any Hospital or other institution, or any agent or Employee thereof, or on the part of any Physician, Allied Provider, nurse, technician or other person participating in or having to do with a Plan Participant's care or treatment.
3. The Benefit Plan will not impose eligibility rules or variations in Employee contributions or fees based on a Plan Participant's health status or a health status-related factor.
4. The (Plan Administrator) shall administer the Benefit Plan in accordance with its terms and established policies, interpretations, practices and procedures. It is the express intent of this Benefit Plan that the Plan Administrator shall have maximum legal discretionary authority to construe and interpret the terms and provisions of the Plan, to make determinations regarding issues which relate to eligibility for Benefits, to make determinations on the termination of coverage for its Employees and Dependents, to decide disputes which may arise relative to a Plan Participant's rights, and to decide questions of Plan interpretation and those of fact relating to the Plan. The decisions of the Plan Administrator will be final and binding on all interested parties.
5. The Claims Administrator shall have the right to enter into any contractual agreements with subcontractors, health care Providers, or other third parties relative to this Benefit Plan. Any of the functions to be performed by the Claims Administrator under this Plan may be performed by the Claims Administrator or any of their subsidiaries, affiliates, subcontractors, or designees.

### **B. Amending and Terminating the Benefit Plan**

The Employer intends to maintain this Benefit Plan indefinitely; however, it reserves its right, at any time, to amend, suspend or terminate the Plan in whole or in part. This includes amending the Benefits under the plan or the trust agreement, if any.



### **C. Identification Cards and Benefit Plans**

The Claims Administrator will prepare an identification (ID) card for each covered Employee. The Claims Administrator will issue a Benefit Plan to the Group and print a sufficient number of copies of this Benefit Plan for the Group's covered Employees. At the direction of Group, the Claims Administrator will either deliver all materials to the Group for Group's distribution to the covered Employees, or the Claims Administrator will deliver the materials directly to each covered Employee. Unless otherwise agreed between the Group and the Claims Administrator, the Group has the sole responsibility for distributing all such documents to covered Employees.

### **D. Benefits to Which Plan Participants are Entitled**

1. The liability of the Group is limited to the Benefits specified in this Benefit Plan. If the Plan is terminated, the rights of the Plan Participants are limited to expenses incurred before termination.
2. Benefits for Covered Services specified in this Benefit Plan will be provided only for services and supplies rendered on and after the Plan Participant's Effective Date by a Provider specified in this Benefit Plan and regularly included in such Provider's charges.

### **E. Filing of Claims**

A Claim is a written or electronic proof of charges for Covered Services that have been incurred by a Plan Participant during the time period the Plan Participant was covered under this Benefit Plan. The plan encourages Providers to file claims in a form acceptable to the Claims Administrator within ninety (90) days from the date services are rendered, but no later than fifteen (15) months after the date of service. Benefits will be denied for Claims filed any later than fifteen (15) months from the date of service. Benefit Plan provisions in effect at the time the service or treatment is received shall govern the processing of any Claim expense actually incurred as a result of the service or treatment rendered.

### **F. Applicable Law**

This Plan will be governed and construed in accordance with the laws and regulations of the State of Louisiana except when preempted by federal law. This Plan is not subject to regulation by any state other than the State of Louisiana. If any provision of this Benefit Plan is in conflict with **any applicable** statutes or regulations of the United States of America or the State of Louisiana, the provision is automatically amended to meet the minimum requirement of the statute or regulation.

### **G. Time Limit for Legal Action**

No lawsuit may be filed:

- any earlier than the first sixty (60) days after notice of Claim has been given; or
- any later than fifteen (15) months after the date services are rendered.

### **H. Release of Information**

The Claims Administrator may request that the Plan Participant or the Provider furnish certain information relating to the Plan Participant's Claim for Benefits. The Claims Administrator will hold such information, records, or copies of records as confidential except where in the Claims Administrator's discretion the same should be disclosed.

### **I. Assignment**

1. A Plan Participant's rights and Benefits under this Plan are personal to him and may not be assigned in whole or in part by the Plan Participant. The Claims Administrator will recognize assignments of Benefits to Hospitals if both this Plan and the Provider are subject to La. R.S. 40:2010. If both this Plan and the Provider are not subject to La. R.S. 40:2010, the Claims Administrator will not recognize assignments or attempted assignments of Benefits. Nothing contained in the written description of

health coverage shall be construed to make the Plan or the Claims Administrator liable to any third party to whom a Plan Participant may be liable to for the cost of medical care, treatment, or services.

2. The Plan reserves the right to pay Preferred Network Providers directly instead of paying the Plan Participant.

#### **J. Plan Participant/Provider Relationship**

1. The choice of a Provider is solely the Plan Participant's.
2. The Claims Administrator and all Network Providers are to each other independent contractors, and will not be considered to be agents, representatives, or employees of each other for any purpose whatsoever. The Claims Administrator does not render Covered Services, but only makes payment, on behalf of the Plan, for Covered Services for which the Plan Participant receives. Neither the Plan nor the Claims Administrator will be held liable for any act or omission of any Provider, or for any Claim or demand on account of damages arising out of, or in any manner connected with, any injuries suffered by the Plan Participant while receiving care from any Network Provider or in any Network Provider's facilities. The Plan and the Claims Administrator have no responsibility for a Provider's failure or refusal to render Covered Services to the Plan Participant.
3. The use or non-use of an adjective such as Preferred Network, Participating, and Non-Participating in referring to any Provider is not a statement as to the ability of the Provider.

#### **K. This Benefit Plan and Medicare**

1. For Employers having twenty (20) or more active Employees, federal law and regulations require that each active Employee age sixty-five (65) or older, and each active Employee's spouse age sixty-five (65) or older, may elect to have coverage under this Plan or under Medicare.
  - a. Where such Employee or such spouse elects coverage under this Plan, this Plan will be the primary payor of Benefits with the Medicare program the secondary payor.
  - b. This Plan will not provide Benefits to supplement Medicare payments for Medicare eligible expenses for an active Employee age sixty-five (65) or older or for a spouse age sixty-five (65) or older of an active Employee where such Employee or such spouse elects to have the Medicare program as the primary payor.
2. Under federal law, if an active employee under age sixty-five (65) or an active employee's dependent under age sixty-five (65) is covered under a group benefit plan of an employer with one hundred (100) or more Employees and also has coverage under the Medicare program by reason of Social Security disability, the group benefit plan is the primary payor and Medicare is the secondary payor.
3. For persons under age sixty-five (65) who are covered under this Plan and who also have coverage under the Medicare program solely by reason of end-stage renal disease, the Medicare program will be the primary payor and this Plan the secondary payor, except that during the first thirty (30) month period that such persons are eligible for Medicare benefits solely by reason of end-stage renal disease, this Plan will be the primary payor and Medicare the secondary payor.
4. When this Plan is the primary payor, it will provide regular Benefits for Covered Services.

When this Plan is the secondary payor, it will provide Benefits based on the lesser of: the Medicare approved amount or Our Allowable Charge. When an Allied Provider or Physician is not required by Medicare to accept the Medicare approved amount as payment in full, the Plan will base Benefits on the lesser of: the Medicare approved amount plus Medicare's limiting charge, if applicable, or the Plan's Allowable Charge.

#### **L. Notice**

Any notice required under this Plan must be in writing. Any notice required to be given to a Plan Participant will be considered delivered when deposited in the United States Mail, postage prepaid, addressed to the Plan Participant at his address as the same appears on the Claims Administrator's records. Any notice that a Plan Participant must give the Group at the address as the same appears in this Benefit Plan. The Group, the Claims Administrator, or a Plan Participant may, by written notice, indicate a new address for giving notice.

#### **M. Job-Related Injury or Illness**

The Group must report to the appropriate governmental agency any job-related injury or illness of an Employee where so required under the provisions of any legislation of any governmental unit. This Plan, with certain described exceptions, excludes Benefits for any services covered in whole or in part by Workers' Compensation laws and/or rendered as a result of occupational disease or injury, subject to the provisions of La. R.S. 23:1205(C). In the event Benefits are initially extended by the Plan and a compensation carrier or employer makes any type of settlement with the Employee, or with any person entitled to receive settlement where the Employee dies, or if the Employee's injury or illness is found to be compensable under law, the Employee must reimburse the Plan for Benefits extended or direct the compensation carrier to make such reimbursement. The Group will be entitled to such reimbursement even if the settlement does not mention or excludes payment for health care expenses.

#### **N. Subrogation**

1. To the extent that Benefits for Covered Services are provided or paid under this Benefit Plan, the Group will be subrogated and will succeed to the Plan Participant's right for the recovery of the amount paid under this Benefit Plan against any person, organization or other carrier even where such carrier provides Benefits directly to a Plan Participant who is its insured. The acceptance of such Benefits hereunder will constitute acknowledgment of such subrogation rights.
2. The Plan Participant will reimburse the Plan all amounts recovered by suit, settlement, or otherwise from any third party or the Plan Participant's insurer to the extent of the Benefits provided or paid under this Plan. The Plan's right to reimbursement comes first even if the Plan Participant is not paid for all of the Plan Participant's Claim for damages against the other person or organization or even if the payment the Plan Participant receives is for, or is described as for, the Plan Participant's damages other than health care expenses, or if the Plan Participant recovering the money is a minor. All costs that the Plan Participant incurs (including attorney fees) in exercising any right of recovery will be the Plan Participant's responsibility. Amounts that the Plan paid for which a third party or insurer is responsible will not be reduced by the amount of the Plan Participant's costs. The Plan Participant shall hold in trust for the account of the Plan all amounts recovered, up to the total amount of Benefits paid. The Group appoints the Plan Participant as its representative for such limited purpose only.
3. The Plan Participant will take such action, furnish such information and assistance, and execute such papers as the Plan may require to facilitate enforcement of the Group's rights, and will take no action prejudicing the Group's rights and interest under this Plan. The Plan and its designees have the right to obtain and review Plan Participant's medical and billing records, if the Plan or its designee determines in their sole discretion, that such records would be helpful in pursuing its right of subrogation and/or reimbursement. Nothing contained in this provision will be deemed to change, modify or vary the terms of the Coordination of Benefits Article of this Benefit Plan.
4. The Plan Participant is required to notify the Plan of any Accidental Injury.

#### **O. Right of Recovery**

Whenever any payment for Covered Services has been made by the Plan on behalf of the Group in an amount that exceeds the maximum Benefits available for such services under this Benefit Plan or exceeds the Allowable Charge, or whenever payment has been made in error by the Plan for non-Covered Services, the Plan will have the right to recover such payment from the Plan Participant or, if applicable, the Provider.

As an alternative, the Group reserves the right to deduct from any pending Claim for payment under this Benefit Plan any amounts the Plan Participant or Provider owes the Plan.

**P. Coverage in a Department of Veterans Affairs or Military Hospital**

In any case in which a veteran is furnished care or services by the Department of Veterans Affairs for a non-service-connected disability, the United States will have the right to recover or collect the reasonable cost of such care or services from the Plan to the extent the veteran would be eligible for Benefits for such care or services from the plan if the care or services had not been furnished by a department or agency of the United States. The amount that the United States may recover will be reduced by the appropriate Deductible Amount and Coinsurance amount.

The United States will have the right to collect from the Plan the reasonable cost of health care services incurred by the United States on behalf of a military retiree or a military Dependent through a facility of the United States military to the extent that the retiree or Dependent would be eligible to receive reimbursement or indemnification from the Plan if the retiree or Dependent were to incur such cost on his own behalf. The amount that the United States may recover will be reduced by the appropriate Deductible Amount and Coinsurance amount.

**Q. Liability of Plan Affiliates**

The Plan Administrator, on behalf of itself and its participants, hereby expressly acknowledges its understanding that the Claims Administrator is an independent corporation operating under a license from the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans, the "Association" permitting Blue Cross and Blue Shield of Louisiana and its subsidiaries and affiliates (collectively "Blue Cross and Blue Shield of Louisiana") to use the Blue Cross and Blue Shield Service Marks in the State of Louisiana, and that the Claims Administrator is not contracting as the agent of the Association. The Plan Administrator, on behalf of itself and its participants, further acknowledges and agrees that it has not entered into this Benefit Plan based upon representations by any person other than Blue Cross and Blue Shield of Louisiana and that no person, entity, or organization other than Blue Cross and Blue Shield of Louisiana shall be held accountable or liable to the Plan Administrator for any of Blue Cross and Blue Shield of Louisiana's obligations to the Plan. This paragraph shall not create any additional obligations whatsoever on the part of Blue Cross and Blue Shield of Louisiana other than those obligations created under other provisions of the claims administration agreement.

**R. Out-of-Area Services**

The Company has a variety of relationships with other Blue Licensees referred to generally as "Inter-Plan Programs." Whenever Plan Participants obtain healthcare services outside of Blue Cross and Blue Shield of Louisiana's service area, the claims for these services may be processed through one of these Inter-Plan Programs, which include the BlueCard® Program.

Typically, when accessing care outside Blue Cross and Blue Shield of Louisiana's service area, Plan Participants will obtain care from healthcare providers that have a contractual agreement (i.e., are "participating providers") with the local Blue Cross and/or Blue Shield Licensee in that other geographic area ("Host Blue"). In some instances, Plan Participants may obtain care from non-participating healthcare providers. Claims Administrator's payment practices in both instances are described below.

**1. BlueCard® Program**

Under the BlueCard® Program, when Plan Participants access covered healthcare services within the geographic area served by a Host Blue, Claims Administrator will remain responsible for fulfilling its contractual obligations. However, the Host Blue is responsible for contracting with and generally handling all interactions with its Participating healthcare providers.

Whenever Plan Participants access covered healthcare services outside Blue Cross and Blue Shield of Louisiana's service area and the claim is processed through the BlueCard® Program, the amount Plan Participants pay for covered healthcare services from Participating Providers is calculated based on the lower of:

- the billed covered charges for your covered services; or
- the negotiated price that the Host Blue makes available to the Plan.

Often, this “negotiated price” will be a simple discount that reflects an actual price that the Host Blue pays to the healthcare provider. Sometimes, it is an estimated price that takes into account special arrangements with the healthcare provider or provider group that may include types of settlements, incentive payments, and/or other credits or charges. Occasionally, it may be an average price, based on a discount that results in expected average savings for similar types of healthcare providers after taking into account the same types of transactions as with an estimated price.

Estimated pricing and average pricing, going forward, also take into account adjustments to correct for over or underestimation of modifications of past pricing for the types of transaction modifications noted above. However, such adjustments will not affect the price Claims Administrator uses for Plan Participant’s claim because they will not be applied retroactively to Claims already paid.

## 2. Medicare Supplemental/Medigap/Medicare Complementary

Under Medigap/Medicare Supplemental/Medicare Complementary plans, when a Plan Participant receives treatment from a healthcare provider that participates with the Host Blue and accepts Medicare assignment, the amount the Plan Participant pays for services otherwise covered by the federal Medicare Program will be calculated based on the Medicare allowable amount. If the healthcare provider does not accept Medicare assignment, Plan Participant may be liable for the difference between the amount that the provider bills and the Medicare limiting charge, which will include the payment Claims Administrator will make for the covered services as set forth in Group’s agreement.

If Plan Participant has additional benefits for healthcare services which Medicare would not otherwise cover, the amount Plan Participant pays for such services when received from a participating healthcare provider will be calculated based on the lower of either billed covered charges or negotiated price made available to Claims Administrator by the Host Blue.

## 3. Non-Participating Healthcare Providers Outside Blue Cross and Blue Shield of Louisiana’s Service Area

When covered healthcare services are provided outside of Blue Cross and Blue Shield of Louisiana’s service area by non-participating healthcare providers, the amount Plan Participant pays for such services is described below.

### a. Plan Participant Liability Calculation

When covered healthcare services are provided outside of Claims Administrator’s service area by non-participating healthcare providers, the amounts a Plan Participant pays for such services will generally be based on either the Host Blue’s non-participating healthcare provider local payment or the pricing arrangements required by applicable state law. In these situations, the Plan Participant may be responsible for the difference between the amount that the non-participating healthcare provider bills and the payment Claims Administrator will make for the covered services as set forth in this paragraph.

### b. Exceptions

In some exception cases, Claims Administrator may pay claims from non-participating healthcare providers outside of Blue Cross and Blue Shield of Louisiana’s service area based on the provider’s billed charge, the payment Claims Administrator would make if it were paying a non-participating provider inside of its service area (where the Host Blue’s corresponding payment would be more than the Company’s in-service area non-participating provider payment), or in Claims Administrator’s sole and absolute discretion, it may negotiate a payment with such a provider on an exception basis. In any of these exception situations, the Plan Participant may be responsible for the difference between the amount that the non-participating healthcare provider bills and payment the Claims Administrator will make for the covered services as set forth in this paragraph.

c. Medigap/Medicare Supplemental/Medicare Complementary Plans

Under Medigap/Medicare Supplemental/Medicare Complementary plans, when Plan Participant receives treatment from a healthcare provider that does not participate with the Host Blue, but does accept Medicare assignment, the amount Plan Participant pays for services otherwise covered by the federal Medicare Program will be calculated based on the Medicare allowable amount. If the healthcare provider does not accept Medicare assignment, Plan Participant may be liable for the difference between the amount that the provider bills and the Medicare limiting charge, which will include the payment Claims Administrator will make for the covered services as set forth in this paragraph. If Plan Participant has additional benefits for healthcare services which Medicare would not otherwise cover, the amount Plan Participant pays for such services provided by a healthcare provider not participating with the Host Blue will be calculated based on either the Host Blue's non-participating provider local payment or the pricing arrangements required by applicable state law. In these situations, Plan Participant may be liable for the difference between the amount that the Non-Participating healthcare provider bills and the payment Claims Administrator will make for the covered services as set forth in this paragraph.

4. Out-of-Area Claims: Non-Participating Providers Plan Participant Liability Calculation – Emergency Care

If You need Emergency Medical Services in the emergency department of a Hospital, You will be covered at the highest level that the Patient Protection and Affordable Care Act and federal regulations require. You will have to pay for any charges that exceed the Allowable Charge as well as any Deductibles, Coinsurance and Copayments.

**S. Certificates of Creditable Coverage**

The Claims Administrator will issue a certificate of Creditable Coverage or similar document, upon request, to a Plan Participant within twenty-four (24) months after coverage under this Benefit Plan ceases.

**T. Compliance with HIPAA Privacy Standards**

Certain Employees of the Employer's workforce perform services in connection with administration of the Plan. In order to perform these services, it is necessary for these Employees from time to time to have access to Protected Health Information (as defined below).

Under the Standards of Privacy of Individually Identifiable Health Information (45 CFR Part 164, the "Privacy Standards"), these Employees are permitted to have such access subject to the following:

1. General

The Plan shall not disclose Protected Health Information to any Employees of the Employer's workforce unless each of the conditions set out in this HIPAA Privacy section is met. "Protected Health Information" shall have the same definition as set out in the Privacy Standards but generally shall mean individually identifiable health information about the past, present or future physical or mental health or condition of an individual, including information about treatment or payment for treatment.

2. Permitted Uses and Disclosures

Protected Health Information disclosed to Employees of the Employer's workforce shall be used or disclosed by them only for purposes of Plan administrative functions. The Plan's administrative functions shall include all Plan payment and health care operations. The terms "payment" and "health care operations" shall have the same definitions as set out in the Privacy Standards, the term "payment" generally shall mean activities taken with respect to payment of premiums or contributions, or to determine or fulfill Plan responsibilities with respect to coverage, provision of Benefits or reimbursement for health care. "Health Care Operations" generally shall mean activities on behalf of the Plan that are related to quality assessment; evaluation, training or accreditation of health care providers; underwriting, premium rating and other functions related to obtaining or renewing an insurance contract, including stop-loss insurance; medical review; legal services or auditing functions; or business planning, management and general administrative activities.

### 3. Authorized Employees

The Plan shall disclose Protected Health Information on to Employees of the Employer's workforce, who are designated and are authorized to receive such Protected Health Information, and only to the extent and in the minimum amount necessary for these persons to perform duties with respect to the Plan. For purposes of this HIPAA Privacy section, "Employees of the Employer's workforce" shall refer to all Employees and other persons under the control of the Employer.

- a. Updates Required. The Employer shall amend the plan promptly with respect to any changes in the Employees of its workforce who are authorized to receive Protected Health Information.
- b. Use and Disclosure Restricted. An authorized Employee of the Employer's workforce who receives Protected Health Information shall use or disclose the Protected Health Information only to the extent necessary to perform his duties with respect to the Plan.
- c. Resolution of Issues of Noncompliance. In the event that any Employee of the Employer's workforce uses or discloses Protected Health Information other than as permitted by the Privacy Standards, the incident shall be reported to a privacy official. The privacy official shall take appropriate action, including:
  - (1) investigation of the incident to determine whether the breach occurred inadvertently, through negligence, or deliberately; whether there is a pattern of breaches; and the degree of harm caused by the breach;
  - (2) applying appropriate sanctions against the persons causing the breach, which depending upon the nature of the breach, may include oral or written reprimand, additional training or termination of employment;
  - (3) mitigating any harm caused by the breach, to the extent practicable; and
  - (4) documentation of the incident and all actions taken to resolve the issue and mitigate any damages.

### 4. Certification of Employer

The Employer must provide certification to the Plan that it agrees to:

- a. not use or further disclose the Protected Health Information other than as permitted or required by the Plan documents or as required by law;
- b. ensure that any agent or subcontractor, to whom it provides Protected Health Information received from the Plan, agrees to the same restrictions and conditions that apply to the Employer with respect to such information;
- c. not use or disclose Protected Health Information for employment-related actions and decisions or in connection with any other Benefit or Employee Benefit Plan of the Employer;
- d. report to the Plan any use or disclosure of the Protected Health Information of which it becomes aware that is inconsistent with the uses or disclosures hereunder or required by law;
- e. make available Protected Health Information to individual Plan Participants in accordance with Section 164.524 of the Privacy Standards;
- f. make available Protected Health Information for amendment by individual Plan Participants and incorporate any amendments to Protected Health Information in accordance with Section 164.526 of the Privacy Standards;
- g. make available Protected Health Information required to provide any accounting of disclosures to individual Plan Participants in accordance with Section 164.528 of the Privacy Standards;

- h. make its internal practices, books and records relating to the use and disclosure of Protected Health Information received from the Plan available to the Department of Health and Human Services for purposes of determining compliance by the Plan with the Privacy Standards;
- i. if feasible, return or destroy all Protected Health Information received from the Plan that the Employer still maintains in any form, and retain no copies of such information when no longer needed for the purpose of which disclosure was made, except that, if such return or destruction is not feasible, limit further uses and disclosures to those purposes that make the return or destruction of the information unfeasible; and
- j. ensure the adequate separation between the Plan and Employee of the Employer's workforce, as required by Section 164.504 (f)(2)(iii) of the Privacy Standards.

The following Employees of the East Baton Rouge Parish School System workforce are designated as authorized to receive Protected Health Information from East Baton Rouge Parish School System ("the Plan") in order to perform their duties with respect to the Plan:

#### **U. Compliance with HIPAA Electronic Security Standards**

Under the Security Standards for the Protection of Electronic Protected Health Information (45 CFR Part 164.300 et. seq., the "Security Standards"), the Employer agrees to the following:

1. The Employer agrees to implement reasonable and appropriate administrative, physical and technical safeguards to protect the confidentiality, integrity and availability of Electronic Protected Health Information that the Employer creates, maintains or transmits on behalf of the Plan. "Electronic Protected Health Information" shall have the same definition as set out in the Security Standards, but generally shall mean Protected Health Information that is transmitted by or maintained in electronic media.
2. The Employer shall ensure that any agent or subcontractor to whom it provides Electronic Protected Health Information shall agree, in writing, to implement reasonable and appropriate security measures to protect the Electronic Protected Health Information.
3. The Employer shall ensure that reasonable and appropriate security measures are implemented to comply with the conditions and requirements set forth in Compliance with HIPAA Privacy Standards sections (3) Authorized Employees and (4) Certification of Employers described above in this Article.

### **ARTICLE XXI. COMPLAINT, GRIEVANCE AND APPEAL PROCEDURES**

The Claims Administrator wants to know when a Plan Participant is unhappy about the care or services they receive from the Claims Administrator or one of its Providers. Plan Participants may register a Complaint or file a formal written Grievance about the Claims Administrator or a Provider by following the procedures outlined below.

Appeal rights for Plan Participants are outlined after the Complaint and Grievance Procedures. The Plan considers a Plan Participant's request to change the coverage decision as an Appeal. An Appeal is defined as a request from a Plan Participant or their authorized representative to change a previous decision made by the Claims Administrator about Covered Services. Examples of issues that qualify as Appeals include denied Authorizations, Claims based on adverse Benefit determinations of Medical Necessity, or other adverse Benefit determinations. Adverse Benefit determinations include denials of and reductions in Benefit payments.

In addition to the right to Appeals, the Plan Participant's Provider is given an opportunity to speak with a Medical Director for an Informal Reconsideration of the Claims Administrator's coverage decisions when the coverage decisions concern Medical Necessity or Investigational determinations.

The Plan Participant may also have the right to review their file and present evidence or testimony as part of the internal Claims and Appeals process.



An Expedited Appeal process is available for situations where the standard time frames would seriously jeopardize the life or health of a covered person, jeopardize the covered person's ability to regain maximum function, or where in the opinion of the treating Physician, the covered person may experience pain that cannot be adequately controlled while awaiting a standard Appeal decision. That process is outlined following the first and second level Appeal procedures in Section B of this Article

The Claims Administrator will respond to your Appeal request within the timeframes allowed by law. The Appeal response will provide information sufficient to identify the Claim and include the following:

- The date of service; health care provider; claim amount, if applicable; and diagnosis and treatment codes, and the corresponding meanings of these codes (provided upon request).
- A description of the reason(s) for the denial, including a description of the standard, if any, applied in denying the Claim (for example, if a Medical Necessity standard was used in denying a Claim, the notice will describe the Medical Necessity standard); and a discussion of the decision for final internal Benefit denials.
- A description of available internal appeals and external review procedures, including information on how to initiate an Appeal.
- Contact information for the available sources to assist Plan Participants with internal Claims, Appeals and external review procedures.

#### **A. Complaint and Grievance Procedure**

A quality of service concern addresses the Claims Administrator's services, access, availability or attitude and those of the Claims Administrator's Network Providers. A quality of care concern addresses the appropriateness of care given to a Plan Participant.

##### **1. To Register a Complaint**

Call the Claims Administrator's customer service department at 1-800-599-2583 or 1-225-291-5370. The Claim Administrator will attempt to resolve a Plan Participant's complaint at the time of their call.

##### **2. To File a Formal Grievance**

A Grievance is a written expression of dissatisfaction with the Claims Administrator or with Provider services. If a Plan Participant does not feel their Complaint was adequately resolved or the Plan Participant wishes to file a formal Grievance, the Plan Participant must submit this in writing within 180 days of the event that led to the dissatisfaction. The Claims Administrator's customer service department will assist the Plan Participant if necessary. Send written Grievances to:

Blue Cross and Blue Shield of Louisiana  
Appeals and Grievance Unit  
P. O. Box 98045  
Baton Rouge, LA 70898-9045

A response will be mailed to the Plan Participant within thirty (30) business days after the Claims Administrator receives the Plan Participant's written Grievance.

##### **3. Informal Reconsideration**

An Informal Reconsideration is the Plan Participant's Provider's telephone request to speak to the Claims Administrator's Medical Director or a peer reviewer on the Plan Participant's behalf about a Utilization Management decision that the Claims Administrator has made. An Informal Reconsideration is typically based on submission of additional information or a peer-to-peer discussion.

Informal Reconsideration is available only for initial determinations that are requested within ten (10) days of the denial or Concurrent Review determinations. The Claims Administrator will conduct an Informal Reconsideration within one (1) working day of the receipt of the request.

## **B. Appeal Procedures**

MULTIPLE REQUESTS TO APPEAL THE SAME CLAIM, SERVICE, ISSUE, OR DATE OF SERVICE WILL NOT BE CONSIDERED, AT ANY LEVEL OF REVIEW.

If the Plan Participant has questions or need assistance putting the Appeal in writing, the Plan Participant may call the Claims Administrator's customer service department at 1-800-599-2583 or 1-225-291-5370.

The Plan Administrator has full discretionary authority to determine eligibility for Benefits and/or construe the terms of this Plan.

### **Appeal Process**

The Claims Administrator will distinguish the Plan Participant's Appeal as an administrative Appeal or a medical Appeal. The procedure has two (2) levels of Appeal, the first by the Claims Administrator or its designee, and the second by the Plan Administrator, East Baton Rouge Parish School System. Plan Participants are encouraged to submit written comments, documents, records, and other information relating to the Claim for Benefits. Upon request by the Plan Participant and free of charge, the Claims Administrator will provide reasonable access to and copies of all documents records, and other information relevant to the covered person's Claim for Benefits.

The Plan Participant has the right to appoint an authorized representative to represent the Plan Participant in their Appeals. An authorized representative is a person to whom the Plan Participant has given written consent to represent the Plan Participant in an internal review of a denial. The authorized representative may be the Plan Participant's treating Provider.

Persons not involved in the previous decision regarding the Plan Participant's Claim will decide all Appeals. A Physician or other health care professional; in the same or an appropriate specialty that typically manages the medical condition, procedure, or treatment under review and who is not subordinate to any previous decision-maker on the Plan Participant's Claims will review Medical Necessity Appeals.

#### **1. First Level Internal Appeal**

##### **a. Administrative Appeal**

The first level of an administrative Appeal is a process where the Claims Administrator reviews denials unrelated to medical Appeals. The Plan Participant, their authorized representative, or a Provider acting on the Plan Participant's behalf, must submit a request to Appeal the decision in writing. The Plan Participant has one hundred eighty (180) days following the receipt of an adverse Benefit determination to request an Appeal. Requests submitted to the Claims Administrator after one hundred eighty (180) days of the denial will not be considered.

The Claims Administrator will investigate the Plan Participant's concerns. When a medical opinion is needed for an administrative Appeal, a health care professional who was not previously involved in the initial decision, will be utilized. If the Claims Administrator changes the original decision at the Appeal level, the Claims Administrator will process the Plan Participant's Claim and notify them and all appropriate Providers, in writing, of the first level Appeal decision. If the Plan Participant's Claim is denied on Appeal, the Claims Administrator will notify the Plan Participant and all appropriate Providers, in writing, of their decision within thirty (30) calendar days of the Plan Participant's request, unless the Claims Administrator mutually agrees that an extension of the time is warranted.

Administrative Appeals should be submitted in writing to:

Blue Cross and Blue Shield of Louisiana  
Appeals and Grievance Unit  
P. O. Box 98045  
Baton Rouge, LA 70898-9045

b. Medical Appeals

If the Plan Participant is not satisfied with the Claim Administrator's denial of services involving a denial or partial denial based on Medical Necessity, appropriateness, health care setting, level of care, effectiveness or a determination that a service is experimental or Investigational, the Plan Participant or their authorized representative, including a Provider acting on their behalf, must submit a written request to Appeal within one hundred eighty (180) days following the Plan Participant's receipt of an initial adverse Benefit determination. Medical Appeals should be submitted in writing to:

Blue Cross and Blue Shield of Louisiana  
Medical Appeals  
P. O. Box 98022  
Baton Rouge, LA 70898-9022

Requests submitted to the Claims Administrator after one hundred eighty (180) days of the denial will not be considered.

The Claims Administrator will investigate the Plan Participant's concerns. All Appeals of Medical Necessity denials will be reviewed by a Physician or other health care professional in the same or an appropriate specialty that typically manages the medical condition, procedure, or treatment under review. If the initial denial is overturned on the Plan Participant's medical Appeal, the Claims Administrator will process the Claim and will notify the Plan Participant and all appropriate Providers, in writing, of the internal Appeal decision. If the initial denial is upheld, the Claims Administrator will notify the Plan Participant and all appropriate Providers, in writing, of the decision and advise the Plan Participant of their right to request an external Appeal. The decision will be mailed within thirty (30) days of the Plan Participant's request, unless the Plan Participant, their authorized representative and the Claims Administrator mutually agree that an extension of the time is warranted. At that time, the Claims Administrator will inform the Plan Participant of their right to begin the external Appeal process if the Claim meets the criteria.

2. Second Level Administrative Appeal

If the Claims Administrator does not reverse the decision, the Plan Participant may further Appeal the denial of Benefits to the Plan Administrator. Requests submitted after sixty (60) calendar days of the denial will not be considered. Send a written request for further review and any additional information to:

East Baton Rouge Parish School System  
Attention: Grievance and Appeals Coordinator  
1050 South Foster Drive  
Baton Rouge, LA 70806

Requests submitted to the Claims Administrator will be forwarded to the East Baton Rouge Parish School System. The Plan Administrator has full discretionary authority to determine eligibility for Benefits and/or construe the terms of this Plan.

- The Plan Participant must have completed the mandatory level of review prior to requesting a voluntary review.
- Any statute of limitations or other defense based on timeliness is tolled during the time any voluntary Appeal is pending.

- The Plan Participant's decision whether or not to submit to this voluntary level of review will have no effect on the Plan Participant's rights to any other Benefits under this Benefit Plan.
- The Plan Participant has the right to representation.
- The decision will be made by the Group or its designee.
- No fees or costs will be imposed on the Plan Participant to file a voluntary Appeal.

### 3. Second Level Medical / External Appeal

If the Plan Participant still disagrees with the determination on their Claim, the Plan Participant or their authorized representative may request an external Appeal conducted by a non-affiliated Independent Review Organization (IRO). The Plan Participant must send their written request for an external Appeal, within one hundred twenty (120) days of receipt of the internal Appeal decision, to:

East Baton Rouge Parish School System  
Attention: Grievance and Appeals Coordinator  
1050 South Foster Drive  
Baton Rouge, LA 70806

Requests submitted to the Plan Administrator after one hundred twenty (120) days of receipt of the internal Appeal decision will not be considered.

The Claims Administrator will provide all pertinent information necessary to conduct the Appeal. The IRO decision will be considered a final and binding decision on both the Plan Participant and the Claims Administrator. The external review will be completed within forty-five (45) days of receipt of the request and the IRO will notify the Plan Participant or their authorized representative and all appropriate Providers of its decision.

### 4. Expedited Appeals

#### a. Expedited Internal Appeals

The Claims Administrator provides an Expedited Appeal process for review of an adverse determination involving a situation where the time frame of the standard Appeal would seriously jeopardize the Participant's life, health or ability to regain maximum function. It includes a situation where, in the opinion of the treating Physician, the covered person may experience pain that cannot be adequately controlled while awaiting a standard internal Appeal decision. In these cases, the Claims Administrator will make a decision no later than seventy-two (72) hours of receipt of an Expedited Appeal request that meets the criteria for Expedited Appeal.

An Expedited Appeal is a request concerning an Admission, availability of care, continued stay, or health care service for a covered person who is requesting Emergency services or has received Emergency services, but has not been discharged from a facility. Expedited Appeals are not provided for review of services previously rendered. An Expedited Appeal shall be made available to, and may be initiated by the covered person; the covered person's authorized representative, or the Provider acting on behalf of the covered person. Requests for an expedited internal Appeal may be oral or written and should be made to:

Blue Cross and Blue Shield of Louisiana  
Expedited Appeal - Medical Appeals  
P. O. Box 98022  
Baton Rouge, LA 70898-9022  
1-800-599-2583 or 1-225-291-5370

In any case where the expedited internal Appeal process does not resolve a difference of opinion between the Claims Administrator and the covered person or the Provider acting on behalf of the covered person, the Appeal may be elevated to an Expedited External Appeal.

b. Expedited External Appeal

An Expedited External Appeal is a request for immediate review, by an Independent Review Organization (IRO), of an initial adverse determination not to Authorize continued services for covered persons currently in the emergency room, under observation in a facility or receiving inpatient care.

Expedited External Appeals are not provided for review of services previously rendered. An Expedited External Appeal of an adverse decision is available if the Plan Participant's life, health or ability to regain maximum function is in serious jeopardy; or when in the opinion of the treating physician, the covered person may experience pain that cannot be adequately controlled while waiting for a decision on a second level external Appeal. All pertinent information for Expedited External Appeal requests will be provided so the review may be completed within seventy-two (72) hours of receipt.

5. Binding Nature of External Appeal Decisions

All external review decisions are binding on the Plan and the covered person for purposes of determining coverage under this Benefit Plan that involve a determination of Medical Necessity or whether a medical service is Investigational. This Appeals process shall constitute the Plan Participant's sole recourse in disputes concerning determinations of whether a health service or item is or was Medically Necessary or Investigational, except to the extent that other remedies are available under State or Federal law.

## **ARTICLE XXII. CARE WHILE TRAVELING, MAKING PLAN CHANGES AND FILING CLAIMS**

The Claims Administrator is continuing to update its online access for Plan Participants. Plan Participants may now be able to perform many of the functions described below, without contacting the Claims Administrator's customer service department. The Claims Administrator invites Plan Participants to log on to [www.bcbsla.com](http://www.bcbsla.com) for access to these services.

All of the forms mentioned in this section can be obtained from the Employer's personnel office, from one of the Claims Administrator's local service offices, or from the home office of Blue Cross and Blue Shield of Louisiana. If the Plan Participant needs to submit documentation to the Claims Administrator, the Plan Participant may forward it to Blue Cross and Blue Shield of Louisiana at P. O. Box 98029, Baton Rouge, LA 70898-9029, or to, 5525 Reitz Avenue, Baton Rouge, LA 70809.

If the Plan Participant has any questions about any of the information in this section, the Plan Participant may speak to his Employer or call the Claims Administrator's customer service department at the telephone number shown on his ID card.

### **A. How to Obtain Care While Traveling**

The Plan Participant's ID card offers convenient access to PPO health care outside of Louisiana. If the Plan Participant is traveling or residing outside of Louisiana and needs medical attention, please follow these steps:

1. In an Emergency, go directly to the nearest Hospital.
2. Call BlueCard Access at 1-800-810-BLUE (2583) for information on the nearest Preferred Network doctors and Hospitals.
3. Use a designated Preferred Network Provider to receive the highest level of Benefits.
4. Present the Plan Participant's ID card to the doctor or Hospital, who will verify coverage and file Claims for the Plan Participant.
5. The Plan Participant must obtain any required Authorizations from Blue Cross and Blue Shield of Louisiana.

## **B. Adding or Changing the Plan Participant's Family Members on the Plan**

The Schedule of Eligibility lets the Plan Participant know when it is necessary to enroll additional family members for Dependent coverage under the Plan. Please read the Schedule of Eligibility Article and this section as they contain important information for the Plan Participant.

Group may require the Employee to use the Group Enrollment Change Form to enroll family members not listed on the Employee's original enrollment form. If the Plan Participant does not complete and return a required Group Enrollment Change Form to the Plan so the Claims Administrator receives it within the timeframes set out in the Schedule of Eligibility, it is possible that the Employee's health benefits coverage will not be expanded to include the additional family members. Completing and returning a Group Enrollment Change Form is especially important when the Employee's first Dependent becomes eligible for coverage or when the Employee no longer has any eligible Dependents.

The Schedule of Eligibility explains when coverage becomes effective for new family members. Generally, a Group Enrollment Change Form is used to add newborn children, newborn adopted children, a spouse, or other Dependents not listed on the Employee's original application for coverage. The Plan should receive the Employee's completed form within thirty (30) days of the child's birth or placement, or the Employee's marriage.

## **C. How to File Claims for Benefits**

The Claims Administrator and most Providers have entered into agreements that eliminate the need for a Plan Participant to personally file a Claim for Benefits. Preferred Network Providers or Participating Providers will file Claims for Plan Participants either by mail or electronically. In certain situations, the Provider may request the Plan Participant to file the Claim. If the Plan Participant's Provider does request the Plan Participant to file directly with the Claims Administrator, the following information will help the Plan Participant in correctly completing the claim form.

The Plan Participant's Blue Cross and Blue Shield of Louisiana ID card shows the way the name of the Employee (Plan Participant of the Group) appears on the Claims Administrator's records. (If the Plan Participant has Dependent coverage, the name(s) are recorded as shown on the enrollment information the Plan received.) The ID card also lists the Plan Participant's contract number (ID #). This number is the identification to the Plan Participant's membership records and should be provided to the Claims Administrator each time a Claim is filed. To assist in promptly handling the Plan Participant's Claims, the Plan Participant must be sure that:

1. an appropriate Claim form is used
2. the contract number (ID #) shown on the form is identical to the number on the ID card
3. the patient's date of birth is listed
4. the patient's relationship to the Employee is correctly stated
5. all charges are itemized, whether on the claim form or on the attached statement
6. the itemized statement from the Provider contains the Provider's name, address and tax ID number and is attached to the Claim form
7. the date of service (Admission to a Hospital or other Provider) or date of treatment is correct
8. the Provider includes a diagnosis and procedure code for each service/treatment rendered (the diagnosis code pointers must be consistent with the Claim form)
9. the Claim is completed and signed by the Plan Participant and the Provider.

**IMPORTANT NOTE:** The Plan Participant must be sure to check all Claims for accuracy. The contract number (ID #) must be correct. It is important that the Plan Participant keep a copy of all bills and Claims submitted.

## D. Filing Specific Claims

### 1. Admission to a Hospital or Allied Health Facility Claims

When a Plan Participant is being admitted to a Preferred Network Provider or Participating Provider, the Plan Participant should show his Blue Cross and Blue Shield ID card to the admitting clerk. The Provider will file the claim with the Claims Administrator. The Plan's payments will go directly to the Preferred Network Provider or Participating Provider. The Provider will then bill the Plan Participant directly for any remaining balance. The Plan Participant will receive an Explanation of Benefits after the Claim has been processed.

### 2. Emergency Room or Outpatient Department Claims

The procedure to be followed is the same as that for an Admission to a Hospital or Allied Health Facility. However, in some instances involving Emergencies or Outpatient treatment, the Provider may ask for payment directly from the Plan Participant. If this occurs, the Plan Participant should obtain an itemized copy of the bill, be sure the Claim form correctly notes the contract number (ID #), the patient's date of birth, as well as the patient's relationship to the Employee. The Provider must mark the statement or Claim form PAID. This statement should then be sent to the Claims Administrator.

### 3. Nursing Services Claims

A receipt must be obtained for nursing services from each nurse indicating the name of the patient and the number of days covered by each receipt. Each receipt must also be signed by the nurse with the initials RN or LPN and registry number. A statement from the attending Physician or Allied Health Provider that services were Medically Necessary must be filed with the receipts for nursing services.

### 4. Durable Medical Equipment (DME) Claims

Charges for rental or purchase of wheelchairs, braces, crutches, etc. must be on the bill of the supplying firm, giving a description of the item rented or purchased, the date, the charge, and the patient's name. A statement from the attending Physician or Allied Health Provider that services were Medically Necessary must also be filed with these bills.

### 5. Mental Health and/or Substance Abuse Claims

For help with filing a Claim for Mental Health and/or substance abuse, the Plan Participant should refer to his ID card or call the Claims Administrator's customer service department.

### 6. Other Medical Claims

When the Plan Participant receives other medical services (clinics, Provider offices, etc.), he should ask if the Provider is a Preferred Network Provider or Participating Provider. If yes, this Provider will file the Plan Participant's Claim with the Claims Administrator. In some situations, the Providers may request payment and ask the Plan Participant to file. If this occurs, the Plan Participant must be sure the claim form is complete before forwarding to the Claims Administrator. If the Plan Participant is filing the Claim, the Claim must contain the itemized charges for each procedure or service.

NOTES: Statements, canceled checks, payment receipts and balance forward bills may not be used in place of itemized bills. Itemized bills submitted with Claim forms must include the following:

- a. full name of patient
- b. date(s) of service
- c. description of and procedure code for service
- d. diagnosis code

- e. charge for service
- f. name and address of Provider of service.

**E. If Plan Participant Has a Question about His Claim**

If a Plan Participant has a question about the payment of a Claim, the Plan Participant can write to the Claims Administrator at the address below or the Plan Participant may call the Claims Administrator 's customer service department at the telephone number shown on his ID card or any of the Claims Administrator's local service offices\*. If the Plan Participant calls for information about a Claim, the Claims Administrator can help the Plan Participant better if the Plan Participant has the information at hand, particularly the contract number, patient's name and date of service.

Blue Cross and Blue Shield of Louisiana,  
5525 Reitz Avenue  
Baton Rouge, LA 70898-9029

Remember, the Plan Participant must ALWAYS refer to his contract number in all correspondence and recheck it against the contract number on his ID card to be sure it is correct.

\* Blue Cross and Blue Shield of Louisiana has local service offices located in Baton Rouge, New Orleans, Lake Charles, Lafayette, Alexandria, Houma, Monroe and Shreveport.

**ARTICLE XXIII. RESPONSIBILITIES OF PLAN ADMINISTRATOR**

**A. Plan Administrator**

Comprehensive Medical Benefit Plan for EBR is the Benefit Plan of East Baton Rouge Parish School System, the Plan Administrator, also called the Plan Sponsor. It is to be administered by the Plan Administrator. An individual may be appointed by East Baton Rouge Parish School System to be the Plan Administrator and serve at the convenience of the Employer. If the Plan Administrator resigns, dies or is otherwise removed from the position, East Baton Rouge Parish School System shall appoint a new Plan Administrator as soon as reasonably possible.

The Plan Administrator shall perform its duties as the Plan Administrator and in its sole discretion shall determine appropriate courses of action in light of the reason and purpose for which this Benefit Plan is established and maintained. In particular, the Plan Administrator shall have full and sole discretionary authority to interpret all plan documents and to make all interpretive and factual determinations as to whether any individual is entitled to receive any Benefit under the terms of this Benefit Plan. Any construction of the terms of any plan document and any determination of fact adopted by the Plan Administrator shall be final and legally binding on all parties.

Any interpretation, determination or other action of the Plan Administrator shall be subject to review only if it is arbitrary or capricious or otherwise an abuse of discretion. Any review of a final decision or action of the Plan Administrator shall be based only on such evidence presented to or considered by the Plan Administrator at the time it made the decision that is the subject of review. Accepting any Benefits or making any Claim for Benefits under this Benefit Plan constitutes agreement with and consent to any decisions that the Plan Administrator makes, in its sole discretion and further constitutes agreement to the limited standard and scope of review described by this section.

Service of legal process may be made upon the Plan Administrator.

**B. Duties of the Plan Administrator**

1. to administer the Plan in accordance with its terms;
2. to interpret the Plan, including the right to remedy possible ambiguities, inconsistencies or omissions;



3. to decide disputes that may arise relative to a Plan Participant's rights;
4. to prescribe procedures for filing a Claim for Benefits and to review Claim denials;
5. to keep and maintain the Plan documents and all other records pertaining to the Plan;
6. to appoint a Claims Administrator to pay Claims;
7. to establish and communicate procedures to determine whether a medical child support order is qualified under ERISA Sec. 609; and
8. to delegate to any person or entity such powers, duties and responsibilities as it deems appropriate.

### **C. Plan Administrator Compensation**

The Plan Administrator serves without compensation; however, all expenses for Plan administration, including compensation for hired services, will be paid by the Plan.

### **D. Fiduciary**

A fiduciary exercises discretionary authority or control over management of the Plan or the disposition of its assets renders investment advice to the Plan or has discretionary authority or responsibility in the administration of the Plan.

#### **1. Fiduciary Duties**

A fiduciary must carry out his duties and responsibilities for the purpose of providing Benefits to Plan Participants and defraying reasonable expenses of administering the Plan. These are duties which must be carried out:

- a. with care, skill, prudence and diligence under the given circumstances that a prudent person, acting in a like capacity and familiar with such matters, would use in a similar situation;
- b. by diversifying the investments of the Plan so as to minimize the risk of large losses, unless under the circumstances it is clearly prudent not to do so; and
- c. in accordance with the Plan documents.

#### **2. The Named Fiduciary**

A "named fiduciary" is the one named in the Plan. A named fiduciary can appoint others to carry out fiduciary responsibilities (other than as a trustee) under the Plan. These other persons become fiduciaries themselves and are responsible for their acts under the Plan. To the extent that the named fiduciary allocates its responsibility to other persons, the named fiduciary shall not be liable for any act or omission of such person unless either:

- a. the named fiduciary has violated its stated duties under ERISA in appointing the fiduciary, establishing the procedures to appoint the fiduciary or continuing either the appointment or the procedures; or
- b. the named fiduciary breached its fiduciary responsibility under Section 405(a) of ERISA.

### **E. The Claims Administrator is not a Fiduciary**

A Claims Administrator is NOT a fiduciary under the Plan by virtue of paying Claims in accordance with the Plan's rules as established by the Plan Administrator.

**ARTICLE XXIV.**

**GENERAL PLAN INFORMATION**

**NAME OF PLAN:**

East Baton Rouge Parish School System

**NAME AND ADDRESS OF  
EMPLOYER/PLAN SPONSOR:**

East Baton Rouge Parish School System  
1050 South Foster Drive, Baton Rouge, LA 70806

**EMPLOYER IDENTIFICATION  
NUMBER (EIN):**

72-6000353

**PLAN NUMBER (PN):**

501

**TYPE OF PLAN:**

Group Major Medical Benefit Plan

**FUNDING MEDIUM AND TYPE  
OF ADMINISTRATION:**

The Plan is a self-funded Group Health Plan. Benefits are administered, on behalf of the Plan Administrator, by Blue Cross and Blue Shield of Louisiana, pursuant to the terms of the Administration Services Agreement and the terms and conditions of the Benefit Plan.

**PLAN ADMINISTRATOR:**

East Baton Rouge Parish School System  
1050 South Foster Drive, Baton Rouge, LA 70806  
Telephone Number: 225-922-5400  
Fax Number: 225-922-5622

**AGENT FOR SERVICE OF  
LEGAL PROCESS:**

East Baton Rouge Parish School System  
Attention: Legal Division  
1050 South Foster Drive, Baton Rouge, LA 70806

**CLAIMS ADMINISTRATOR:**

Blue Cross and Blue Shield of Louisiana (BCBSLA)  
5525 Reitz Avenue  
Baton Rouge, LA 70809  
(225) 295-3307

BCBSLA has been hired to process claims under the Plan. BCBSLA does not serve as an insurer, but merely as a claims processor. Claims for Benefits are sent to BCBSLA. BCBSLA process and pays claims, then requests reimbursement from Plan. East Baton Rouge Parish School System is ultimately responsible for providing plan Benefits, and not BCBSLA.

**PLAN YEAR ENDS:**

December 31<sup>st</sup>

**PLAN DETAILS:**

The eligibility requirements, termination provisions and a description of the circumstances which may result in disqualification, ineligibility, denial, or loss of any benefits are described in the Benefit Plan.

**FUTURE OF THE PLAN:**

Although the Plan Sponsor expects and intends to continue the Benefit Plan indefinitely, the Group reserves the right to modify, amend, suspend, or terminate the Benefit Plan at any time.

**Introduction:** This group health plan document satisfies the requirements of 45 C.F.R. § 164.504(f) of the Privacy Rules for an employer or other plan sponsor to obtain plan participants' protected health information to provide plan administration functions for its group health plan. This plan document sets out the requisite "satisfactory assurance" regarding the plan sponsor's representations on the uses and disclosures of plan participants' protected health information for plan administration functions.

**A. Purpose of Disclosure to Group**

1. The Plan and any business associate servicing the Plan will disclose Plan participants' Protected Health Information to the Group only to permit the Group to carry out plan administration functions for the Plan not inconsistent with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA) implementing regulations (45 C.F.R. Parts 160-64). Any disclosure to and use by the Group of Plan participants' Protected Health Information (PHI) will be subject to and consistent with the provisions of paragraphs B. and D. of this section.
2. Neither the Plan nor any business associate servicing the Plan will disclose Plan participants' Protected Health Information to the Group unless the disclosures are explained in the Privacy Practices Notice distributed to the Plan participants.
3. Neither the Plan nor business associate servicing the Plan will disclose Plan participants' Protected Health Information to the Group for the purpose of employment-related actions or decisions or in connection with any other benefit or Employee benefit plan of the Group.

**B. Restrictions on the Group's Use and Disclosure of Protected Health Information**

1. The Group will neither use nor further disclose Plan participants' Protected Health Information, except as permitted or required by the Plan Document, as amended, or as required by law.
2. The Group will ensure that any agent, including any subcontractor, to which it provides Plan participants' Protected Health Information, agrees to the restrictions and conditions of the Plan Document, including this section, with respect to Plan participants' Protected Health Information.
3. The Group will not use or disclose Plan participants' Protected Health Information for employment-related actions or decisions or in connection with any other benefit or Employee benefit plan of the Group.
4. The Group will report to the Plan any use or disclosure of Plan participants' Protected Health Information that is inconsistent with the uses and disclosures allowed under this section promptly upon learning of such inconsistent use or disclosure.
5. The Group will make Protected Health Information available to the Plan or to the Plan participant who is the subject of the information in accordance with 45 Code of Federal Regulations § 164.524.
6. The Group will make Plan participants' Protected Health Information available for amendment, and will, on notice, amend Plan participants' Protected Health Information, in accordance with 45 Code of Federal Regulations § 164.526.
7. The Group will track disclosures it may make of Plan participants' Protected Health Information that are accountable under 45 Code of Federal Regulations § 164.528 so that it can make available the information required for the Plan to provide an accounting of disclosures in accordance with 45 Code of Federal Regulations § 164.528.

8. The Group will make its internal practices, books, and records relating to its use and disclosure of Plan participants' Protected Health Information available to the Plan and to the U.S. Department of Health and Human Services to determine the Plan's compliance with 45 Code of Federal Regulations Part 164, Subpart E "Privacy of Individually Identifiable Health Information."
9. The Group will, if feasible, return or destroy (and cause its subcontractors and agents to, if feasible, return or destroy) all Plan participant Protected Health Information, in whatever form or medium, received from the Plan or any business associate servicing the Plan, including all copies thereof and all data, compilations, or other works derived therefrom that allow identification of any participant who is the subject of the Protected Health Information, when the Plan participants' Protected Health Information is no longer needed for the plan administration functions for which the disclosure was made. If it is not feasible to return or destroy all Plan participant Protected Health Information, the Group will limit (and will cause its subcontractors and agents to limit) the use or disclosure of any Plan participant Protected Health Information that cannot feasibly be returned or destroyed to those purposes that make the return or destruction of the information infeasible.

**C. Adequate Separation Between the Group and the Plan**

1. The Employees, classes of Employees or other workforce Plan Participants identified in section D., who are under the control of the Group, may be given access to Plan participants' Protected Health Information received from the Plan or business associate servicing the Plan.
2. The Employees, classes of Employees or other workforce Plan Participants identified in section D. will have access to Plan Participants' Protected Health Information only to perform the plan administration functions that the Group provides for the Plan.
3. The Employees, classes of Employees or other workforce Plan Participants identified in section D. will be subject to disciplinary action and sanctions, including termination of employment or affiliation with the Group, for any use or disclosure of Plan participants' Protected Health Information in breach or violation of or noncompliance with the provisions of this section. Group will promptly report such breach, violation or noncompliance to the Plan, as required by section B.(4.) of this section, and will cooperate with the Plan to correct the breach, violation or noncompliance, to impose appropriate disciplinary action or sanctions on each Employee or other workforce Plan Participant causing the breach, violation or noncompliance, and to mitigate any deleterious effect of the breach, violation or noncompliance on any participant, the privacy of whose Protected Health Information may have been compromised by the breach, violation or noncompliance.

**D. Authorized Employees**

The Plan shall disclose Protected Health Information only to Plan Participants of the Employer's workforce, who are designated and are authorized to receive such Protected Health Information, and only to the extent and in the minimum amount necessary for these persons to perform duties with respect to the Plan. For purposes of this HIPAA Privacy section, "Plan Participants of the Employer's workforce" shall refer to all Employees and other persons under the control of the Employer as follows:

Chief Business Operations Officer, General Counsel, Director of Finance, Chief Accountant, Budget Analyst, Supervisor of Payroll/Benefits, Supervisor of Accounting, Grants Fiscal Officer, Staff Accountant, Grants Specialist IV, Finance Specialist IV, Budget Specialist, Administrative Secretary, Finance Specialist III, Finance Specialist II, Payroll/Benefits Specialist II, Finance Specialist I, Benefits Specialist I, Accounting Specialist I and Insurance Consultant/Broker

This list includes every Employee or class of Employees or other workforce Plan Participants under the control of the Group who may receive Plan participants' Protected Health Information relating to payment under, health care operations of, or other matters pertaining to the Plan in the ordinary course of business.



